

General Information & Registration

South Whidbey Parks & Recreation District	Parking	Nature Trails	Lake	Lake Swimming	Boat Ramp	Fishing	Playground	Horse Trail	Basketball	Soccer	Baseball	Athletic Fields	Bicycle Trails	Picnic Area	Toilets or Restroom	Cultural Programs	Rent or Reserve Spo	ВВО
Community Park	•	•					•		•	•	•	•	•	•	•		•	•
5475 Maxwelton Rd, Langley																		\Box
Sports Complex	•	•					•			•		•		•	•		•	•
5598 Langley Rd, Langley																		
Trustland Trails (Available 7/2010)	•	•						•					•	•	•			
Craw Road & Hwy 525, Langley																		
Deer Lake Public Access	•		•	•	•	•								•	•			
4330 Bucktail Lane, Clinton													_					Ш
Lone Lake Public Access	•		•		•	•								•	•			•
5075 Lone Lake Rd, Langley																		
Goss Lake Public Access	•		•	•	•	•								•	•			
5235 Lakeside Dr, Freeland																		
SWPRD Offices	•	•													•	•	•	
5475 Maxwelton Rd, Langley																		

Other Local Parks

Island County Parks: 360-679-7373 (Includes Maxwelton Beach, Dave Mackie Park, Dan Porter Park, Freeland Park & Hall, Mutiny Bay Boat Ramp, Double Bluff, Marguerite Brons Memorial Park, Deer Lake, Lone Lake, Goss Lake, Putney Woods, Baby Island Hts.)

Washington State Parks: 360-902-8844 (Includes South Whidbey State Park, Fort Casey, Fort Ebey, Joseph Whidbey, Deception Pass)

Port of South Whidbey: 360-331-5494 (Includes Possession Beach Waterfront Park, Langley Boat Harbor, Bush Point Boat Launch, Mutiny Bay Facility, Clinton Beach Fishing Pier)

Reservations

For your recreation needs we have sports fields, picnic shelters, and meeting rooms available. Anyone wishing to make a reservation must fill out our facility use request application, available on our website and at our park office. Requests are filled on a first-come basis, depending on availability. Facility rental fees may apply. For additional information, contact the SWPRD office at 360-221-5484.

SPORTS FIELDS

For your athletic needs, SWPRD has softball, baseball, soccer and grass fields available. While use is usually free of charge, we do require advance reservation. Scheduling information for leagues, tournaments and individual teams is available by calling 221-5484.

PICNIC SHELTERS

Our 3 picnic shelters at Community Park and the Sports Complex are available for reservation for your party or special occasion. Although shelter use is usually free of charge, we do require advance reservation. The picnic shelters can accommodate 45-75 people.

FACILITIES

You can now rent or reserve space for parties, meetings, classes, special events and more! We have large and small rooms at our new recreation headquarters at 5475 Maxwelton Road, Langley. The room that formerly housed the SWPRD office (the Crow's Nest) is also available. Fees may apply. Contact SWPRD to view space, check availability and rates.

Contact Us

SWPRD RECREATION OFFICE

5475 Maxwelton Road, Langley, WA, 98260 **OFFICE HOURS**

Mon-Thu, 8:30AM-5:00PM Fri, 8:30AM-4:30PM

MAILING ADDRESS

P.O. Box 136, Langley, WA 98260

OTHER

Phone, 360-221-5484 • FAX, 360-221-7323 E-mail, swparks@whidbey.com Web site, www.swparks.org

Mission Statement

The mission of the South Whidbey Parks & Recreation District is to provide all residents and visitors in the district a variety of recreational activities and facilities. This should be fun and safe and be well integrated into our island community and environment. It should also be educational and healthful, providing opportunities for individuals and our community to play well together. It is our mission to best achieve this through community participation.

Registration Form

Registration Information

- Pre-registration is required for all programs unless otherwise stated. All fees are due at the time of registration.
- All programs have a minimum and maximum enrollment. We request that you register in advance to ensure class minimums are met.
- We reserve the right to cancel a program if minimums are not met.
- There is a \$25 service charge on all returned checks.
- Please use our general registration form in this guide for all programs unless otherwise indicated.
- Registration forms are also available online at www. swparks.org

4 Ways to Register

BY MAIL

Send completed registration form and full payment to:

SWPRD, PO Box 136, Langley, WA 98260

BY FAX

Fax completed registration form with credit card authorization to us during our regular business hours. Call the office at 221-5484 to confirm receipt after faxing.

Fax to 360-221-7323.

IN PERSON

Walk in to our SWPRD office at 5475 Maxwelton Road, Langley, during our regular business hours.

ONLINE REGISTRATION

For your convenience, you may now register online for many of our programs, at no additional cost. Check out this new service at

www.swparks.org.

We Moved

The Park offices and many of the SWPRD's programs have moved to 5475 Maxwelton Road, Langley.

Stay Informed!

Subscribe to our e-newsletter and receive regular updates. Visit our website at www.swparks.org and click on the "Sign Up For News" icon.

Mail	registration form with payment	Whidbey Parks to SWPRD, PO Box 136 o confirm faxed registrati	, Langley, WA 98	260, or fax v	vith credit car	d pay		360-221-7323	-		
Participant	Information										
Participant Name	,	Contact Phon	ne A	Alternate Phone	1	ОВ	/ /	Age	Grade		
Mailing Address		City	s	tate	2	Zip		Gender			
Mailing Address Email Please list any he Parent/Gua		to receive our e-newsletter.			Youth: S M L Circle your shirt si						
Please list any he	Please list any health, behavioral or medical concerns							Phone			
Parent/Gua	rdian Information (Require	ed for youth only)									
Mother	Mother Phone(s)			Father				Phone(s)			
Emergency conta	act other than parent who is permitted to	pick up above youth.	P	hone(s)				Relationship to	Child		
Program Tit	tle			Date o	r Session #	ŧ	Start T	ime	Fee		
\boxtimes						_			\$		
PROGRAM						\dashv			\$		
50						\dashv			\$		
PR									\$		
Please consider of	donating to our scholarship fund and ad	d to your total. My donation	\$					Total	\$		
Waiver/Pho	oto Release		Checks sho	uld be made pa	yable to SWPRI	D. Nov	w taking or	line registration	at swparks.org!		
I agree to hold harr	To Pay by Credit Card					MasterCard Visa					
and injury is or app	nts for any and all claims for personal injury pears to be proximately caused by my partici m responsible in this recreation program. Fu	Card Numb Name on Card	er				CVV # (Found on back of card)				
images (photograph	images (photographs, video recordings, etc.) of me or my child engaged in above activities may be used for promotional purposes.				Name on Card			Expiration Date			
						Total Fee					
Cinnal (D. 11	Guardian Signature Required for Youth	Date:	How did you hear about this program? OWeb Search OActivity Guide OEmail OFlyer @ School ONewspaper OOther:								

Refund Policy

- Full refunds will be given for all classes cancelled by SWPRD.
- If you need to cancel your registration before the second session, we will refund your full registration, minus a \$5 processing fee, or issue a credit good for one calendar year, for the full fee.
- · After the second session, a refund or credit will not be issued.
- To request a refund, a Refund Request Form must be submitted to the SWPRD office. Forms are available online
 and at the SWPRD office.
- Please be aware that refund requests may take up to 45 days to process.
- · Refunds will not be issued from a credit.
- Refunds will not be issued for programs costing \$5 or less, unless cancelled by SWPRD.
- One day classes, trips, camps or special events are not covered under this policy (no refunds or credits available).
- Kidz Love Soccer, British Soccer, Skyhawks and other contracted programs have their own refund policies that we follow. Call for more information.
- Every effort is made to insure that the information in this brochure is accurate. Due to possible changes we
 reserve the right to add, withdraw or revise programs/events as needed. For up to date information please visit
 our web site at www.swparks.org.

Accessibility

Individuals with or without disabilities may register for all programs offered by South Whidbey Parks & Recreation District provided program safety can be met. The District provides reasonable accommodation for people with disabilities. Contact the SWPRD office three weeks in advance of the program start date to discuss accommodations. Reasonable accommodations will be determined on a case-by-case basis.

Financial Assistance for Youth Programs

Financial assistance is available for many of our youth programs. Businesses like Bayview Vision Clinic and Whidbey Telecom donate generously to our youth scholarship fund. This is a needs-based program, designed to provide fitness and recreation options at no- or low-cost, and is renewable every quarter year. Stop by the SWPRD office to fill out a scholarship application.

Clock Hours

We offer a wide range of courses taught by quality and qualified instructors. Some of our classes may provide teachers, administrators and classified staff opportunities to earn Clock Hours. Please call SWPRD or your School District for more information about specific courses.

Coming Attractions

Youth Basketball Leagues: Boys in grades 2 – 8 begin in October, girls begin in January.

Children's Day: Saturday, September 25th

After School Fitness & Nutrition Program for Youth begins this fall!

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Board of Commissioners

The SWPRD Board of Commissioners meets the third Wednesday of each month at 7:00 p.m. at the Community Meeting Room, South Whidbey Parks & Recreation offices, 5475 Maxwelton Road, Langley. Commissioners are:

LINDA KAST • JIM PORTER • MATT SIMMS ALLISON TAPERT • DON WOOD

South Whidbey Parks and Recreation programs are NOT sponsored by the South Whidbey School District or the Coupeville School District, and the South Whidbey School District and Coupeville School Districts assume no responsibility for the conduct or safety of the activity. In consideration for the privilege to distribute these materials, the South Whidbey School District and the Coupeville School District shall be held harmless from any cause of action, claim or petition filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees and judgments or awards.

Advertising

The SWPRD Activity Guide is printed and distributed 3 times a year. If you'd like to advertise your program or business in this guide, please contact Allison Tapert at the South Whidbey Record at 360-221-5300.

Scooter Sales, Service, Parts & Rentals



Authorized Dealer ADLY, TBG, & TNG Scooters
Fulmer Helmets
Performance Parts

Visit our Showroom in downtown Langley http://whidbeyislandmoped.com/cart/

308 1st Street • Langley • 360-221-5152

Aquatics

SWIM CLUB

(Youth, ages 6 - 16)

The purpose of South Whidbey Swim Club (SWSC) is to provide instruction, training and encouragement for young swimmers. Our goal is to foster a love for the sport of swimming so they can enjoy this sport the rest of their lives. We offer 4 different practice groups. Swimmers will be placed in a practice group based on ability. Practices will be held 3 mornings a week at Useless Bay Country Club (UBCC). The summer session will end with an intra squad swim meet and awards banquet. Swimmers must be able to swim one length of the pool freestyle with side breathing and one length of the pool backstroke. New swimmers wishing to join must tryout to determine practice group (below). Location: Useless Bay Country Club Swimming Pool. Coaches: Kristi Eager, Allison Miller, & Krista Loercher. Space is limited, so register early.

Fee is \$130 for all squads. Limited needs-based scholarships are available for the Swim Club, and have been provided by the South Whidbey Parks & Aquatics Foundation. To apply, stop by the SWPRD office to pick up an application.

Swim Club Schedule:

Tryouts: Tue, 6/8, 5 - 6:00PM.

Gold/Silver Practices: M/W/F, 6/21 – 8/4, 8 – 8:45AM.

Adv. Bronze/Bronze Practices: M/W/F, 6/21 - 8/4, 8:45-9:25AM. Swim Meet: Wed, 8/4, 5 - 7:00PM.

Awards Banquet: Thu, 8/5, Time TBA.

The South Whidbey Parks and Aquatics Foundation's mission is to make parks and aquatics activities accessible to all residents of the South Whidbey Island community by raising money to fund capital expenses, operating endowments and scholarships as well as supporting new and existing parks and aquatics programs.

SWIM LESSONS

Learn-to-Swim in 2010! The South Whidbey Parks & Aquatics Foundation, in partnership with South Whidbey Parks & Recreation District, is developing a Learn-To-Swim program which they hope to launch in the summer of 2010. Further announcements about the program will be made this spring at local schools and on the SWPRD website.

OPEN WATER SWIMMING

Open water swimming presents unique challenges over swimming in a pool. Swimming in the lakes of South Whidbey is a delightful experience when the challenges of open water are managed. Whether you are a new swimmer, a triathlete, or interested in endurance swimming, come learn techniques to master the open water. Join us for the entire series, or sign up for either the one day intensive, or the weekly one hour practice sessions. Proceeds will benefit the South Whidbey Parks and Aquatics Foundation. Facilitators: Kristan Wheeler, Krista Loercher, Jeff Jacobsen, Lisa Herzinger, South Whidbey Island Masters, and Downsound Racers. **Open Water Clinic**

(Adults ages 18+ only)

Join us for a three-hour intensive covering the basics of open water swimming: water safety, overcoming fear of the open water, sighting, breathing techniques, drafting, swimming in groups, starts, and transitions. We begin with an "outdoor classroom" portion followed by time in the water to practice what we have learned. No lifeguard will be on duty, swimming is at-your-own-risk. Please bring: warm clothes, towel, swimsuit, wetsuit (optional), goggles, bright colored cap, bike, helmet, and water bottle.

Location: Beautiful Goss Lake public beach. Sunday, 6/27, 12-3:00PM, \$45.

Open Water Practice Sessions & Workouts (Adults ages 18+ only)

Meet weekly to practice open water techniques and master the open water! No lifeguard will be on duty, swimming is at-your-own-risk. We will meet at various local lakes in order to gain confidence in multiple environments. Sign up for the full series or a single session. Limit 10 people per week. Location: Practice sessions will be held at various South Whidbey lakes. Exact locations will be posted online at info@swparksandaquatics.org and emailed to participants prior to session. Please provide your email address when registering.

Sighting and Drafting: Wed, 6/30, 5:45-7:00PM Starts & Swimming with a Group: Wed, 7/7, 5:45-7:00PM

Bouys: Wed, 7/14, 5:45-7:00PM Transitions: Wed, 7/21, 5:45-7:00PM Mini Mock Tri: Wed, 7/28, 5:45-7:00PM Fee: \$15/class or \$50/series of 5 classes.





Great Summer Programs For School Age Children

At South Whidbey Children's Center we understand children's unique developmental stages.

This summer we are offering the following programs:

Kindergarten – 2nd Grade

• Arts and Crafts • Time for Play • Field Trips

3rd - 6th Grade Program

Join us for Mini-Olympics, Circus Camp Recycle Island and many more! Beach and Library Field Trips Community Service Trips Arts, Crafts, Sports, Cooking

Sign up by the day, the week or for the whole summer



Open: Monday-Friday 6:30am-5:30pm swcc@whidbey.com. 120 Sixth Street • Langley • 221-4499

Endurance Events

WHIDBEY ISLAND TRIATHLON

Saturday, August 7

(Ages 16 - 100 and counting)

This is a great first triathlon and a fun event for veteran triathletes. This very scenic course starts with a half mile swim in beautiful Goss Lake. Leaving the lake on your bike, you'll begin the 19.5 mile ride through paved county roads. The bike course is hilly with views of Saratoga Passage and the North Cascades. Finish with a 3.8 mile run through forest trails at Community Park and on county roads. Chip timing and friendly volunteers. This event has limited space and has filled up with a long wait list the past 3 years, so register early! Visit www.whidbeytriathlon.com for detailed information about the course and more. Find our registration brochure online or register online at www.active.com!

Individual Fee: \$50 through 6/1; \$60 through 7/1; \$70 through 8/5. Team Fee: \$105 through 6/1; \$125 through 7/1; \$140 through 8/5. New to triathlons? Consider inviting a couple of friends to form a relay team with you. Or sign up for our Open Water Swim Clinics or the "Mini Mock Tri" and learn about open water swimming and transitions (see page 5 for details)





CHUM RUN 5K RUN & WALK Sunday, June 6, 10AM Start

Folks of all ages are invited to enjoy a 5K run or walk through the lovely clean and clear forest trails of Community Park. This lighthearted event has become a local favorite and has grown by leaps and bounds. Proceeds benefit SWPRD and the South Whidbey High School Cross Country team. Younger kids are invited to participate in our "Fry Run". Individual competitions and team costume contest. Youth must be accompanied by an adult. Participants receive a classic and classy Chum Run shirt. Volunteers are needed to keep this event fun; call 221-5484 to volunteer. Registration opens at 9AM. Fee: \$20 by May 24; \$25 day of race.

TRIATHLON SPONSORS:







Athletics

LEARN TO ROW DAYS

Island Rowing Association will host these Learn to Row classes, an introduction to the sport of rowing. You will be rowing in a four person rowing shell on Holmes Harbor. There will also be off-thewater instruction, teaching basic rowing technique and individual coaching. Rowing is a great form of exercise and a wonderful outdoor activity. Participants must be able to swim. To register or for questions, visit www.islandrowing.org.

Location: Freeland Park.

National Learn to Row Day (Adults & Youth Ages 14+) Sat, 6/5, 8 – 10:00AM, \$25. Women Learn To Row Day (Adults) Sat, 6/19, 8 – 10:00AM, \$25.



LANGLEY HALF MARATHON & 10K WALK



JULY 11 | 8:30 AM

Out-and-back USATF-certified course along the rolling waterfront overlooking Puget Sound's Saratoga Passage. Chip timing, awards 3-deep, water stops every 2–3 miles.

Enjoy the Choochokam Arts Festival on race weekend!

For more information:

visit www.langleyhalfmarathon.com or call 425.876.0826



PITCH, HIT & RUN

(Boys & girls, ages 7 - 14)

Aquafina Major League Baseball Pitch, Hit & Run (PHR) is an exciting skills competition that provides boys and girls the chance to showcase their pitching, hitting and running abilities. They have the opportunity to advance through four levels of competition, including Team Championship events at all 30 Major League ballparks and the National Finals at the MLB All-Star Game. The PHR is intended to encourage youth participation and emphasize the fun elements of baseball and softball. PHR is free of charge to both the participants and the local hosting organization. Location: Community Park.

Saturday, April 17, begins at noon, \$Free.



MARTIAL ARTS IN THE PARK

(Sessions for ages 6-15)

We had so much fun last year, the Martial Arts are coming to the park with Karate Fun Days! Students will learn age appropriate basic self defense karate moves while having fun! We will learn blocking, shifting, how to properly punch hand targets, and talk about strategies to keep ourselves safe in everyday situations. Students should wear sneakers, a short sleeve shirt and either shorts or sweat pants. We recommend sunscreen, a baseball cap and a bottle of water. This class will be taught by 4th degree black belt, Wendi Barker, who has been teaching self defense for over 9 years. Wendi owns and operates Tiger Martial Arts in Freeland. Location: Field #3 at Community Park.

Ages 6 – 8: Wed, 7/14 – 8/18, 4 – 4:45PM, \$75 Ages 9 – 11: Wed, 7/14 – 8/18, 3 – 3:45PM, \$75 Ages 12 – 15: Wed, 7/14 – 8/18, 2 – 2:45PM, \$75

EVERYDAY SPORTS

We want to keep folks active through the summer, so stop by Community Park this summer for a free, drop-in, pickup game at Community Park. A different sport will be offered every weekday. Lead person will fairly and kindly establish teams as players arrive. All activities will be cancelled in the event of rain. Activities may include kickball, volleyball, basketball, outdoor dodgeball, ultimate Frisbee, softball, recess games and more. Check our website for a schedule of activities and locations when we get closer to summer.















Ages 12 months - 12 years

Open Monday - Saturday

Full Time • Part Time • School Age • Drop-in

321-3101

Located at the corner of Howard & Bayview Roads www.oasischildrenscenter.shutterfly.com



Blow Your Own Glass!

This hands on activity is safe & fun for kids and the whole family

Callahan's FireHouse Studio

179 Second St. Langley, WA (360)221-1242

Walk-ins welcome callahanglass@gmail.com



OPEN VOLLEYBALL

(Adults 18+)

Locals are encouraged to drop in for a pick-up game of volleyball on Tuesdays, regardless of skill level. No volleyball on non-school days. Location: games rotate between the Multipurpose and Main gyms at Langley Middle School. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability. Tuesdays During School Year, 6:30 - 8:30PM, FREE.



MEN'S 35+ OPEN GYM BASKETBALL

Men ages 35 and up are invited to come out and play basketball with their peers. Whether you're a serious player or a rookie, this is your opportunity to get out and play. Refine your skills or get in shape! For information or schedule changes, call Jeff Chiarizio at 331-5545. Location: South Whidbey High School Gym. Participation is free of charge. Donations are always appreciated and go toward our Youth Basketball Scholarship Fund. Participation is at-yourown-risk, and by participating you consent to our standard waiver/ release of liability.

Mon & Wed during school year, 7 – 9:00PM, Free.



SPRING GOLF LESSONS

(Adults and older youth accompanied by an adult)

Bob Brown and Malcolm Ferrier will run this four-session golf program for new golfers, those wanting to tidy up their skills, and those returning to the game. Includes three sessions on the power swing and one on the short game. Bob and Malcolm give golfers the opportunity to learn this lifetime sport. A make-up session may be scheduled as needed due to weather conditions. This program fills, so register early! Location: Island Greens Golf Course.

Sat, 5/1 - 5/22, 9 - 10:00AM, \$42 Sat, 5/1 - 5/22, 10 - 11:00AM, \$42 - New session added!



CO-ED SOFTBALL LEAGUE

Come and show your kids that you still have it! Get exercise and blow off some end-of-the-week steam at our softball league. Get a team together or get on the pick-up list and come out to play ball at Community Park. This is a clean, community oriented, alcoholfree league. ASA rules for softball will be followed. Professional umpires will ensure fair and spirited games. Whether you are experienced or have never played before, we would love to have you come and join the SWPRD recreational softball league. Emphasis is on healthful competition in a recreational atmosphere. Teams may sign up online or on paper on our team roster form, available online or at the SWPRD office. Teams will play 1-2 games per evening, depending upon registration. Games will take place between 5:00 and 8:30pm. League play begins July 2. Mandatory Team Manager's meeting on July 2, from 5-5:30pm. If Manager is unable to attend, a team representative must be sent. Fees cover the cost of balls, umpires, field reservation/maintenance, and

Fridays, 7/2 - 8/20, plus a tournament on Saturday, 8/28. Fee: \$225/team plus \$25/player.



ARCHERY

(Grades 4 – 8)

This archery club covers the history of archery, proper shooting techniques, equipment selection and training, and there will be plenty of hands-on fun! This course is designed to present the lifetime recreational activity of archery in a broad perspective for future use as a recreational and/or competitive pursuit. Coach Glen Harris has been a professional archery coach for over 27 years and currently holds the highest level earned degree awarded to archery coaches by USA Archery. He has been head coach for 12 World Archery teams, Location: SWPRD at 5475 Maxwelton Road, Langley, at entrance. In the event of rain, Coach Harris will have alternative activities indoors at the recreation building.

Grades 4 - 5

Wed, 5/5 – 5/26, 3:45 – 4:45PM, \$55.

Wed, 6/2 - 6/23, 3:45 - 4:45PM, \$55.

Wed, 6/30 - 7/21, 3:45 - 4:45PM, \$55.

Wed, 7/28 - 8/18, 3:45 - 4:45PM, \$55.

Grades 6 - 8

Wed, 5/5 - 5/26, 2:45 - 3:45PM, \$55.

Wed, 6/2 - 6/23, 2:45 - 3:45PM, \$55.

Wed, 6/30 - 7/21, 2:45 - 3:45PM, \$55

Wed, 7/28 - 8/18, 2:45 - 3:45PM, \$55.



LAKESIDE BIBLE CAMP

EXPERIENCE CAMP **REGISTER NOW!**

Camp is it! If your child is looking for the ultimate summer camp experience, they sign them up today for a week of adventure at Lakeside Bible Camp. Kids dive into waterfront activities, play extreme games and participate in power-packed program All in an amazing Christian environment

One week won't be enough! Campers from 3rd -12th grade welcome

tournament.

A TRULY UNIQUE CAMP EXPERIENCE

> AT DEER LAKE ON WHIDBEY ISLAND

SIX-DAY YOUTH CAMPS **UNDER \$300**

Checkout Lakeside Bible Camp and our great summer rates at





KIDZ LOVE SOCCER

Learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. Kidz Love Soccer teaches the basics of soccer and reinforces good habits. A session experience includes: age appropriate activities, skill demonstrations, fun games, and instructional scrimmages conducted in a noncompetitive recreational format. Shin guards required. Call the KLS Rain-Out Hotline: 1-866-590-9965 for rainouts or possible cancellations. * No class 5/29. Location may change on 6/5 due to Soccer Fest. Check website for updates. Location: Sports Complex on Langley Rd.

Tot Soccer (Ages 3.5-4 years)

Sat, 4/10 – 6/12*, 9 weeks, 9:45 – 10:15AM, \$70. Sat, 7/10 – 8/28, 8 weeks, 9:45 – 10:15AM, \$62.

Pre Soccer (Ages 4-5 years)

Sat, 4/10 – 6/12*, 9 weeks, 10:15 – 10:50AM, \$70. Sat, 7/10 – 8/28, 8 weeks, 10:15 – 10:50AM, \$62.

Soccer 1 (Ages 5-6 years)

Sat, 4/10 - 6/12*, 9 weeks, 10:50 - 11:35AM, \$70.

Sat. 7/10 - 8/28, 8 weeks, 10:50 - 11:35AM, \$62.

Soccer 2 (Ages 7-9 years)

Sat, 4/10 – 6/12*, 9 weeks, 11:35AM – 12:20PM, \$70.

Sat, 7/10 - 8/28, 8 weeks, 11:35AM - 12:20PM, \$62.



MOMMY/DADDY & ME SOCCER

(Ages 2-3.5 years)

Introduce your toddler to the world's most popular game! As you and your child participate in fun activities designed around the game of soccer, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Shin guards not required. Please see information at left. Sat, 4/10 – 6/12*, 9 weeks, 9:05 – 9:35AM, \$70. Sat, 7/10 – 8/28, 8 weeks, 9:05 – 9:35AM, \$62.



Sports Camps

YOUTH SAILING CAMP

(Youth 10 – 16 Years, Beginners and Intermediates)

Don't miss out on this amazing opportunity to learn to sail! This day camp teaches kids the basics of sailing. Each student will be assigned their own boat in each session. The course combines shore side learning with lots of hands-on, on-the-water sailing experience. In addition to sailing, students learn boating safety, basic seamanship and knot tying. The focus is on sailing and having fun. It is a requirement that each student must display confidence around the water and demonstrate the ability to stay afloat for 3 minutes without a life jacket. For complete and detailed information, visit our website at www.swparks.org or www.swyachtclub.org. This class is offered in partnership with the South Whidbey Yacht Club. Our Head Instructor is US Sailing certified and will be assisted by experienced dinghy sailors. Sufficient staff will be on hand to ensure each participant receives personal attention. Our priorities are safety, then fun and learning. Location: Honey Moon Bay Clubhouse and Pool and Lone Lake Public Access beach.

Ages 10 to 13: July 12 – 16, 10:00AM – 3:30PM, \$175. Ages 14 to 16: July 19 – 23, 10:00AM – 3:30PM, \$175.







SKIMBOARD CAMP

(Youth entering grades 6 - 12)

Learn how to glide on the tide! Owners of "Jack'd Skimboards" and friends will be teaching the technique, skills and safety issues of skim-boarding at Double Bluff beach. This fun and growing water sport has been around since the 1920's and has only in recent years come into its own. It's a great sport you can do by yourself or with your friends, with low cost output, while enjoying the beautiful scenery of the beach. This 3-day, intensive camp will start with the basics of skim-boarding and progressively build on the student's skills each day to give them a greater mastery of the sport. On the last day, students will celebrate with a pizza party and will receive a Jack'd Skimboards t-shirt. A skim-board will be provided if you don't have one. Space is limited so register early. Bring: Beachwear, change of clothes, towel, sunscreen and a lunch (except Thursday). Location: Meet at grassy area next to parking lot at Double Bluff Beach

Tue/Wed/Thu, 8/10 - 8/12, 11:00AM - 2:00PM (Camp will end at 3pm on Thu), \$80.

YOUTH LEARN TO ROW CAMP

(Ages 13-18)

Island Rowing Association will host an introduction to the sport of competitive rowing. There will be four afternoon sessions at Lone Lake, and one session at Holmes Harbor. Students must be able to swim. The fee is for all five sessions and an Island Rowing T-shirt. To register or for questions, visit www.islandrowing.org. Registration deadline 8/1. Instructors are USRowing certified coaches: Carl Fjelsted, Bruce Schwager. Fee for entire camp is \$75.

T-F, 8/24 - 8/27, 9:00 — 11:00AM, Lone Lake, and Sat, 8/28, 8:00 — 10:00AM, Freeland Park.



PRO BASEBALL CAMP

(Ages 8 - 13 years)

Under the direction of former professional baseball player and Atlanta Braves scout, Steve Goucher, (and staff), this camp provides quality instruction in throwing, hitting, and fielding. This camp will also include game situations and scrimmaging. Camp is well suited for all players, from aspiring to elite. Instructor Steve Goucher has over 15 years experience instructing baseball at all levels, and comes highly recommended by parents and participants. Many of his students have gone on to play college baseball with a few playing now in the big leagues. Location: Community Park.

Mon - Thu, 8/9 - 8/12, 10:00AM-1:00PM, \$129.





CHALLENGER BRITISH SOCCER CAMPS

The #1 soccer camp in the US and Canada is coming to Whidbey this summer! Challenger recruits the most talented coaches from Britain and provides each player with a memorable and positive experience. Participants will receive technical and tactical instruction in all areas of the game. British Soccer Camps provide players of all ages and abilities with the rare opportunity to receive high-level soccer coaching from a team of international experts. Each day's instruction includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Equally important, the Challenger coaching staff provides your child with lessons in respect, responsibility, integrity, sportsmanship and leadership.

Campers receive a free camp shirt, camp ball, personal player evaluation, and end-of-camp gift. Bonus: sign up online at www. challengersports.com by July 2nd and receive a cool game jersey for FREE (pay \$6.95 shipping & handling)! Participants should bring snacks, drinks, shin guards & sunscreen to camp. Location: Sports Complex on Langley Road.

Ages 6-10: M-F, 8/16 – 8/20, 9:00AM – Noon, \$114* Ages 11-16: M-F, 8/16 – 8/20, 1:00 – 4:00PM, \$114*

*\$10 late fee for registrations received after 8/5. Campers who cancel at least 7 days prior to camp will be charged a \$30 cancellation fee. Campers who request a refund anytime after the 7 days will not receive a refund.

CHALLENGER TEAM CAMPS

Sign your team up with Challenger British Soccer for a week (8/16 - 8/20) designed just for you! We offer customized team training programs to address your specific areas of interest. Coach must begin the process by contacting Dan Leeming at 800-533-9374, choose a team name, and must have a minimum of 12 players.

BE A HOST FAMILY!

British coaches stay with local families for the duration of Challenger British Soccer week. Host families will not only provide a memorable and truly international learning experience for their children, but will also receive an \$80 rebate toward the cost of camp. Contact Carrie at SW Parks: 360-221-5484 or programs@ whidbey.com for more information.



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SUPANG SOCCER CAMP

(Youth ages 7 - 15 years)

South Whidbey High School soccer star Joseph Supang will bring his pro soccer skills back to Whidbey Island! Players will learn the importance of developing good fundamentals and technique while instilling an excellent work ethic and strong level of commitment. Teaching these core values will help players advance to the next level, on and off the field. Each player will receive a T-shirt and personal instruction. For more information, visit www.supangskilltraining.com or call 206-661-8783. Location: Sports Complex on Langley Road.

Supang was a member of the Seattle University men's soccer team, a professional player in Belgium, and member of the Botswana National Team. He was the leading scorer for the 2000 Falcon boys' team that placed second in the state and a forward for the 2004 national champion Seattle University team. He has a Masters Degree in Sports Administration and Leadership, and is passionate about teaching leadership in the game of soccer to players of all ages.

Mon - Fri, 7/12 - 7/15, 9:00AM - Noon, \$120.

Special Interest

PLAYSCAPE

(Children ages birth to kindergarten)

Are you looking for a place for your child to play? An opportunity to connect with other parents in the community? Playscape is a weekly, free, drop-in time for caregivers and their children to participate in fun and engaging activities such as an infant area, craft table, gross motor space, and creative play. Playscape is a space for parents to connect and enjoy play time with their child regardless of the weather outside. Playscape is a program of the SW Commons in collaboration with SW Parks & Recreation District. For more information please visit www.swcommons.com or call SWC at 360-221-0127. Location: Blue Portable behind South Whidbey High School.

Mon & Fri, 1/4 - 6/18, 9:30 - 11:30AM, FREE.



MODEL ROCKETS

(Youth ages 8 – 13 years)

Create and launch your own model rockets! On Tuesday and Wednesday we will assemble and finish a complete 20-inch model rocket. Thursday will be launch day, when you are encouraged to bring a camera along to document your rocket's first flight! Rockets will be made from a cardboard tube, with balsa wood fins, and powered by a "B" or "C" Estes model rocket motor. The rockets have parachute recovery, so the rocket will become the property of the student after class. Location: SWPRD Recreation Building.

T/W/Thu, 6/22 - 6/24, 10 - 11:30AM, \$35* T/W/Thu, 6/29 - 7/1, 10 - 11:30AM, \$35*

*Additional \$5 materials fee paid directly to instructor at the first class.

ENGLISH AS A SECOND LANGUAGE (Adults and Youth 16+)

Through a variety of activities, you will be engaged to communicate in English with other non-native speakers. Class includes opportunities to work individually, in pairs, and groups to improve English speaking, reading, writing and listening skills. It doesn't matter what your level is, you will be challenged while interacting with other students. Come out and have fun practicing your English skills, while improving them in a personal group setting. The last class will be a cultural potluck day, so bring something to share from your country!

Marjorie Castillo-Farquhar has a certification in TESOL (Teaching English to Speakers of Other Languages), has done individual tutoring and worked in large groups, and is currently teaching a small group in the Mukilteo community. Location: New SWPRD Recreation Building at 5475 Maxwelton Rd., Langley.

Wed, 4/21 - 5/26, 6 - 7:30PM, \$50.





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SIGN LANGUAGE: HOW TO SPEAK WITH YOUR HANDS

(All Ages, Children Accompanied by an Adult)

Find out first-hand how to use sign language, finger spelling and numbers in a fun class. A great class for moms teaching baby to sign, scuba divers, and grandparents. Learn this third-most used language in USA which has become a popular new signal language and stimulates the brain cells. This is a great refresher course too. Susan Ishikawa enjoys showing off this skill and has worked with new signers since the 1970's. She saw KOKO the Gorilla and became a teacher of the deaf. Be the first on your block to sign. Stay after class* for an additional 15 minutes and practice your newfound language. Thu, 5/6-5/27, 6-6:45PM*, \$22.

Thu, 6/3 - 6/24, 6-6:45PM*, \$22.

Thu, 7/8 - 7/29, 6-6:45PM*, \$22.

Thu, 8/5 - 8/26, 6-6:45PM*, \$22.

BAKING & COOKING CLASSES

Learn the tricks to producing tasty and consistently good homemade goodies with Heidi Hammer of Heidi's Pies www.heidispies.net. End the class by enjoying what you've made in class together! Classes will take place in the professional kitchen at Living Green at 630-A Second St., Langley. Class fee includes all baking supplies.

Don't let pie crust scare you away from this all-time favorite dessert. This easy, delicious 4-ingredient crust will not only tantalize your taste buds, but also ease your frustrations with baking pie. Come bake pie, you'll be pleasantly surprised!

Tue, 5/4, 6 - 8:00PM, \$35.

Home Baked Breads

Foccacia, pizza dough and ciabatta. Learn to bake your favorite breads at home with your own twist of flavors.

Tue, 5/25, 6 – 8:00PM, \$35.

Cupcakes!!

Frosting, fondant, cookies, sprinkles and more! Come bake and decorate these all-time favorite treats! Great class for kids! Tue, 6/15, 6 – 8:00PM, \$35.

Hors d'Oeuvres

Never sure just what to serve your quests before dinner? This class will give you creative ideas for a variety of yummy tidbits including fresh fruits, cured meats and mouth watering cheeses!

Tue, 7/6, 6 - 8:00PM, \$35.

This classic French, decadent dessert is always a palate pleaser. You can't go wrong with Creme Brule'! Quick and easy, it's the dessert everyone should know how to make.

Tue, 7/27, 6 - 8:00PM, \$35.



Cooking for One

The smaller portioned meal is always a challenge, BUT there are many delicious meals you can make for one, including Italian, Oriental and South American cuisine.

Tue, 8/17, 6 - 8:00PM, \$35.

Cake Decorating

Learn fondant, frosting, cookies, piping and more! Birthdays, graduations or weddings, you can make your own cakes and have fun doina it!

Tue, 8/31, 6 - 8:00PM, \$35.





Specializing in guided tours and rentals on South Whidbey Visit our website at: www.whidbeyislandkayaking.com

*Must present coupon to receive discount. 1 coupon per person and/or family up to 10. Restrictions may apply.



ISLAND PILATES CENTER **Fully Equipped Pilates Studio Certified Pilates Instructors Leslie Larch & Nicole Falso** 360.221.8881 • www.islandpilatescenter.com At the Porter Building in downlown Langley (Above Whidbey Children's Theater)

Music & Arts

MUSIC TOGETHER

(For children birth to five years and their adult caregivers)

All children are musical, and you can nurture the musical growth of your child, regardless of your own musical ability, through song, dance, and instrument play. Experience Music Together® and find out how important and fun your role can be! Music Together builds on your child's natural enthusiasm for music and movement. Location: SWPRD Recreation Building. \$10 discount/family for friend referrals. \$75 for additional siblings. Instructor: Kat Fritz

Wed, 4/14 – 6/16, Ten Weeks, 10:15 – 11:00AM, \$97*; \$75 for additional siblings.

Thu, 4/15 – 6/17, Ten Weeks, 10:15 – 11:00AM, \$97*; \$75 for additional siblings.

*Additional materials fee of \$38 due to instructor on first day of class. Class materials include two CD's, activity book, and parent guide so you can continue the musical experience throughout the week.





INTRODUCTION TO GUITAR

(For Adults and Youth 16+)

If you have been considering playing guitar and are ready to take a test run, this workshop is for you! During this introductory session, you will learn basic chords and strums and be playing simple songs by the end of the workshop. In addition, you will learn some basic music theory. No note reading required! Intro to guitar is geared toward folks who have no guitar playing experience and would like to sample playing guitar with a thorough, encouraging and patient instructor. Loaner guitars are available upon request. Please register early to reserve a guitar. Instructor: Quinn Fitzpatrick.

Location: SWPRD Recreation Building.

Sun, 5/2, 12:30 - 2:30PM, \$50.

BEGINNING GUITAR

(For Adults and Youth 16+)

Have fun while learning how to play acoustic guitar! Gain a solid foundation and the tools to play thousands of songs using traditional and contemporary sources, in folk, country, gospel, blues and rock styles. Learn fundamental chords, progressions, strums and finger picking. By the end of this course, you will have the resources to play many songs in different styles. Loaner guitars are available, be sure to reserve one prior to the first class. Instructor: Quinn Fitzpatrick. Location: SWPRD Recreation Building, Langley. 8 Weeks.

Thu, 5/6 - 6/24, 6:30 – 7:30PM, \$115. Thu, 7/1 - 8/19, 6:30 – 7:30PM, \$115.

GUITAR BOOT CAMP

(For Adults and Youth 16+)

If you have been playing guitar and are ready to get basic training on how to make yourself a better guitar player, this workshop is for you! During this hardcore session, you will learn guitar fretboard logic, scales, practice exercises, fundamental chords and progressions, essential strumming and finger picking patterns. You will learn everything you should know to have a rock solid foundation in playing guitar! Learn how to put it all to work with group jamming at the end. Class is geared toward folks who have some playing experience and would like to take their playing to the next level. This course gives you the tools to play hundreds of songs in different styles. Songs will be derived from both traditional and contemporary sources. Instructor: Quinn Fitzpatrick. Location: SWPRD Recreation Building.

Sun, 5/2, 2:30 - 4:30PM, \$50.





PAINTING WITH WATERCOLOR. IT'S EASY!

(Adults, Beginners – Advanced)

No other medium compares to the iewel-like qualities of watercolor and all its variations in color and granulation characteristics. Not to mention the absolute thrill of watching colors disperse, bloom and explode on paper! Watercolor is not the difficult medium it's rumored to be. I'll bust the myth with demos and exercises that lubricate your creativity. You'll learn about color, various wash and brush techniques, composition, values, explore paint characteristics, brushes, tools and paper. Come experience and learn about this amazing medium and leave with the skills to create lovely pictures that will not only surprise you, but serve to inspire you to make many more! See website for supply list. Location: SWPRD Recreation Building. Instructor: Local artist, Kris Wiltse's work can be seen all over the island and on her web site, www.kriswiltse.com. Fri, 5/21 - 6/25, 10:00AM - Noon, \$170.

SKETCHING ON LOCATION

(Adults, Beginners – Advanced)

Have you ever been struck by a place or environment and wanted to be able to document it visually? Sketching on location is a wonderful way to journal and document your life and experiences. Your sketchbook is a place for personal expression, your perspective, your style, uniquely you, it's an evolving work of art. In this class you'll learn the basics of drawing: various tools and media, values, form, line, composition, perspective and quick sketching techniques. You'll also enhance your appreciation for the world around you while developing your own voice and self confidence. Location: We'll be sketching at locations such as cafes, historic landmarks and scenic places of interest. See website for supply list. Instructor: Kris Wiltse. Check out this hit and run style of art at www.whidbeyislandsketchers.blogspot.com

Fri, 7/2 - 7/30, 10:00AM - Noon, \$140.



INTRODUCTION TO **BOTANICAL ILLUSTRATION**

(For Adults and Youth 16+)

This course introduces students to the practice of botanical illustration from a natural science perspective. Draw and paint Northwest flora while learning classification and identification. Create accurate and dynamic scientific illustrations using graphite, pen and ink, color pencil or watercolor. Make your own cards, floral prints or scientific plates and finish with a wall-ready depiction of your favorite vegetable, flower, fruit or tree. Some drawing experience is helpful and the course is open to all skill levels. Bring supplies to first class - materials list available at www. quinnfitzpatrick.com. Instructor: Quinn Fitzpatrick. Location: SWPRD Recreation Building, Langley.

Thu, 5/6 - 6/24, 7:30 - 9:00PM, \$170. Thu, 7/1 - 8/19, 7:30 - 9:00PM, \$170.

Fishing

CRABBING 101: DON'T GET PINCHED!

(All ages, children must be with an adult)

Wondering what equipment is needed and the rules and how-to's of crabbing? This hands-on class is a great opportunity to learn about the different types of equipment, species of crab available and the rules and regulations regarding crabbing in Washington State and our area. Participants will leave class with the necessary fundamental knowledge to be successful in crabbing.

Dates & times TBA, based on opening season. Check website for updates.



SALMON FISHING EXCURSION

(Adults and youth 10+ accompanied by an adult)

Don't miss out on this rare opportunity to go deep trolling with downriggers for salmon on a power boat in local waters. Tom Fallon will lead this hands-on introduction to fishing with emphasis on local areas and will share his knowledge of fishing basics, including equipment, fish identification, regulations and safety. Bring your questions. Tom has over 30 years of fishing around Whidbey and has caught every species of Pacific salmon, as well as steelhead and cutthroat. Location: Participants will meet at Bayview P&R to carpool to the boat launch areas. Please be aware that there is no bathroom on the boat. Fee covers all equipment and gear. Bring a snack along. Dates subject to fishing closures. Space is limited to 3-4 per session, so sign up early!

Wed, 7/21, 1 – 6:00PM, \$40. Fri, 7/30, 5 - 9:00AM, \$40. Wed, 8/4, 1 - 6:00PM, \$40. Fri, 8/13, 5 - 9:00AM, \$40.



Summer 2010 Language Camps on Whidbey Island!

For Parents & Preschoolers

Spanish: July 19 - 23 French: Aug 2 - 6

Tuition: \$300

Scholarships and sibling discounts available

For Kids Ages 7 -14

Spanish: July 26-30 Spanish: Aug 16-20 French: Aug 9 - 13 Chinese: July 19 - 23* Japanese: Aug 2 - 6*

*subject to change

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DIGGIN' FOR DINNER: CLAM DIGGING 101

(All ages, youth must be accompanied by an adult)

Get out of your shell! This informational and hands-on workshop on clamming in our area will include a brief "talk" followed by hands-on digging. Learn about gear, harvesting regulations, where to go, and practical how-to lessons. We'll end the event with an old fashioned clam bake (we will provide the pre-harvested clams). You'll create and take home your own homemade & recycled clam measuring tool and yummy recipes for serving up your finds. Each attendee will need weather appropriate clothing, shoes you can get muddy, a water bottle, a bucket and small shovel or hand cultivator for each person wanting to harvest clams. Limited space available, register early. Location: Scatchet Head Community Beach in Clinton (Thank you!).

Sat, 4/17, 1 - 3:00PM, \$5*

*Fee includes a free one day fishing license at the event.



Special Events

SEA ADVENTURE'S 4 HOUR TOUR

(For adults and youth accompanied by an adult)

Bring the family for a day of adventure on Service, Education and Adventure's (SEA) 65-foot program vessel, Indigo. We'll leave from Langley Marina and spend four hours exploring local waterways, engaging in fun and educational learning activities, including navigation/pilot house rotation, art, marine science, water quality testing, and more! Learn from local experts and SEA staff about the Salish Sea! SEA staff includes Captain Chris Burt, Susie Richards, and Dr. Florian Graner. Program is weather dependent. If program is cancelled due to weather, either a refund will be offered or program will be offered on another date. PFDs are provided. Participants should bring their own sack lunch. All participants (parents should sign a separate form for themselves and children) must sign a release form. To learn more about SEA or to plan your own event, visit our website at www.serviceeducationadventure.org

Fri, 8/27, 10:00AM — 2:00PM, \$35.00 for adults; \$23.00 for



BEAT THE HEAT WATERWORKS

If it's crazy hot outside we will turn on the waterworks (sprinklers) at Community Park for a quick afternoon cool-off and possibly set up our super-duper water slide. Youth must be supervised by parents/guardians and follow the rules that will be displayed by SWPRD staff. Those who participate consent to our standard waiver/release by participating. Sunscreen recommended.

Thu, 8/12, 1 – 2:30PM, Free. Other days as scheduled, look for updates on our website and email notifications.

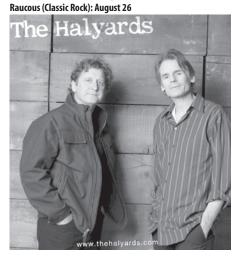


SUMMER CONCERTS IN THE PARK

(Thursdays, 6:30 - 8PM)

Head down to Community Park for our FREE concert series! Bring a picnic and enjoy the summer nights with a variety of music brought to you by South Whidbey Parks & Rec and local businesses. We will post links to the bands' websites at www.swparks.org so that you can check them out in advance. Call our office or check our website for inclement weather updates. Location: Community Park, 5495 Maxwelton Rd., Langley. Near playground.

Groove Edition (Top 40): July 29 Camano Cadillac Band (Country): August 5th The Halyards Duo (Folk): August 12



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CELEBRATE ARBOR DAY & TRUSTLAND TRAILS DAY

Come celebrate one (or more) of these important days by helping to improve the new Connector Trail at Trustland Trails. Groups or individuals welcome! No prior experience necessary, proper tool use and safety training provided. Work parties begin at 10am, we'll stop for lunch at noon, resume work at 1pm and conclude the day at 3pm. Please bring gloves, ear protection, eye protection, long sleeved shirt, long pants, sturdy shoes, rain gear, hat, water, and a bag lunch. Volunteers must sign up in advance! Contact Park Director, Terri Arnold at 221-6488 at least 3 days before event. Sign-in will be required for insurance coverage. Location: Volunteers should meet at the new Trail Head Parking Area off of Craw Rd., just off Hwy 525, south of Bayview. Thanks for your support of our community parks!

Arbor Day: Sat, 5/1, 10:00AM – 3:00PM.
Trustland Trails Day: Sat, 5/22, 10:00AM – 3:00PM.



Tennis

INFO FOR ALL TENNIS PROGRAMSPlease bring a racquet, water bottle, and wear appropriate tennis

shoes. Loaner racquets are available. **Rainouts:** Inclement weather make-ups will be scheduled by

Rainouts: Inclement weather make-ups will be scheduled by instructors as it applies. Refunds will not be issued due to make-up day conflicts. Call 221-5484 after 8:00AM for rain-out information.

TENNIS INSTRUCTORS

Karyle Kramer, USPTA certified teaching professional, is our director of tennis. She enjoys working with players of all ages and abilities and is able to effectively share her love of tennis with others. Contact: kkandnb@whidbey.com or 321-8499.

Teresa Wheeler has been teaching tennis to South Whidbey children and adults since 1991. Her special interest is teaching tennis to new players of all ages, and welcoming back former players who would like to return to the lifetime sport of tennis for recreation and exercise. Contact: twheeler@whidbey.com



ADULT TENNIS 101

(Beginners)

Players who want to learn or review the basic strokes and components of the game will want to take this three-day class. It's fun, interactive, and you'll be playing doubles by the final day! Instructor: Karyle Kramer.

Session #1: T/W/TH, 6/29-7/1, 8:30-10:00AM, \$36. Session #2: T/W/TH, 8/17-8/19, 8:30-10:00AM, \$36.

ADULT PRACTICE & PLAY

(Advanced Beginner-Intermediate)

This class includes 30 minutes of drilling and then an hour of match play in which the instructor offers suggestions, strategy and feedback. Take your basic skills of tennis to the next level. Instructor: Karyle Kramer

Session #1: T/W/TH, 7/6-7/8, 8:30-10:00AM, \$30. Session #2: T/W/TH, 8/3-8/5, 8:30-10:00AM, \$30.



CARDIO TENNIS

(Adults, All levels)

Cardio Tennis is a fun group activity featuring drills to give players of ALL abilities an ultimate high-energy workout. Cardio Tennis includes a warm up, cardio workout and cool down phases all done with great music! We're considering making this a year-round fitness opportunity, so get started now. Instructors: Teresa Wheeler & Karvle Kramer.

T/TH, 6/29 - 7/8, 7:30-8:20AM, \$32. T/TH, 7/13 - 7/22, 7:30-8:20AM, \$32.

WELCOME BACK TO TENNIS: PRACTICE & PLAY

(Adults, Advanced Beginner-Intermediate)

Haven't picked up a racquet in years? Meet friends and enjoy the health benefits of tennis through gentle exercises, games and skill building. Join the class to practice, meet other players, and play doubles. Geared toward the 50+ player. Try this class for FREE on Thursday, July 1, 8:45am. Instructor: Teresa Wheeler.

T/TH, 7/6 - 7/22, 8:45-10:00AM, \$60.



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CO-ED DOUBLES TENNIS LEAGUE

(Adults & Youth 16+, Intermediate-Advanced)

We're excited to announce the return of our doubles tennis league! Sign up individually; the tennis staff will form balanced teams of 6-8 players per team. Players compete in doubles matches on Tuesdays and Thursdays. If you can't make a match, you must call a sub (list provided) to take your place. End of season potluck and awards gathering on August 20. Coordinator: Teresa Wheeler. **T/TH, 7/6 – 8/19, 6:00-7:30PM, \$20.**



USTA QUICKSTART TENNIS

(Ages 5-10 Years)

QuickStart tennis utilizes age-appropriate equipment, including smaller racquets, lower bouncing balls and smaller courts. This format enables kids to starting playing right away. Players may sign up for multiple sessions. Instructors: Teresa Wheeler & Karyle Kramer.

Ages 5 – 7 years, all levels T/W/TH, 6/29-7/1, 10:15-11:00AM, \$24. T/W/TH, 7/6-7/8, 10:15-11:00AM, \$24. T/W/TH, 8/3-8/5, 10:15-11:00AM, \$24. Ages 8 – 10 years, all levels T/W/TH, 6/29-7/1, 11:00AM-Noon, \$28. T/W/TH, 7/6-7/8, 11:00AM-Noon, \$28.

T/W/TH, 8/3-8/5, 11:00AM-Noon, \$28.

USTA JR. TEAM TENNIS: WHIDBEY LEAGUE

(Ages 5-18)

United States Tennis Association Jr. Team Tennis is the largest youth tennis program in the country! This summer we have two age divisions: 10 & under (using QuickStart format of modified courts, balls and scoring) and 18 & under. Teams are co-ed and made up of 6-8 players balanced for age and skill level. Parent Volunteers manage the teams. The emphasis is on skill development, fun, and teamwork. Visit www.pnw.usta.com and click on "Jr. Team Tennis" for more info.

You must register by June 23! To register, contact Karyle Kramer, League Coordinator, atkkandnb@whidbey.com or 321-8499—all registration is done online. Teams will be announced on Thursday, June 24, 3:30-5:00, at the kick-off party at the SWHS courts. There will be games, prizes, & snacks, and you'll meet your teammates and Parent Managers.

Ages 10 & Under: T/TH,7/6-7/22*, 3:00-4:00PM, \$15**. Ages 18 & Under: T/TH,7/6-7/22*, 4:00-6:00PM, \$25**.

*Kick-Off Party: 6/24, 3:30-5:00; Finale Party & Awards immediately following last match on last day.

**In addition to the league fee, players must join (or already be) a USTA member. Junior membership is \$19/year and includes magazine/newsletter subscriptions, and a JTT league team shirt.

HIGH SCHOOL CHALLENGE CAMP

(Ages 14-18, Multiple Levels)

Three days of intense practices working on strokes, singles and doubles strategy and match play. Contact Karyle Kramer to determine level.

Varsity Level: T/W/TH, 8/17-8/19, 10:00-11:30AM, \$36. Jr. Varsity Level: T/W/TH, 8/17-8/19, 11:30AM-1:00PM, \$36.

JUNIOR TENNIS TOURNAMENT

(Events for Youth 5-18 Years)

A fun competitive event for different ages and levels. Register for up to three events. Register by Fri., 7/16 at 4pm. Draws/match times available on Wed, 7/21. Matches will be pro-sets to 8 games, no ad scoring, with consolation matches (players play a second time even if they lose in the first round). Players must be available both days between 9am-3pm and must fit the age requirements on date of tournament. First & second place medals awarded in each category! For doubles, sign up and designate your partner, or we can find you one. Register for up to 3 events:

Boys, Girls Age 18 & under singles Boys, Girls Age 18 & under doubles Boys, Girls Age 16 & under singles Boys, Girls Age 14 & under singles Boys, Girls Age 14 & under doubles Mixed (1 boy, 1 girl) 18 & under doubles Mixed (1 boy, 1 girl) 14 & under doubles

10 & Under QuickStart Event: an organized, friendly match play for all kids. FREE, but please sign up with your child's name and age ahead of time, drop-ins welcome as well. Fri, 7/23, 9:30-10:30AM.
Fri- Sat, 7/23 – 7/24, between 9:00AM and 3:00PM,

\$7 per event.

SERVE, RALLY & SCORE

(Ages 10-16, Advanced Beginners and Intermediate Players)
This program provides an opportunity to serve the ball, engage in a rally, and keep track of the score. There will be lots of "match play" opportunities in a low-key, fun environment. Instructors:
Teresa Wheeler & Karyle Kramer.

Session 1: T/W/TH, 6/29-7/1, 12:15-1:30PM, \$32. Session 2: T/TH, 7/13-7/22, 10:00-11:00AM, \$32. Session 3: T/W/TH, 8/3-8/5, 12:15-1:30PM, \$32.

Forest Day Camp

July 12-16, Monday - Friday Kids ages 7-11

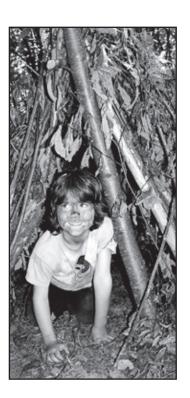
An adventure in our local forest eco-system, that we share with all the creatures! We will explore our creativity, learn survival skills, and enjoy one another.

Fee \$200

Grandparents Camp

July 19 - 23, Monday - Friday "Grands" & Kids

Early childhood Grandteacher Mully Mullally and former Whidbey Institute director Dianne Shiner will facilitate an experience of the wonder and blessings of place shared by two generations.



Call TODAY for RESERVATIONS Space is Limited



Whidbey Institute (360) 341-1884

www.whidbeyinstitute.org 6449 Old Pietila Road PO Box 57, Clinton, WA 98236

Camp Whidbey Day Camps



(Youth Ages 6 - 12 Years)

Come along with us as we take a journey through summer with fun, positive experiences, and outdoor discovery! Experienced, enthusiastic, and trained staff will provide a safe opportunity for each camper. Safe fun is our first priority! Each week campers will have the opportunity to express their individuality through fun arts and crafts. Each of the themes is very different, so check out the excursions and activities and sign up for more than one!

Each week we will head out for an excursion that goes with the week's theme. For field trips outside of South Whidbey we will take the Whidbey Express (our 21-passenger bus). For field trips within South Whidbey, parents may be asked to drop kids off/pick up at field trip locations. Participants will receive a letter prior to camp with detailed information and what to bring. Most camps are based out of beautiful Community Park and our awesome new Parks & Recreation Building. All participants will receive one official Summer Day Camp t-shirt. Field trips and fees subject to change based on availability. Step on up for an extraordinary summer of fun!

FUN IN THE SUN

EXCURSION: "Pool Party" at a Local Pool

School's out! Start off your summer with a week playing outside in the sunshine at Community Park. We'll be hiking, swimming, sliding down our 50 foot Slip N Slide, playing water games in our sprinklers and doing fabulous art projects all week!

M - F, 6/21 - 6/25, 9:00AM - 3:00PM, \$117.

GO GREEN!

EXCURSION: Goss Lake

We are the kids that love our home! Learn cool ways to save our Earth then share those ideas with your friends and family. This week will feature eco-hikes, earthy art, fun recycling games and relay races! We will explore one of our local lakes and determine the level of pollution by examining the type of itty-bitty critters we find in the water. Campers will learn how to maintain our compost bucket with Real Live Worms working hard to create soil out of paper and left over fruits and veggies from our lunches! We will have tons of fun while our camp goes green!

M-F, 6/28-7/2, 9:00AM-3:00PM, \$110.









STARS AND STRIPES

EXCURSION: Double Bluff Beach

In celebration of Independence Day, we will create old-fashioned crafts using leather, make unique soaps with handpicked lavender, and creating colorful tie-dyed creations. Each camper must bring a shirt, pillowcase or whatever you want to tie-dye (must be 100% cotton). We'll end the week with a beach party and BBQ at Double Rluff

T – F, 7/6 – 7/9*, 9:00AM – 3:00PM, \$91. *Please note this is a 4-day week.

M.A.D. CAMP (MUSIC, ARTS & DRAMA)

EXCURSION: The Wonderstage: Acrobatics & New Circus Arts

Try your hand at being a DJ with a DJ sound system for our campers who love to dance at our "dance club" complete with disco ball and lights. Rock out on Karaoke Day, create original works of art, decorate sun catchers, participate in funny skits, and play games! All this fun will be packed into a week of singing, dancing and creative arts!

M - F, 7/12 - 7/16, 9:00AM - 3:00PM, \$127.

SPORTS SPECTACULAR

EXCURSION: Everett Aquasox Baseball Game

This week we will play every sport possible in the time allowed! If you have a love for sports and are excited about learning new ones, come join us in this competitive week of soccer, baseball, archery, tennis, basketball, volleyball, and more! We'll cheer on the Aquasox as they go head to head with the Eugene Emeralds! There's more: a former offensive lineman from the University of Oregon's football team will come to coach a day of camp for us! Maximum 22, register by July 6 to ensure a seat on the bus!

M-F, 7/19-7/23, 9:00AM-3:00PM, \$140.

ROLLER WEEK

EXCURSION: Roller Skating Party at the Roller Barn

Roll your way into this week! This week bring your bikes and skateboards and safety gear to camp! We will take exciting bike rides on our groomed dirt trails and show off our skills at our fantastic skate park. Our excursion this week will be a visit to the Roller Barn for competition with another Day Camp! We will paint our faces for team competitions and play capture the flag with our skates on!

M - F, 7/26 - 7/30, 9:00AM - 3:00PM, \$127.





Whene Registration & Preview Event Monday, July 19th 7-8.30 pm

VBS July 20-23 9:30-Noon

Ages kindergarten (completed) - 5th grade

Ages 4-5 yrs old on a first come basis

What bible stories, skits, prizes, games, snacks

Costa FREE! FREE! FREE!

Where 503 Cascade Ave in downtown Langley

Questions? Call CMA 360-221-6980 or pre-register on our website at **www.langleycma.org**



"Being personally acquainted with a number of Waldorf students, I can say that they come closer to realizing their own potential than practically anyone I know."

> - Professor Joseph Weizenbaum, Massachusetts Institute of Technology

Whidbey Island Waldorf School cultivates individuals who have a reverence for nature, a respect for others and a love for learning. Through their experiences, Waldorf students become adults who can flourish wherever their imagination leads them.

Nestled in the midst of a 100acre forest preserve, WIWS provides the perfect setting for this comprehensive, arts-integrated, challenging and holistic education.

> Now Enrolling Pre-K Through 8th Grade for the 2010-11 School Year

WHIDBEY ISLAND WALDORF SCHOOL

6335 Old Pietila Rd. PO Box 469, Clinton 98236 WWW.WiWS.Org



Camp Whidbey Day Camps



SLIPPIN' AND SLIDING

EXCURSION: Birch Bay Water Slides

It's August and it's hot! There's only one way to stay cool in this weather and that's water, water, water! We'll take relaxing strolls through our shaded trails and then cool off on our awesome 50 ft. Slip 'n Slide and sprinklers. All week we'll play water games including a day designated to bringing your very own water sprayers for a counselor vs. camper water competition. It's a week of wet & wild fun. *On the day of our field trip, campers need to be at camp by 7:30AM sharp, as we will leave at 8AM and will return to camp around 6PM. Plan on a two-hour ride each way and provide extra snacks/meals for a long day. Maximum 17, register by July 6 to ensure a seat on the bus! This week only we have a minimum age requirement of 8 years.

M - F, 8/2 - 8/6, 9:00AM - 3:00PM*, \$165.

OUTDOOR KIDS

EXCURSION: Deer Lake or Goss Lake

If you love the outdoors and are looking for more ways to enjoy it, then come join us! We'll learn how to feel comfortable in the outdoors without getting lost. We will hike and swim! Learn how to use a map and compass and chart a course for a treasure hunt. We will learn about the different plants and animals of our nearby forests. Come hiking, canoeing, fishing and swimming – anything outside and in the sun. We will then invite our families to join in on the fun for an after-hours campfire program with s'mores and songs. Make and take home the world's smallest beach!

M – F, 8/9 – 8/13, 9:00AM – 3:00PM, \$110.

WILD WILD WEST

EXCURSION: Horsin' Around at M-Bar-C Ranch

We put the 'Haw' in Yee Haw! If you like riding horses or wearing your western gear around town, then gitty-on-up into this week of day camp. We will make old-fashioned soap, candles and pound out fabulous leather projects. It doesn't stop there! We will go to M-Bar-C Ranch to ride horses, explore their Wild West town and end the week with self made, and self served old-fashioned ice cream!

M – F. 8/16 – 8/20, 9:00AM – 3:00PM, \$115.





DOWN BY THE BAY SEA ADVENTURES

EXCURSION: Sea Boating Tour Adventure!

Come splash around with us on the shoreline! This exciting camp will take you on adventures exploring rich and diverse beaches and lakes on Whidbey Island including Double Bluff, Deer Lake & Goss Lake. We will explore tide flats, shorelines, shoreline birds and marine invertebrates, and have a fort building competition! Experience a 4-hour tour aboard Indigo, a 65 ft boat! The day will be full of adventure from the minute we leave the Langley Marina dock. While we explore local waterways on the boat, we'll also enjoy engaging in activities like art, marine science, and pilot house navigation!

Mon - Fri, 8/23 - 8/27, 9:00AM - 3:00PM, \$128.



We'll Put You in the Saddle

Learn to Ride! • Horse Camps for Kids, Adults & Seniors
Western • English • Bareback • Trail Riding

Adult Horse Camps: April 26^{th} – 30^{th} , and Sept 20^{th} – 24^{th} Senior Citizen Horse Camp (T & TH): June 8^{th} , 10^{th} , 15^{th} , 17^{th}

Kids Horse Camps (Ages 8 and up): June $21^{st} - 25^{th}$, and Aug $9^{th} - 13^{th}$

Kids Advanced Horse Camp: July 5th – 9th

M-Bar-C Ranch

www.m-bar-c.org • 5264 Shore Meadow Rd., Freeland • (360) 331-6019

South Whidbey Youth Soccer Club

open to ages 5-17

Fall Leagues Coaching & Referee Clinics

Registration for Fall Season opens April 26!

Discounted Early Registration Deadline June 19.

www.swysc.com • 360.730.2440



Help Wanted

SUMMER DAY CAMP COUNSELORS

SWPRD is now hiring a team of dedicated, enthusiastic, and energetic individuals for the 2010 Summer Day Camp Program. Join our team and gain the following: An outdoorsy job with weekends off, a competitive salary, fun field trips, valuable work experience and training in youth work, and a chance to make a difference in children's lives. You will work with a group of children with the challenge of making it fun and always safe. For job description & application contact SWPRD at 360-221-5484 or visit www.swparks.org. Position closes on April 28 or until filled. Position is part time, seasonal, and pays \$8.55 – \$12.50 per hour, DOE.

VOLUNTEER JR. COUNSELORS

We are now seeking Jr. Counselors for our summer day camp program. This is your opportunity to get experience working with kids in a fun outdoor camp program and receive valuable training for future job opportunities in recreation or child care. Teachers, do you have a responsible student to recommend for this? Teens ages 14+should contact the Day Camp Director for

job description & application at 360-221-5484 or visit www.swparks.org. This is an unpaid, volunteer position, but the benefits are endless!

BE A HOST FAMILY FOR A BRITISH SOCCER COACH!

British coaches stay with local families for the duration of Challenger British Soccer week. Host families will not only provide a memorable and truly international learning experience for their family, but will also receive an \$80 rebate towards the cost of camp. Contact Carrie for more information about hosting: Email programs@whidbey.com or call 360-221-5484.

SEEKING GROUP RECREATION FITNESS INSTRUCTORS

We are seeking qualified instructors to provide affordable fitness classes at our new facility. We will provide facilities, advertising and registration. You will conduct high quality group fitness opportunities for our community in a safe, professional and effective manner. May include aerobics, stretching, or strength/sculpting. Certification preferred, or the equivalence

of 1 year experience in specific fitness instruction. Personal involvement in group fitness classes preferred. Days and hours vary, based on your schedule. Call Carrie at 360-221-6788 for more information and a class proposal packet.

INSTRUCTORS WANTED

Do you have experience teaching art, fitness, movement, dance, or sports? Do you have a great idea, hobby or something new to add to our list of programs? If you answered yes to any of the above questions and have something you'd like to add to the schedule, give us a call! Contact Carrie Monforte at 221-6788 or email programs@whidbey.com to request a class proposal packet.

SPONSORS MAKE A DIFFERENCE

You can make a huge impact in your community by contributing goods or dollars to many of our programs, including the Youth Recreation Scholarship Fund. We're seeking sponsors for our biggest programs, including the Youth Basketball League, the Whidbey Island Triathlon, the Chum Run 5K, and Summer Concerts in the Park. Sponsorship also provides businesses with the opportunity to get their name out in the

community. Contact Carrie for sponsorship opportunities and benefits at programs@ whidbey.com or 221-6788.

SPECIAL EVENT VOLUNTEER OPPORTUNITIES

SWPRD has a number of opportunities for you to volunteer to enrich your community. The success of our programs and events depends directly on the efforts of our quality volunteers! Upcoming volunteer opportunities:

Chum Run – June 6 Triathlon – August 7 Work Parties at Trustland Trails







Join us for a fun-filled week of Eastern Europe music, dance, and art through the study of stringed instrument. Full and half day options available. No experience necessary. For ages 3 and up.

Register online at: www.islandstrings.com or call Kat Fritz at 360-321-4311

Whidbey Island Fine Art Studio

The more you learn, the more you know. The more you know, the more you know you need to learn!







www.whidbeyislandfas.com 206.571.0442 or 360.637.4690 Workshops & Classes with a Personal Touch

We offer classes and workshops led by nationally recognized instructor-artists.

Contact Cary Jurriaans for more information.

Events At A Glance

	APRIL		<u>JUNE</u>	7/2	Sketching on Location
4/10	Kidz Love Soccer	6/2	Archery	7/6	Hors d'Oeuvres
4/14	Music Together	6/3	Sign Language	7/6	Adult Tennis
4/15	Music Together	6/5	National Learn-to-Row Day		Practice & Play
4/17	Pitch Hit & Run	6/6	Chum Run	7/6	Welcome Back to Tennis
4/17	Diggin' for Clams	6/8	Swim Club	7/6	Co-Ed Doubles Tennis
4/21	ESL Class	6/15	Cupcake Class	716	League
		6/19	Women Learn-to-Row Day	7/6	QuickStart Tennis
	<u>MAY</u>	6/21	Fun in the Sun Day Camp	7/6	Junior Team Tennis
5/1	Golf Lessons	6/22	Model Rockets	7/6	Stars & Stripes Day Camp
5/1	Arbor Day	6/27	Open Water Swim Clinic	7/8	Sign Language
5/2	Guitar Bootcamp	6/28	Go Green Day Camp	7/10	Kidz Love Soccer
5/2	Introduction to Guitar	6/29	Model Rockets	7/12	Youth Sailing Camp
5/4	Pie 101	6/29	Adult Tennis 101	7/12	Supang Soccer Camp
5/5	Archery	6/29	Cardio Tennis	7/12	MADCamp
5/6	Intro to Botanical	6/29	QuickStart Tennis	7/13	Cardio Tennis
	Illustration	6/29	Serve, Rally & Score	7/13	Serve, Rally & Score
5/6	Sign Language	6/30	Open Water Practice	7/14	Martial Arts in the Park
5/6	Beginning Guitar		Sessions	7/10	(Karate Days)
5/21	Painting w/ Watercolor	6/30	Archery	7/19	Youth Sailing Camp
5/22	Trustland Trails Day		JULY	7/19	Sports Spectacular Day Camp
5/25	Home-Baked Breads	7/2	Co-Ed Softball League		buy camp



Events At A Glance

7/21	Salmon Fishing Excursion	8/3	Serve, Rally & Score	8/16	Wild West Day Camp
7/23	Junior Tennis Tournament	8/4	Salmon Fishing Excursion	8/17	Cooking for One
7/26	Roller Week Day Camp	8/5	Sign Language	8/17	High School Tennis
7/27	Crème Brule Baking	8/5	Summer Concert		Challenge
7/28	Archery		in the Park	8/17	Adult Tennis 101
7/29	Summer Concert	8/7	Whidbey Triathlon	8/23	Down by the Bay
	in the Park	8/9	Outdoor Kids Day Camp		Day Camp
7/30	Salmon Fishing Excursion	8/9	Pro Baseball Camp	8/24	Youth Learn-to-Row Camp
		8/10	Skimboard Camp	8/26	Summer Concert
	<u>AUGUST</u>	8/12	Summer Concert		in the Park
8/2	Slippin' and Slidin'		in the Park	8/27	SEA Adventure 4 Hour Tour
	Day Camp	8/12	Beat the Heat Waterworks	8/31	Cake Decorating 101
8/3	Adult Tennis	8/13	Salmon Fishing Excursion		
	Practice & Play	8/16	Challenger British		
8/3	QuickStart Tennis		Soccer Camp		



South Whidbey Falcon Youth Football

SWYF is gearing up for another rewarding season. While playing football your child will have a fun and positive learning experience. Our goal is to help develop young citizens into champions for life who posse the following life skills: commitment, responsibility, discipline, positive attitude, fitness and teamwork.

Age Levels: Peewees ages 6-8; Midgets ages 9-10; Juniors ages 11-12

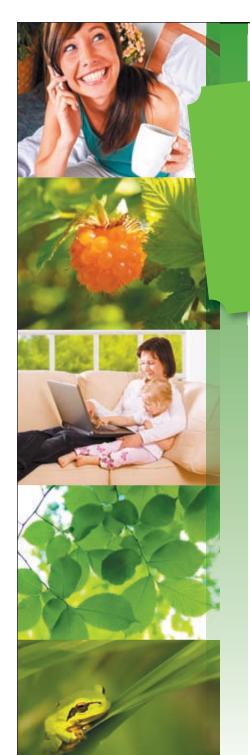
REGISTRATION IS WEDNESDAY MAY 19TH AT SWES COMMUNITY ROOM FROM 6PM-8PM.

Register early to receive a discount. Scholarship applications will be available at registration. For more info regarding football & cheerleading registration and Day Camps check out our website: www.leaguelineup.com/swfalcons or contact: Jean Streitler 579-1789 or Bree Nelson 321-4131.

SOUTH WHIDBEY YOUTH FOOTBALL CHEERLEADERS

Come on out and lets show your spirit!!
We will have 2 Cheer Squads this year. Ages range from 7-10.
Space is limited for cheerleading so sign up early.

REGISTRATION IS WEDNESDAY MAY 19TH AT SWES COMMUNITY ROOM FROM 6PM-8PM



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