A photograph of a child with long blonde hair swinging on a swing set in a park. The ground is covered in fallen autumn leaves in shades of red, orange, and yellow. Large trees with colorful foliage frame the scene, and a wooden play structure is visible on the left. The sun is shining through the trees, creating a bright spot in the background.

**South Whidbey Parks & Recreation District**

# **FALL ACTIVITY GUIDE**

**SEPTEMBER - DECEMBER 2014**

**Sports for Youth and Adults ~ Music, Dance & Art  
Ski Bus ~ Special Events ~ Fishing ~ Enrichment Classes**



## MISSION STATEMENT

The mission of the South Whidbey Parks & Recreation District is to provide all residents and visitors in the district a variety of recreational activities and facilities. This should be fun and safe and be well integrated into our island community and environment. It should also be educational and healthful, providing opportunities for individuals and our community to play well together. It is our mission to best achieve this through community participation.

## CONTACT INFO

Recreation Center & Offices

Location/Mail 5475 Maxwellton Rd,  
Langley, WA 98260

Office Phone (360)221-5484

Fax (360)221-7323

E-mail swparks@whidbey.com

Website www.swparks.org

Office Hours Mon-Thu, 8:30AM–5PM  
Fri, 8:30AM–4:30PM

Office Closed Sept 1; Nov 11; Nov 27; Nov  
28; Dec 25

## STAFF

Director Doug Coutts  
(360)221-6488 dirswprd@whidbey.com

Programs Carrie Monforte  
(360)221-6788 programs@whidbey.com

Office Manager Peggy Nelson  
(360)221-5484 swparks@whidbey.com

Facilities & Grounds Tom Fallon  
(360)221-7181 trfallon@hotmail.com

## COMMISSIONERS

The SWPRD Board of Commissioners meets the third Wednesday of each month at 6:00pm at the South Whidbey Parks & Recreation Center, 5475 Maxwellton Road, Langley, Room 111. Commissioners are:

Joel Gerlach Bob Hezel Don Wood  
Mark Helpenstell Matt Simms

## DISCLAIMERS

### Updates & Errors

This schedule of classes is published for information purposes only. We strive to produce the most accurate brochure possible. However, some program information may have changed after this brochure has gone to print. We will make every effort to notify participants of the changes.

### School Disclaimer

South Whidbey Parks and Recreation programs are NOT sponsored by the South Whidbey School District or the Coupeville School District, and the South Whidbey School District and Coupeville School Districts assume no responsibility for the conduct or safety of the activity. In consideration for the privilege to distribute these materials, the South Whidbey School District and the Coupeville School District shall be held harmless from any cause of action, claim or petition filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees and judgments or awards.

## STAY INFORMED

Subscribe to our e-newsletter and receive regular updates. Visit [www.swparks.org](http://www.swparks.org) and click on the square "Sign Up for News" icon on the right or find us on Facebook.

## ACCESSIBILITY & ACCOMODATION

Individuals with or without disabilities may register for all programs offered by South Whidbey Parks & Recreation District provided program safety can be met. The District provides reasonable accommodations for people with disabilities. Contact the SWPRD office three weeks in advance of the program start date to discuss accommodations. Reasonable accommodations will be determined on a case-by-case basis.

## ADVERTISING

Whidbey Weekly prints and distributes this publication 3 times a year. We welcome you to advertise your program or business along with us. For details, email penny@whidbeyweekly.com.

## INCLEMENT WEATHER & POWER OUTAGES

Programs may be cancelled in the event of inclement weather or power outages. We encourage you to call our voice messaging system at (360)221-5484 before leaving home to determine program status.

## HEALTHY ISLAND YOUTH INITIATIVE SCHOLARSHIP FUND

The Healthy Island Youth Initiative (HIYI) Committee is pleased to announce that it recently received generous donations from Island Thrift, Soroptimist International of Oak Harbor, and Wal-Mart, and an anonymous South Whidbey donor. These donations, will support ongoing efforts to keep organized healthy activities affordable for all local youth in Island County.

The HIYI Scholarship Fund addresses these needs by helping cover the cost of registration fees, equipment and/or other expenses so that youth in Island County can participate in organized physical activities, regardless of their family's economic status.

The South Whidbey Parks & Aquatics Foundation, a 501(c)3 organization, has kindly agreed to become the fiscal agent for HIYI, and will now receive, hold, and distribute funds upon direction from the HIYI committee.

Donations to this fund may now be tax deductible. Donations to the scholarship fund can be made payable to South Whidbey Parks & Aquatics Foundation, and should be mailed to PO Box 157, Freeland, WA 98249, with a note on the memo line directing it to the "HIYI Scholarship Fund".

Any Whidbey Island youth may apply for the assistance to participate in any organized sport or physical activity. The needs-based scholarships are awarded based on financial criteria, and commitment to the activity. Those interested in receiving financial assistance should call Carrie at (360)221-6788 or visit [www.islandcountyahc.org/Page/43](http://www.islandcountyahc.org/Page/43) and print off an application.

## REFUNDS & CREDITS

1. Full refunds will be given for all classes cancelled by SWPRD.
2. Refunds requested and submitted in writing using the Refund Request Form before the early fee deadline date (or at least 5 business days before start of program if no early fee deadline) will be subject to a 10% service fee, with a minimum service fee of \$10.
3. SWPRD account credits requested and submitted in writing using the Refund Request Form before the early fee deadline date (or at least 5 business days before start of program if no early fee deadline) will be good for one calendar year from issue date, for the full fee paid and will not be subject to service fee.
4. Refunds or credits will not be issued if cancelled after deadline date or within 5 business days of program start.
5. To request a refund, a Refund Request Form must be submitted to the SWPRD office in writing. Verbal requests will not be honored. Forms are available at the SWPRD office or online. Please be aware that refund requests may take up to 45 days to process.
6. Refunds will not be issued from an account credit.
7. Refunds will not be issued for programs costing \$10 or less (unless cancelled by SWPRD).
8. One day classes, trips, or special events are not covered under this policy (no refunds or credits available).
9. Certain contract programs, indicated with this symbol: §, have their own refund policies. Contact the contractor directly to inquire about their specific policy.

## KEEP US INFORMED

Do you have ideas or suggestions for new program directions? Is there something you'd like to see us try? Email us your ideas at [programs@whidbey.com](mailto:programs@whidbey.com). We want to hear from you!

## FINANCIAL ASSISTANCE FOR PROGRAMS

There are several needs-based resources available to enable youth to participate in programs with SWPRD. There are also scholarships available for a few adult programs. Call (360)221-6788 for info.

## REGISTRATION INFO

† **Symbol indicates that fee includes 8.7% sales tax. The State of Washington Department of Revenue collects sales tax on fees for certain entertainment and recreation programs.**

§ **Symbol indicates contracted programs that have their own refund policies. Contact the contractor directly to inquire about their specific policy.**

Advance registration is required for all programs unless otherwise stated. It is best if you register at least 2 weeks in advance of any program start date.

All fees are due at the time of registration. We cannot "hold" a space for you without full payment and registration.

All programs have a minimum and maximum enrollment. We request that you register in advance to ensure class minimums are met. We reserve the right to cancel a program if minimums are not met.

There is a \$25 service charge on all returned checks and declined credit cards.

Please use our registration form in this guide for all programs unless otherwise indicated. Registration forms are also available online at [www.swparks.org](http://www.swparks.org)

## HOW TO REGISTER

### Online

For your convenience, you may register online for many of our programs, with no additional fees. Check out this service at [www.swparks.org](http://www.swparks.org).

### By Mail

Send completed registration form and full payment to: SWPRD, 5475 Maxwellton Road Langley, WA 98260

### By Fax or Email

Fax or email completed registration form with credit card authorization. Fax to (360)221-7323 or email to [swparks@whidbey.com](mailto:swparks@whidbey.com). Always call the office at (360)221-5484 to confirm receipt.

### In Person

Walk in to our SWPRD office at 5475 Maxwellton Road, Langley, during our regular business hours. We take cash, check or credit cards at the office.



**1-800-679-3878**

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**COVENANT Janitorial and Maintenance (360) 720-2617**  
**Commercial and Industrial Janitorial Services for all Whidbey Island**



## KIDS' TENNIS TEAM

### YOUTH IN GRADES 1 – 4

Join your friends for after school tennis fun! Whether you're new to tennis or you've taken some classes and know the basics of serving and scoring, Kids Tennis Team is for you! Beginners/Advanced Beginners will learn and review the basics of all strokes and scoring. Intermediate and Advanced players will focus on match play and strategy, in addition to continuing stroke development.

Coaches will meet SWES students at the flagpole after school, and together they will walk to the Primary School Gym. Players can join multiple sessions. All equipment is provided, but bring an after school snack to eat before class.

**Coordinator:** Karyle Kramer, [kkandnb@whidbey.com](mailto:kkandnb@whidbey.com)

**Location:** South Whidbey Primary School Gym

**Min 10/Max 16**

#### SESSION 1

Mon/Wed | Sep 15–Oct 27\* | 3:40–4:30pm  
| \$49

#### SESSION 2

Mon/Wed | Nov 3–Dec 17\* | 3:40–4:30pm  
| \$49

\*No class if there is no school or early release at SWES.



## MIDDLE SCHOOL TENNIS

### YOUTH IN GRADES 5-8, OR YOUNGER WITH COACH PERMISSION.

For players of all levels, including total beginners. Students will learn the basic strokes as well as serving and singles and doubles strategy. If rain forces a class to be canceled, the next class will be twice as long to make up the canceled class. Loaner racquets are available.

**Coordinator:** Karyle Kramer, [kkandnb@whidbey.com](mailto:kkandnb@whidbey.com)

**Location:** SWHS Tennis Courts

**Min 10/Max 24**

Mon/Wed | Sep 15–Oct 8\* | 5:00–6:00pm  
| \$39

\*\*No class if there is no school OR Early Release at LMS.

# FREE Coffee Drink On Us!

Courtesy of **Whidbey Coffee**, the first 50 people who register in-person at the South Whidbey Parks & Recreation office for summer activities listed in this program, will receive a voucher for one **FREE WHIDBEY COFFEE DRINK!**



Take your completed registration form, found on page 4, and turn into the South Whidbey Parks & Recreation office located at 5475 Maxwellton Road in Langley. Office hours can be found on page 3.

**[www.swparks.org](http://www.swparks.org)**

Limit one per person/registration • Voucher redeemable at any Whidbey Coffee location



# 2014 2015 YOUTH BASKETBALL

## For Girls & Boys

We focus on basketball skill development, teamwork, and having fun, and broaden "winning" to include enjoyment of the sport, creating friendships, and learning new skills.



### LEAGUE INFO

Details will be available online. All players, regardless of skill level, will be assigned to a team. Schedules vary based on gym availability & coach.

### COACHES NEEDED

Volunteer coaches are needed for each team in the league and their child plays for free. Applications available online & at SWPRD office.

### REGISTRATION

Please register in person at SWPRD headquarters, or online at [www.swparks.org](http://www.swparks.org).

### CONTACT

South Whidbey Parks & Recreation  
5475 Maxwellton Road  
Langley, WA 98260  
[www.swparks.org](http://www.swparks.org)  
(360)221-6788



### GRADE 1 BOYS & GIRLS

#### Little Dribblers

Registration Deadline: Oct. 6  
Season: Tuesdays & Thursdays, Oct 21 - Nov 6  
Fee: \$50 includes ball if registered by Oct. 6

### GRADES 2-3 BOYS & GIRLS

#### Basketball League

Registration Deadline: Jan. 1  
Season: January - March;  
Games: Tuesdays & Thursdays\*, Feb - Mar  
Fee: \$75 includes tax & team shirt.

### GRADES 4-5 BOYS & GIRLS

#### Basketball League

Registration Deadline: Jan. 1  
Season: January - March  
Games: Mondays & Wednesdays\*, Feb - Mar  
Fee: \$75 includes tax & team shirt.

### GRADES 6-8 GIRLS

#### Basketball League

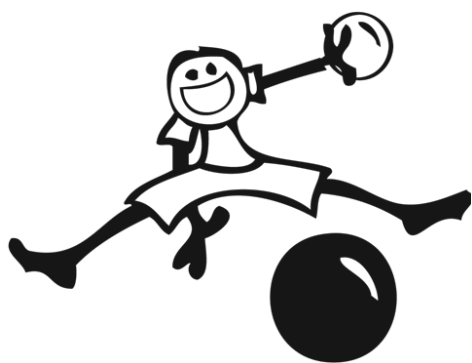
Registration Deadline: Oct. 1  
Season: Mid-October-December  
Games: Wednesdays & Saturdays\*, Nov - Dec  
Fee: \$75 includes tax & team shirt.

### GRADE 6-8 BOYS

#### Basketball League

Registration Deadline: Jan. 1  
Season: January - March  
Games: Tuesdays & Thursdays\*, Feb - Mar  
Fee: \$75 includes tax & team shirt.

\*SWPRD reserves the right to make schedule changes as needed



## YOUTH DODGEBALL

### DIVISIONS FOR GRADES 4 - 8

Play the game how it was meant to be played: with you as the target! Are you looking for an indoor activity to get you through these long winter months? Then we've got the sport for you! We use special coated foam "gator" balls that are designed for speed, accuracy, and minimal risk of injury. These are not the old rubber playground balls.

Teams play rotating games Wednesday nights and will be monitored by Coach Erin. Please register by November 1. Parent "Team Captains" are needed to make this program a success. Team captain's child will play for free. Applications available online.

**Coordinator:** Carrie, (360)221-6788, [programs@whidbey.com](mailto:programs@whidbey.com)

**Location:** Langley Middle School Gym

### GRADES 4-5

Wed | Nov 5-Dec 17\* | 5:00-6:00PM | \$40†

### GRADES 6-8

Wed | Nov 5-Dec 17\* | 6:15-7:15PM | \$40†

\*Except Nov 26.

†Fee includes 8.7% sales tax.



## START SMART SPORTS

### AGES 3 THROUGH KINDERGARTEN, WITH A PARTICIPATING ADULT

This fun sports development program prepares children for the world of organized sports. Parent and child work together to learn throwing, catching, kicking, hitting (the good kind), and good sportsmanship! Sports covered will be fun and scaled down to your



## Polar Bear Plunge

Thursday • January 1 • Noon

Start the new year off with a splash! Join a fun-loving crowd of nearly 200 jumpers for a bone chilling dive into 2015. A New Year's tradition since 2004.

**DETAILS** Registration opens at 10:30am. Splash at noon. Swim at your own risk; no lifeguard on duty.

**FEE** \$15 includes shirt (while supplies last - register in advance online at [www.swparks.org](http://www.swparks.org)), hot drinks and festive atmosphere.

**CONTACT** Jon at [jgabelin@whidbey.com](mailto:jgabelin@whidbey.com) or [www.swparks.org](http://www.swparks.org)

**LOCATION** Double Bluff beach at 6325 Double Bluff Rd., Freeland

**WHY???** It's fun. Seriously!

Plus it benefits 4-H Teen Ambassadors.



\$15

Photo by Terry Welch

SWIM .5 | BIKE 19.5 | RUN 3.8

## TRY A TRI

August, 2015



## WHIDBEY ISLAND TRIATHLON

You saw the bikers go by. You cheered for a swimmer. You were part of the support team. It looked fun, didn't it?!

**It's your turn. Start now. We'll help you.**

Begin by walking & running our trails this fall. Keep it going through the winter with the Running Under the Lights program. Start cycling (ask us for a cycling map of Whidbey). Practice with the Open Water Swim group early next summer.



**Langley, WA**

child's size and ability. Burn off some energy with us while learning how to be part of a team!!

**Instructor:** Coach Erin is an energetic and fun leader, looking forward to sharing her passion for sports with your youngsters, [sports@whidbey.com](mailto:sports@whidbey.com).

**Location:** LMS Gym  
**Min 6/Max 14**

**Sat | Oct 4–Nov 8 | 9:30–10:15am | \$60**

**Sat | Nov 15–Dec 20 | 9:30–10:15am | \$60**



## LITTLE DRIBBLERS BASKETBALL

### FOR BOYS & GIRLS IN GRADE 1

Little Dribblers focuses on the basics of basketball and is a fun first introduction to the game. Players will learn passing, shooting, dribbling, and game play, focusing on respect, teamwork and responsibility. Coach Erin is an energetic and fun leader, and looking forward to sharing her passion for the game of basketball. Kids are sure to learn to love this great lifetime sport.

Bonus! Those who register by Oct. 6 will receive a 27.5" ball to keep. Bring clean court shoes and gym clothes, after-school snack, & a water bottle. Coach can meet students at the SWES flagpole after school to walk them to class. Please indicate this at registration if desired, & give school a permission note.

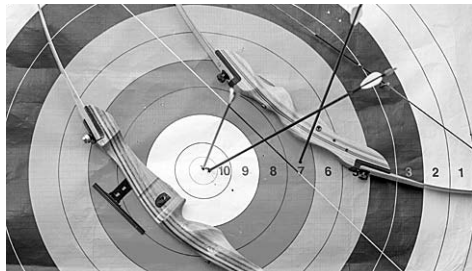
**Instructor:** Coach Erin [sports@whidbey.com](mailto:sports@whidbey.com)

**Location:** SW Primary School Gym

**Min 6/Max 20**

**Tue/Thu | Oct 21–Nov 6 | 3:45–4:30PM | \$50\***

\*Includes size-appropriate ball if registered by Oct. 6.



## ARCHERY

Archery is in the works! Our long-time archery coach, Glen Harris, has retired and we are in the process of rebuilding the program with a new instructor. We were incredibly fortunate to have an Olympic level coach start archery at South Whidbey and are grateful to coach Glen for his dedicated service to the youth of Whidbey Island and we'll miss his amazing coaching skills. But don't disparage! Please check the website for updates on the Archery program.

## DROP-IN BASKETBALL

### ADULTS 18+

Come out and play a pick-up game of basketball with your peers. Refine your skills, get in shape, and Hoop It Up!! These programs are free, but donations are appreciated and support our Youth Basketball Scholarship fund. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability (see registration form).

**Coordinator:** Jeff Charizio (360)331-5545

**Location:** SW High School Auxiliary Gym\*

**Mon/Wed | Sep 15–Dec 17\* | 6:30–8:30 pm\* | Free**

\*Schedule & locations vary frequently. Please check with your coordinator for schedule updates.



## DROP-IN VOLLEYBALL

### ADULTS 18+

Join us for a game of volleyball with a great group of people. Enjoy a fun 2-hour workout while playing volleyball, and improving your skills. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability (see registration form).

**Coordinator:** Amber O'Brien (360)320-1757

**Location:** LMS Gym\*

**Tue | Sep 16–Nov 26\* | 6:30–8:30pm | Free**

\*Location & schedule may vary on South Whidbey School District early release or non-school days. Please check with coordinator for schedule updates.

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8:30-5:00**

**341-3504**

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## THURSDAY NIGHT LIGHTS

**ALL AGES WELCOME, YOUTH MUST BE ACCOMPANIED BY AN ADULT**

Bundle up and fight the winter slump by embracing the cold, and running or walking with us on a well-lit track. Did you make new fitness goals this year? We encourage you to come out and run or walk with us Thursday nights! Youth must have parent permission to participate. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability (see registration form).

**Coordinator:** *Carrie programs@whidbey.com*

**Location:** *SWHS track at 5675 Maxwellton Road, Langley.*

**Thu | Nov 13–Feb 12\* | 5:45–6:45pm | FREE**

\*Except Nov 27, Dec 25.

## SNOWRIDER BUS

**ADULTS CAN RIDE TOO!**

Did you know adults can ride our Saturday

Ski Bus now? If you don't mind riding with a crowd of kids, we can give you and a few other adults a lift to the mountains. Skip worrying about the road conditions, enjoy safe and reliable transportation on a luxury bus, and turn a 3 hour drive into a 3 hour nap! Plus, if you ride with us, you get discounts on lift tickets! Convenient pick-ups in Coupeville, Clinton and more!

Join us for the 8-week season to get your best savings, or pick and choose from our a la carte options. SnowRider is your ride to the mountains. Schedule: Saturdays in January & February.

See website in October for fees, bus schedule and more.

## BELLY DANCE BASICS

**ADULTS AND YOUTH AGES 16+**

Please come explore the beautiful and graceful movements of belly dancing in a fun, social environment. Learn basic belly dance movements and foundations, through gentle repetition, and an introduction of rhythms and props. Students will learn a general history of the dance from its roots in the Middle East to its current resurgence in the West. This class is for those with little or no experience or those looking for a new way to add a little exercise to their life. Instructor Gwendolyn keeps the class lighthearted and fun. Please wear comfortable loose clothing you can move around in and a coin belt or scarf to tie around your hips (Gwendolyn has some available at class).

**Instructor:** *Gwendolyn is authentic, talented, and professional, and her passion for her craft is evident. Her 10+ years of experience*

*include practicing and learning from a wide variety of well known and respected teachers from around the world. Gwendolyn has performed throughout the West Coast at concerts, festivals, restaurants, competitions and haflas (belly dance recitals). Email her at gwendolynbellydancer@yahoo.com.*

**Location:** *SWPRD Room 125*

**Min 5/Max 12**

### BELLY DANCE BASICS I

**Tue | Oct 21–Nov 25 | 5:15–6:15PM | \$72**

### BELLY DANCE BASICS II\*

**Tue | Sep 16–Oct 21 | 6:30–7:30PM | \$72**

**Tue | Oct 28–Dec 2 | 6:30–7:30PM | \$72**

\*For those who have taken Basics I, or by instructor approval.

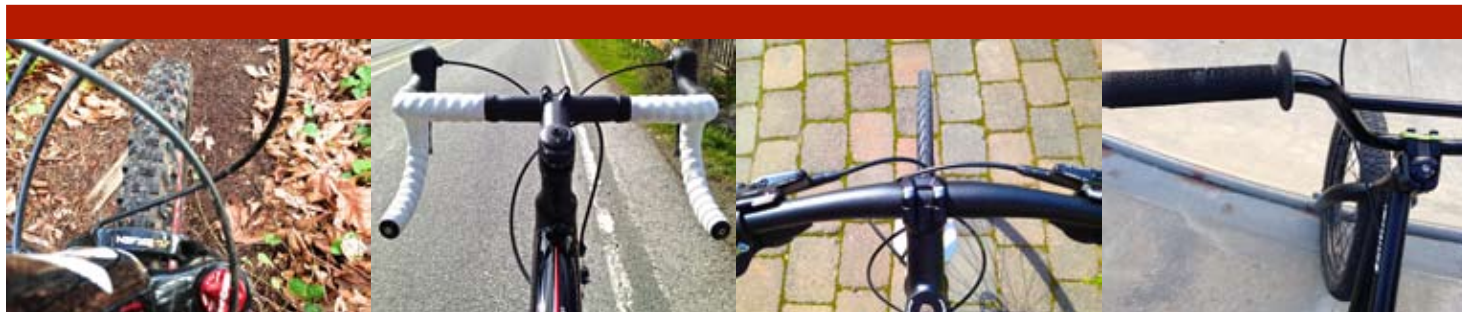


# MUSIC TOGETHER®

THE JOY OF FAMILY MUSIC®

### CHILDREN BIRTH TO FIVE YEARS & THEIR GROWN-UPS

Music Together® is based on the premise that all children are musical and parents/caregivers play a crucial role in activating and nurturing their child's musical development. Classes include songs, rhythmic rhymes,



# RIDE

# Whidbey

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SOUTH WHIDBEY PARKS & RECREATION (360)221-6788 WWW.SWPARKS.ORG

# SnowRider

Ski & Snowboard Bus for Ages 10+



movement, and instrument play. Activities are playful, non-performance-oriented musical experiences - developmentally appropriate for children and easy for parents and caregivers - regardless of their own musical ability. Best of all, it's fun!

**FREE DEMO CLASS!** Tuesday, September 2nd @ 10:00-10:45AM. RSVP Required, call (360)221-6788.

**REFERRAL INCENTIVE:** Please invite your friends! If they decide to register and you referred them, you can receive a discount on your tuition! Contact instructor for more info.

**Instructor:** *Jess Monett started playing the piano when she was six years old and discovered her passion for music. She received a B.S. in Music Education, then began her career as the band director at LMS. Jess is also on staff at Joe's Island Music, teaching piano and band. She enjoys accompanying jazz bands, wind ensembles, orchestras, choirs, & musicals, and is thrilled to share music with children. Contact her at [musictogetherwhidbey@gmail.com](mailto:musictogetherwhidbey@gmail.com)*  
**Location:** SWPRD Room 125  
**Min 6/Max 12**

### **"BONGOS" SESSION (10 CLASSES)**

**Tue | Sep 16-Nov 18 | 9:30 -10:15am |**  
**Tuition: \$103\* additional siblings 9 months - 5 years: \$80**

\* Additional registration fee of \$40 per family is due at first class and paid directly to director. Checks may be written out to MTWI. Class materials include two CD's, music activity book and parent guide so you can continue the musical experience throughout the week.



## **DRAWING WITH ZENTANGLE**

### **ADULTS AND YOUTH 13+**

If greater creativity and balance are among your goals, look no further than Zentangle—a type of meditation achieved through pattern-making, created by artist Maria Thomas and Rick Roberts. Each pattern is built one line at a time, organically combining simple patterns into complex zentangles in unplanned, unexpected ways that grow, change and unfold on the page as you enter an immersive state of flow. There are no mistakes and you don't have to know how to draw.

You will learn the fundamentals of art and basic drawing techniques including line, contour, value, texture, form and shapes. Drawing reduces stress, improves brain function, creative thinking and problem solving skills. Anyone can draw and create a Zentangle!

**Instructor:** *Quinn Fitzpatrick*

**Location:** 5475 Maxwelton Rd., Room 125

**Wed | Oct 29-Nov 19 | 5:30-6:30pm | \$60\***

\*Plus \$10 materials fee, paid directly to instructor on the first day of class.

## **BEGINNING GUITAR**

### **ADULTS AND YOUTH 13+**

Have fun while learning how to play acoustic guitar! Gain a solid foundation and the tools to play thousands of songs using traditional and contemporary sources in folk, country, gospel, blues, bluegrass and rock styles. Learn fundamental chords, progressions, strums and fingerpicking. By the end of this course, you will have the resources to play many songs in different styles.

Beginning guitar is geared toward folks who have no guitar playing experience whatsoever and would like to sample playing guitar with a thorough, encouraging and patient instructor. This class also makes a great refresher for those with some playing experience. Loaner guitars are available, be sure to reserve one prior to the first class. All materials included!

**Instructor:** *Quinn Fitzpatrick is a patient and thorough instructor. Don't miss out on this opportunity to learn from this gifted acoustic guitarist and composer. For more info on the instructor please visit [www.quinnfitzpatrick.com](http://www.quinnfitzpatrick.com)*

**Location:** 5475 Maxwelton Rd., Room 125

**Wed | Oct 29-Nov 19 | 6:30-7:30pm | \$60**



# Dancing on Whidbey Island

**NOW ENROLLING!**

*Classes For All Ages! Adult Discounts*

Ballet & Pointe · Lyrical · Modern · Tap & Jazz · Hip Hop

Musical Dance Theater · Creative · Pre-Dance · Gymnastics

# Island Dance

**360-341-1282 · 714 Camano Avenue · Langley**  
[islanddance@whidbey.com](mailto:islanddance@whidbey.com) · [islanddanceandgymnastics.com](http://islanddanceandgymnastics.com)







**Instructor:** Quinn Fitzpatrick. For more info on the instructor please visit [www.quinnfitzpatrick.com](http://www.quinnfitzpatrick.com)

**Location:** 5475 Maxwellton Rd., Room 125

Wed | Oct 29-Nov 19 | 7:30-8:30pm | \$60

## CLASSICAL MUSIC & OPERA

### FINDING JOY IN MUSIC

#### ADULTS AND YOUTH 16+

Join us for four 2-hour classes led by a skilled instructor with vast experience in a life-long exploration of how to find ever more excitement in classical music, seeking the utmost experience from music, both familiar and new. Guaranteed fun for everyone no matter how new or familiar with classical music.

In an air-conditioned home theater with state-of-the-art sound and video, we will experience samples of what can be thrilling, powerful, hilarious, sad and/or beautiful in music, both vocal and instrumental. We will explore, and learn from, differences in how

each of us experiences music. We watch and listen to outstanding performances, seeking always to understand what makes them so moving. The goal is to expand our ways of experiencing what can make music and musical theater so nourishing and fun. Please bring an eagerness to experience new sources of joy, an openness to how others experience, and a willingness to agree to disagree about strongly held opinions.

**Instructor:** Rod Parke has 25 years reviewing classical and opera, 6 years teaching English and 2 years teaching a course on how to listen to music (Experimental College of the U of W). Contact Rod: [parker73@comcast.net](mailto:parker73@comcast.net)

**Location:** A private home theater in Langley, location TBA. Location has 15 steps to be negotiated.

**Min 1; Max 12**

Free demo class: Oct 1. RSVP Required, sign up online at [www.swparks.org](http://www.swparks.org)

Wed | Oct 1, Nov 5, Dec 3, Jan 7 | 10am-12pm | \$20

## BLUES & JAZZ GUITAR

#### ADULTS AND YOUTH 13+

Learn the basics of Blues and Jazz guitar: chords, scales and rhythms. Learn how to navigate up the fretboard, chord melody, fingerstyle, funk, uptown blues and bossa nova. We'll cover standards and popular tunes. No note reading required but helpful. Music will be written in tablature and standard notation. Please bring an acoustic guitar. This class will take your playing to the next level! All materials included.

# South Whidbey Children's Center Preschool for ages 2.5 through 5 years

- Research-driven curriculum
- Low teacher-to-child ratios
- Certified teachers
- Kindergarten readiness
- Outdoor play – every day
- Relationship based learning
- NAEYC accredited
- Participating in Early Achievers

Part Day – Monday thru Friday  
Pick-up by 1:00 pm • 2-day minimum

Full Day – Monday thru Friday  
Pick-up by 5:30 pm • 2-day minimum

To register or more information call 360-221-4499  
Monday – Friday 6:30 am – 5:30pm  
120 6th St • Langley • [www.swchildrenscenter.com](http://www.swchildrenscenter.com)

DSHS accepted  
Tuition Assistance generously provided by  
The United Way and Arise Charitable Trust



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## DRAWING NATURE

### ADULTS, OLDER YOUTH BY PERMISSION

Come study with professional artist, illustrator, and field-journal-keeper, Susan Zwinger. Do you love plants and wildlife, and long to do simple, but elegant line drawings in your journals, garden book, or class projects? This drawing method, Ippon Sen, teaches everyone to draw. Even "non-drawers". In a few weeks you will be executing lovely and informative nature illustrations.

**Supply list:** pencil, charcoal or conte or chalk; newsprint or "throw away" paper, nice drawing tablet or journal, good black pen (roller-ball).

**Instructor:** Susan Zwinger's natural history essays have been collected in anthologies and published in journals. Her first book received the Governor's Author's Award. She is known for her ability to teach workshops in natural history, writing, art and illustrated journaling. She has been hired by The Nature Conservancy, Audubon, National Park Institutes, and the Smithsonian, to combine the skills of art and writing into the science of natural history. Contact: zbird7@whidbey.com.

**Location:** SWPRD Room 111. We also will work outside some.

**Min 7; Max 22**

Thu | Oct 2-Nov 20 | 10-11:30am | \$130\*

\*Additional \$4 materials fee for joint art supplies paid to instructor at first class.



Bring the entire family to the Island County Children's Day Celebration for a fun-filled day featuring **ALL FREE** activities, including:

- Inflatable bounce houses
- Free lunch
- Games
- Ponies
- Entertainment
- Dozens of interactive booths

For information, please contact South Whidbey Parks & Recreation at (360) 221-6788 or visit [www.swparks.org](http://www.swparks.org).

**Location:** South Whidbey Community Park  
A.K.A. "Castle Park"  
5495 Maxwellton Road, Langley

**Really Bad Weather?** Please visit [www.swparks.org](http://www.swparks.org) or call (360)221-6798 in the event of inclement weather for the alternate indoor location.

Children's Day is funded in partnership by Island County Public Health, South Whidbey Park & Recreation, Amerigroup of Washington, Aptitude Habilitation Services, Sno-Isle Libraries, South Whidbey Kiwanis, South Whidbey Children's Center, United Way of Island County, Payless Food Stores, Kiichli's Bagels, The Goose, Donut Master's, Mukilteo Coffee, and Partners for Young Children and generous private donors.





salmon in the freezer. Youth under the age of 12 must be accompanied by an adult, and parent participation is encouraged.

To Register: Participants first need to obtain a Fishing license and Salmon Catch Record Card. Under 15 years a fishing license is not required and the Salmon Catch Record Card is free. (Available at Ace Hardware, SEBO's Do-It Center, and Jim's Hardware). Registration is available online at [www.swparks.org](http://www.swparks.org). What to Bring: Weather appropriate clothing (layering is best). Salt water fishing gear if you have it. Gear will be provided if you don't. Snacks and water will be provided.

**Instructors:** Volunteers from The HUB, The Fishin' Club of Whidbey Island, and other seasoned anglers. For questions email: [TheHUBYouthCentral@whidbey.com](mailto:TheHUBYouthCentral@whidbey.com)  
**Location:** On the beach to the left of the Mutiny Bay Launch Ramp in Freeland.  
**Max 30 kids per day. Please register for one day only. Registration opens Sept. 8.**

**EITHER:**  
**Saturday | Sep 20 | 2:30-5:30 pm | Free**  
**OR:**  
**Sunday | Sep 21 | 3:00-6:00 pm | Free**



## SPORTS FOR DOGS: K-9 NOSEWORK

### ADULTS & YOUTH WITH AN ADULT

This fast-growing dog sport teaches how to encourage and develop your dog's amazing natural scenting ability by using its desire to hunt and its love of food, toys, and exercise. This exciting detection style activity is appropriate for dogs of any breed, or physical ability and handlers of all ages and abilities. Each dog works separately, one at a time, so this is a perfect class for dogs unsuited for a group setting. Conducting indoor searches makes the sport an ideal mental & physical exercise for our rainy climate. Your quality instructors will teach you how to develop and expand the talents of your dog's nose.

**Instructor:** Georgia Edwards, CNWI (Certified Nosework Instructor) [k9nosework@whidbey.net](mailto:k9nosework@whidbey.net) or (360)579-1030.

**Location:** SWPRD Rec Center Room 125.  
**Max 8 per class.**

### NW-1 BEGINNING NOSEWORK

Sun | Sep 28-Nov 9\* | 11am--12:30pm | \$140\*

Tue | Sep 30-Nov 4 | 11am--12:30pm | \$140\*

### NW-2B WORKING WITH ODOR

Sun | Sep 28-Nov 9\* | 1-2:30PM | \$140\*

Tue | Sep 30-Nov 4 | 1-2:30PM | \$140\*

### NW-3 CONTINUING NOSEWORK

Sun | Sep 28-Nov 9\* | 3-4:30PM | \$140\*

Tue | Sep 30-Nov 4 | 3-4:30PM | \$140\*

\*No class Oct. 26



## SOUTH WHIDBEY PARKS & RECREATION PARKS & FACILITIES

|                             |                              | Trails | Waterfront | Lake Swimming* | Boat Ramp | Fishing Access | Playground | Horse Trail | Basketball Court | Soccer Field | Baseball & Softball Fi | Skate Park & Pump T | Picnic Shelter | BBQ Grill | Toilet/Restroom | Meeting Rooms | Reservation Options |
|-----------------------------|------------------------------|--------|------------|----------------|-----------|----------------|------------|-------------|------------------|--------------|------------------------|---------------------|----------------|-----------|-----------------|---------------|---------------------|
| COMMUNITY PARK              | 5495 Maxwellton Rd, Langley  | •      |            |                |           |                | •          |             | •                | •            | •                      | •                   | •              | •         | •               | •             | •                   |
| SPORTS COMPLEX              | 5598 Langley Rd, Langley     | •      |            |                |           |                | •          |             |                  | •            |                        |                     | •              | •         | •               |               | •                   |
| TRUSTLAND TRAILS            | Craw Road & Hwy 525, Langley | •      |            |                |           |                |            | •           |                  |              |                        |                     | •              |           |                 |               |                     |
| DEER LAKE PUBLIC ACCESS     | 4330 Bucktail Lane, Clinton  |        | •          | •              | •         | •              |            |             |                  |              |                        |                     |                |           | •               |               |                     |
| LONE LAKE PUBLIC ACCESS     | 5075 Lone Lake Rd, Langley   |        | •          |                | •         | •              |            |             |                  |              |                        |                     |                |           | •               |               |                     |
| GOSS LAKE PUBLIC ACCESS     | 5235 Lakeside Dr, Langley    |        | •          | •              | •         | •              |            |             |                  |              |                        |                     |                |           | •               |               |                     |
| RECREATION CENTER & OFFICES | 5475 Maxwellton Rd, Langley  | •      |            |                |           |                |            |             |                  |              |                        |                     |                |           | •               | •             | •                   |

### RESERVATIONS

We request that all groups planning to use our facilities or fields notify us in advance by submitting a Reservation Request Form, which is available on our website and at our park office. Requests are filled on a first-come, first-served basis, depending on availability. Rental fees may apply. For additional information about availability and rates, call (360)221-5484 or visit [www.swparks.org/reservations](http://www.swparks.org/reservations).

### Sports Fields

We have softball, baseball, soccer, and open fields available. Scheduling information for leagues, tournaments and teams is available by calling the Director at (360)221-6488.

### Facilities

You can affordably rent space for parties, meetings, classes, and special events at

our new recreation headquarters or The Crow's Nest (located on the 2nd floor of the Concession Stand) at Community Park.

### Picnic Shelters

Our picnic shelters are available for reservation for your party or event. Although shelter use is usually free of charge, we do require advance reservation. Picnic shelters can accommodate 45-75 people.



## SCHEDULE AT A GLANCE

- Sep 2 Music Together Free Demo
- Sep 15 Kids' Tennis
- Sep 15 Middle School Tennis
- Sep 15 Adult Drop-In Basketball
- Sep 16 Music Together: Bongos!
- Sep 16 Adult Drop-In Volleyball
- Sep 16 Belly Dance Basics 2
- Sep 20 Fishin'Whidbey
- Sep 21 Fishin'Whidbey
- Sep 25 Drawing Animals
- Sep 27 Children's Day
- Sep 28 Sports for Dogs: K9 Nosework
- Sep 30 Sports for Dogs: K9 Nosework
- Oct 1 Basketball Registration Deadline, for Girls Grades 6-8 Basketball
- Oct 1 Classical Music & Opera Free Demo
- Oct 2 Drawing Nature
- Oct 4 Start Smart Sports
- Oct 8 Sign Language
- Oct 21 Little Dribblers Basketball
- Oct 21 Belly Dance Basics 1
- Oct 28 Belly Dance Basics 2
- Oct 29 Drawing with Zentangle
- Oct 29 Beginning Guitar
- Oct 29 Blues & Jazz Guitar
- Nov 3 Kids' Tennis
- Nov 5 Youth Dodgeball
- Nov 5 Classical Music & Opera
- Nov 5 Sign Language
- Nov 13 Thursday Night Lights
- Nov 15 Start Smart Sports
- Jan 1 Polar Bear Plunge
- Jan 1 Registration Deadline for Boys & Girls Basketball Grades 2-5
- Jan 1 Registration Deadline for Boys Grades 6-8 Basketball
- Jan 3 SnowRider Begins (Tentative Date)

## HELP WANTED

### PROGRAM INSTRUCTORS

Do you have experience teaching art, fitness, movement, dance, or sports? Do you have a great idea, hobby or something new to add to our list of programs? If you answered yes and have something you'd like to add, give us a call! Contact Carrie at [programs@whidbey.com](mailto:programs@whidbey.com) and download a program proposal packet at <http://www.swparks.org/employment.html>

### BASKETBALL REFEREES

Seeking youth 16+ and adults who know and love the game of basketball to officiate our youth basketball league. Referees are compensated for their time working on the court, in addition to the intangible rewards of impacting youth lives. Pay range is minimum wage and up for youth and adults 16+ years of age, depending upon experience and availability. Visit [www.swparks.org/employment.html](http://www.swparks.org/employment.html) for more information.

### We offer gift certificates for all our park programs.

A wonderful gift idea that won't clutter your closet. Give your grandson archery lessons. Surprise your daughter with snowboarding lessons at Stevens Pass on the Snowrider Bus.

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### WhidbeyTV *Complete*

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**\$119<sup>95</sup>\*** PER MONTH FOR 6 MONTHS WHEN BUNDLED  
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\*Six month Promotional Discount applies to either WhidbeyTV Essentials, Prime or Complete when combined with Whidbey Telecom High Speed Internet (Power6, Premium, Turbo, Nitro or XtremeB) and either Premium Voice or Spark Residential voice services. Six month Promotional Discount when bundled is \$30/mo. for the first six months of WhidbeyTV service. DVR service is \$14.95/mo. after the first 12 months. One (1) year commitment required. Early termination fee applies. Offer good for new customers only. A new customer constitutes not having WhidbeyTV service at any time during the previous six (6) months or more. Account must be in good standing. Restrictions apply. Programming, pricing and offers subject to change without notice. WhidbeyTV is available in qualified areas. †WhidbeyTV Complete includes free DVR service while account is active and in good standing. Early Termination Fee: If service is cancelled within the first 12 months, customers will be charged the regular price for the months of service used during the Promotional Discount period. This equates to a rate of \$20 per month for WhidbeyTV service and \$14.95 per month for WhidbeyTV Whole Home DVR service. See complete list of channels on our web site.