

Summer Activity Guide

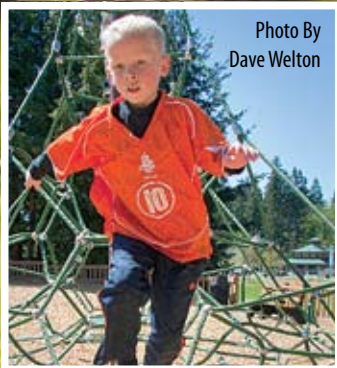


Photo By
Dave Welton



Photo By Dave Welton



Outdoor Activities | Adult Classes | Music & Art
Special Events | Fitness & Sports | and more!



MEGA SPORTS VBS CAMP!

- When:** Registration and Preview Event
Monday July 16th 7-8:30 pm
VBS July 17th - 20th, 9:00 - 11:30 am
- Who:** Ages Kindergarten (completed) -
5th grade (completed)
- What:** Sports Camp, Bible Stories, Skits, Craft,
Games and Snack
- Cost:** Free!
- Where:** 503 Cascade Avenue in downtown Langley

Questions? Call CMA (360) 221-6980 or pre-register on our website at www.langleycma.org

FREE Coffee Drink On Us!

Courtesy of **Whidbey Coffee**,
the first 50 people who register in-person
at the South Whidbey Parks & Recreation
office for summer activities listed in this
program, will receive a voucher for one
FREE WHIDBEY COFFEE DRINK!

Take your completed registration form, found on page 4, and turn into the
South Whidbey Parks & Recreation office located at 5475 Maxwellton Road
in Langley. Office hours can be found on page 2.

www.swparks.org

Limit one per person/registration • Voucher redeemable at any Whidbey Coffee location



Contact Info

SWPRD Recreation Center & Offices

5475 Maxwelton Rd, Langley, WA 98260

Mailing Address

P.O. Box 136, Langley, WA 98260

Office Hours

Mon-Thu, 8:30AM–5:00PM; Fri, 8:30AM–4:30PM

Office Closures

May 28 • July 4 • September 3

Other

Phone (360) 221-5484; Fax (360) 221-7323

E-mail swparks@whidbey.com

Website www.swparks.org

Board of Commissioners

The SWPRD Board of Commissioners meets the third Wednesday of each month at 7:00 p.m. at the Community Meeting Room, South Whidbey Parks & Recreation offices, 5475 Maxwelton Road, Langley. Commissioners are:

**Joel Gerlach • Mark Helpenstell
Jim Porter • Matt Simms • Don Wood**

Disclaimer: South Whidbey Parks and Recreation programs are NOT sponsored by the South Whidbey School District or the Coupeville School District, and the South Whidbey School District and Coupeville School Districts assume no responsibility for the conduct or safety of the activity. In consideration for the privilege to distribute these materials, the South Whidbey School District and the Coupeville School District shall be held harmless from any cause of action, claim or petition filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees and judgments or awards.

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Carrie Monforte

Program Coordinator

(360) 221-6788 programs@whidbey.com

MISSION STATEMENT

The mission of the South Whidbey Parks & Recreation District is to provide all residents and visitors in the district a variety of recreational activities and facilities. This should be fun and safe and be well integrated into our island community and environment. It should also be educational and healthful, providing opportunities for individuals and our community to play well together. It is our mission to best achieve this through community participation.

South Whidbey PARKS & FACILITIES

		Acreage	Parking	Nature Trails	Lake	Lake Swimming	Boat Ramp	Fishing	Play Structure	Horse Trail	Basketball Court	Soccer Fields	Baseball & Softball	Athletic Fields	Bicycle Trails	Picnic Area	Toilets/Restrooms	Recreation Programs	Reservable Space	BBQ
COMMUNITY PARK	5475 Maxwelton Rd, Langley	•	•	•					•		•	•	•	•	•	•	•		•	•
SPORTS COMPLEX	5598 Langley Rd, Langley	•	•	•					•			•		•		•	•		•	•
TRUSTLAND TRAILS	Craw Road & Hwy 525, Langley	•	•	•						•					•	•	•		•	
DEER LAKE PUBLIC BEACH	4330 Bucktail Lane, Clinton	•	•		•	•	•	•								•	•			
LONE LAKE PUBLIC BEACH	5075 Lone Lake Rd, Langley	•	•		•	•	•	•								•	•			•
GOSS LAKE PUBLIC BEACH	5235 Lakeside Dr, Freeland	•	•		•	•	•	•								•	•			
REC CENTER & OFFICES	5475 Maxwelton Rd, Langley	•	•	•													•	•	•	

Parks, Facilities & Fields

Reservations

Anyone wishing to make a reservation must fill out a facility use request form, available on our website and at our park office. Requests are filled on a first-come basis, depending on availability. Facility rental fees may apply. For additional information about availability and rates, contact the SWPRD office.

Sports Fields

For your athletic needs, SWPRD has softball, baseball, soccer and grass fields available. While use is usually free of charge, we do require advance reservation. Scheduling info for leagues, tournaments and individual teams is available by calling (360) 221-5484.

Facilities

You can now rent or reserve space for parties, meetings, classes, special events and more at our new recreation headquarters at 5475 Maxwelton Road, Langley. The former SWPRD office (the Crow's Nest) at Community Park is also available.

Picnic Shelters

Our 3 picnic shelters at Community Park and the Sports Complex are available for reservation for your party or event. Although shelter use is usually free of charge, we do require advance reservation. Picnic shelters can accommodate 45-75 people.

Other Local Parks

Island County Parks

Includes Maxwelton Beach, Dave Mackie Park, Dan Porter Park, Freeland Park & Hall, Mutiny Bay Boat Ramp, Double Bluff, Marguerite Brons Memorial Park, Putney Woods, Trillium Woods, and Baby Island Hts. (360) 679-7373

Washington State Parks

Includes South Whidbey State Park, Fort Casey, Fort Ebey, Joseph Whidbey, and Deception Pass. (360) 902-8844

Port of South Whidbey

Includes Possession Beach Waterfront Park, Langley Boat Harbor, Bush Point Boat Launch, Mutiny Bay Facility, and Clinton Beach Fishing Pier. (360) 331-5494

REGISTRATION FORM

Mail registration form with credit card info or check payable to SWPRD, PO Box 136, Langley, WA 98260, or fax to (360)221-7323.
You can also register online at www.swparks.org with no extra fees!

Name (Last, First)		Phone	Alt. Phone	Birthdate (Youth)	Age	Grade
Address		City	State	Zip	Gender	
Email(s)		Check here to receive our e-newsletter []	Height (Bball)	Circle your unisex shirt size (if applicable)	Youth: S M L Adult: S M L XL 2X	
Please list any health, behavioral or medical concerns.						
Emergency Contact (Other than those listed below)		Phone(s)	Relationship to participant Authorized to pick up child: Yes No			
Parent/Legal Guardian (Required for youth only)		Phone(s)	Relationship to participant			
Parent/Legal Guardian (Required for youth only)		Phone(s)	Relationship to participant			

Program Title	Start Date	Fee	Tax	Total
				\$
				\$
				\$
				\$
				\$
				\$

Waiver / Release of Liability		Credit Card Payment	
I agree to hold harmless the South Whidbey Parks & Recreation District, Island County, and South Whidbey School District, and their officials, employees and agents for any and all claims for personal injury and damage in which damage and injury is or appears to be proximately caused by my participation or the participation of the child for whom I am responsible in this recreation program. Furthermore, I hereby consent that images (photographs, video recordings, etc.) of me or my child engaged in above activities may be used for promotional purposes.		Credit Card #	
		Name on Card	
		Exp. Date	3 digit code on back of card
Signature		Signature	

OFFICE USE ONLY	Method	Rec'd By	Date	Amount	Receipt #
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Registration Information

- Advance registration is required for all programs unless otherwise stated.
- All fees are due at the time of registration.
- All programs have a minimum and maximum enrollment. We request that you register in advance to ensure class minimums are met.
- We reserve the right to cancel a program if minimums are not met.
- There is a \$25 service charge on all returned checks.
- Please use our general registration form in this guide for all programs unless otherwise indicated.
- Registration forms are also available online at www.swparks.org.

4 Ways to Register

Online

For your convenience, you may now register online for many of our programs, with no additional fees. Check out this new service at www.swparks.org.

By Mail

Send completed registration form and full payment to: SWPRD, P.O. Box 136, Langley, WA 98260

By Fax or Email

Fax or email completed registration form with credit card authorization. Fax to (360)221-7323 or email to swparks@whidbey.com. Call the office at (360)221-5484 to confirm receipt.

In Person

Walk in to our SWPRD office at 5475 Maxwellton Road, Langley, during our regular business hours.

Refund Policy

- Full refunds will be given for all classes cancelled by SWPRD.
- If you need to cancel your registration before the second session, we will refund your full registration fee, minus a \$5 processing fee, or issue a credit good for one calendar year, for the full fee. After the second session, a refund or credit will not be issued.
- To request a refund, a Refund Request Form must be submitted to the SWPRD office before the second session. Please be aware that refund requests may take up to 45 days to process.
- Refunds will not be issued from a credit.
- Refunds will not be issued for programs costing \$5 or less, unless cancelled by SWPRD.
- One day programs, trips, or special events are not covered under this policy (no refunds or credits available).
- Contracted programs have their own refund policies that we follow. Call for more information.
- Every effort is made to insure that the information in this brochure is accurate. We reserve the right to add, withdraw or revise programs/events as needed. For up to date information please visit our website.



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Advertising

The Whidbey Marketplace & News prints and distributes this publication 3 times a year. We welcome you to advertise your program or business along with us. For details, contact Penny Hill at (360) 682-2341 or email penny@whidbeymarketplace.com.

Make a Difference

Contributions are being accepted for SWPRD's Recreation Scholarship program. You can make it possible for a child/youth to participate in many of our programs which contribute to their health and physical and social development. Call us at (360) 221-5484 or email swparks@whidbey.com to inquire about making a contribution.

Party in the Crow's Nest

at Community Park

Birthdays • Graduation • Meetings
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For info & reservations, contact South Parks & Rec • (360) 221-5484 • www.swparks.org



Summer Co-Ed Softball League

(Men & women 18+ or recent graduates)

Come and show us that you still have it! Get exercise and blow off end-of-the-week steam at our softball league. Come out to play ball at the best fields around, at beautiful Community Park. Get a team together or join the pick-up list. This is a clean, community oriented, alcohol-free league. ASA rules for softball will be followed. Emphasis is on healthful competition in a recreational atmosphere. Umpires will ensure fair and spirited games. Teams may sign up online or on paper on our team roster form. Teams will play 2 games per evening, for a total of 16 games plus tournament. Teams may have a bye. Games will begin at 6pm.

Mandatory Team Manager's meeting on Fri, June 22, at 6pm in the Crow's Nest at Community Park. Fees cover the cost of game balls, umpires, field use, and tournament. Uniforms are not required or provided. Team registration deadline June 15th! 8 team maximum.

Fri* • 6pm • Jun 29–Aug 24 • Visit www.swparks.org for fee info and team registration form or call SWPRD office. *Plus a tournament on Sat, Aug 25. Games will be on Wed, Aug 1 instead of Fri that respective week.

Co-Ed Volleyball

South Whidbey

(Adults 18+) Drop in for a pick-up game of volleyball with a great group of people. No volleyball on non-school days. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability. For information or possible schedule changes, call Amber O'Brien at (360) 320-1757. Location: South Whidbey Middle School Gym

Tue • May 1–Jun 19 • 6:30–8:30pm, Free

Co-Ed Basketball

Coupeville

(Adults & Youth 16+) Come out to Coupeville for a workout and a fun game of basketball. For information contact coordinator, Sarah Stuurmans, sarah3-02@yahoo.com. Location:

Coupeville MS/HS Gyms (MS gym on June 3 & 10). Fee includes tax.

Sun • May 6–Jun 24 • 6:30–8:30pm • \$20/\$5 drop-in.

Co-Ed Volleyball

Coupeville

(Adults & Youth 16+) Enjoy a 2 hour work out while playing volleyball, improving on your skills and having fun. Location: Coupeville MS Gym. For information contact coordinator, Robyn Wynn, rawynn91@yahoo.com. Fee includes tax.

Mon • May 7–Jun 25 • 6:30–8:30pm • \$20/\$5 drop-in.

Men's 35+ Basketball

(Adults) Men ages 35+ are invited to play basketball with their peers. Refine your skills or get in shape! For info, or schedule changes, call Jeff Chiarizio at (360) 331-5545. Donations are always appreciated and go toward our Youth Basketball Scholarship Fund. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability. Location: SWHS Gym

Mon/Wed • May 2–Jun 18 • 6:30–8:30pm • Free

Baseball / Softball 101

It's never too late to learn.

Under the direction of former professional baseball player, and Atlanta Braves scout Steve Goucher, this clinic will provide instruction in hitting, throwing, fielding, pitching, and all aspects of the game. Designed for the aspiring adult player, and youth baseball coach. Coach Goucher, has over 20 years of experience in coaching and training college and pro players. Location: Community Park. Bring glove, bat, clipboard.

Sat • Jun 9 • 10am–12:30pm • \$29

Intro to the Sport of Rowing

All Together!

(Adults 18+) Island Rowing Association will host this Learn to Row class. The sport of rowing is a

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lifelong form of exercise which can be included as part of an active, healthy lifestyle. Rowing is appropriate for all ages and ability levels. You will be rowing in a four person rowing shell on Holmes Harbor. Off-the-water instruction will teach basic rowing technique and individual coaching. Participants must be able to swim. To register, or for questions, visit www.islandrowing.org. Location: Freeland Park

Sat • May 26 • 8-9:30am • \$35

Golf Lessons

(Adults & youth 12+ with an adult) Learn to play golf in a relaxed non-competitive environment. Keepers of the Game members Bob Brown and Jim Corbett will run this four-week golf program for new golfers, those wanting to tidy up their skills, and those returning to the game. Includes three sessions on the power swing and one on the short game, giving you the opportunity to learn this lifetime sport.

Classes will take place rain or shine. This program fills up, so register early! Max 8. Location: Island Greens Golf Course

Sat • Apr 28-May 19 • 9-10am • \$42

Golf League

(Adults & Youth 16+, all levels) Join us at Island Greens golf course for 5 weeks of just

plain low-key fun. We will be playing a 2-person best ball every Thursday night, with a potluck BBQ after the 5th round of play. Island Greens is offering a discount to those who join us: \$8 per 9 holes plus one token for the driving range per week. You may come with a partner or be paired up each week as you arrive. We will have special events each week to add to this great experience of golfing with new friends. We look forward to seeing you on the links!

Coordinator Christine Mamula brings 40 years of golf experience and several championships to the course. Prerequisite: great attitudes and smiles. You provide your clubs & balls. Location: The lovely Par 3 golf course, Island Greens.

Thu • May 24 – Jun 21 • 6:00pm • \$43.48 includes tax, plus weekly \$8 greens fee paid to Island Greens.



Falcon Basketball Camp

(Youth entering grades 3-8) Participants will be coached by SWHS coaching staff and players during this 5-day camp. The primary focus of the camp will be skill development. Special attention will be paid to the instruction of proper shooting form and developing ball handling skills. The campers will also have the opportunity to compete against each other during controlled scrimmage situations. This will be a fun opportunity to learn the game of basketball. Each camper will receive a camp shirt. Location: South Whidbey High School Gym. Proceeds support SWHS Basketball.

Grades 3-5

Mon-Fri • Jul 16-20 • 10am-12pm • \$60.

Grades 6-8

Mon-Fri • Jul 16-20 • 1-3pm • \$60.

Pro Baseball Camp

(Ages 8-13 years) Under the direction of former professional baseball player and Atlanta Braves scout, Steve Goucher, (and staff), this camp provides quality instruction in throwing, hitting, and fielding. This camp will also include game situations and scrimmaging. Camp is well suited for all players, from aspiring to elite. Instructor Steve Goucher has over 15 years experience instructing baseball at all levels, and provided an

Backyard Wildlife Habitat Fair



Saturday, June 2nd

10 AM - 4 PM

Freeland Park & Hall

- Free, fun family event!
- Speakers
- Workshops
- Demonstrations
- Garden Displays
- Plant Sales

360-579-1272

www.wildlifefair.wordpress.com

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Whidbey Audubon Society,
Whidbey Watershed Stewards,
Freeland Chamber of Commerce and
the Whidbey Island Wildlife Habitat Project



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Come Out and Play!

excellent camp experience last year. Many of his students have gone on to play college baseball with a few playing now in the big leagues. Location: Community Park Baseball Field #1

Mon–Thu • Aug 6–9 • 10am–1pm • \$129

Youth Learn to Row Camp

The glory is in the team, not the individual.

(Ages 13–18) Island Rowing Association will host this introduction to the sport of competitive rowing. We emphasize safety in all aspects of this program. This is a fun and relaxed way to get to know this wonderful team sport. There will be four afternoon sessions and one morning session at Holmes Harbor. The fee includes an Island Rowing T-shirt.

To register or for questions, visit www.islandrowing.org. Prerequisite: Students must be able to swim. No prior rowing experience is needed. Instructors are USRowing certified coaches: Carl Fjelsted, Bruce Schwager. Location: Freeland Park.

Tue–Fri • Jul 10–13 • 3–4:45pm and

Sat • Jul 14 • 8–10am • \$90

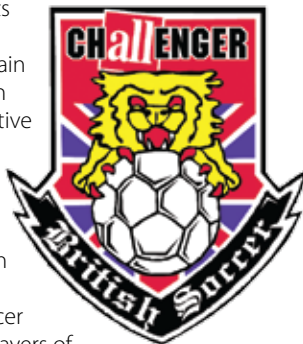


Challenger British Soccer Camp

The #1 soccer camp is coming to Whidbey!

Challenger recruits the most talented coaches from Britain and provides each player with a positive experience. Participants will receive technical and tactical instruction in all areas of the game. British Soccer Camps provide players of all ages and abilities with the rare opportunity to receive high-level soccer coaching from a team of international experts. Daily instruction includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Equally important, the Challenger coaching staff provides your child with lessons in respect, integrity, and sportsmanship.

Campers receive a free camp shirt, camp ball, and personal player evaluation. Bonus: sign up online at www.challengersports.com by July 1st and receive a cool game jersey for FREE



(plus S&H)! Bring snacks, drinks, shin guards & sunscreen. Location: Sports Complex on Langley Road

Ages 6–10

M–F • Aug 13–17 • 9am–12pm • \$125*

Ages 11–16

M–F • Aug 13–17 • 1–4pm • \$125*

**\$10 late fee for registrations received after July 30. Campers who cancel 7 days prior to camp will be charged a \$30 cancellation fee; requests after 7 days will not receive refund.*

Host Families Needed for British Soccer Coaches!

British coaches stay with local families for the duration of Challenger British Soccer Week. Host families will not only provide a memorable and international learning experience for their family, but will also receive an \$80 rebate towards the cost of camp. Contact Carrie for more information about hosting at programs@whidbey.com or call (360) 221-6788.

Golf Camp

Instruction will cover putting, chipping and full swing. Rules, course etiquette and playing the game will be covered. Fee includes, practice balls, instruction, water & snack each day. Space is very limited, register early.

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Main Street

525

Mukilteo to
Clinton Ferry

**10am - 5pm
360.331.6272**

Instructor: Mike Field PGA Golf Professional
at NAS Whidbey Island Gallery Golf Course.
Location: Island Greens Golf Course in Clinton

Ages 6-8

Mon-Wed • Jul 9-11 • 10-11am • \$63

Ages 9-11

Mon-Wed • Jul 9-11 • 11:10am-12:10pm • \$63

Ages 12-14

Mon-Wed • Jul 9-11 • 12:20-1:20pm • \$63

Ages 15-18

Mon-Wed • Jul 9-11 • 1:30-2:30pm • \$63



Supang Soccer Camp

Fundamentals, work ethic & commitment.

(Youth ages 8-15 years) South Whidbey High School soccer star Joseph Supang will bring his pro soccer skills back to Whidbey Island! Players will learn the importance of developing good fundamentals and technique, an excellent work ethic, and strong level of commitment. This clinic

will provide serious players the opportunity to progress their individual skills while offering a competitive and enjoyable environment. Skills covered: Individual's First Touch (dribbling, receiving, turning under pressure, passing); attacking (crossing & finishing, 1 vs. 1's, games to goal); and defending (1 vs. 1 defending, group defending, heading).

Supang was a member of the Seattle University men's soccer team, a professional player in Belgium, and member of the Botswana National Team. He has a Masters Degree in Sports Administration and Leadership, and is passionate about teaching soccer to players of all ages. Each player will receive a T-shirt and personal instruction. Each player should bring: soccer ball, water, and appropriate footwear/clothing. Location: Sports Complex on Langley Road. Email for questions: supangj@seattleu.edu

Mon-Fri • Jun 25-29 • 9am-12pm • \$120

Register by June 21.

Skim Skool 1

Learn to ride the glide of the tide!

(Youth ages 7-15 years) Skimboarding is a fun and exciting sport that has been around since the 1920s, and Whidbey Island offers some of the best conditions in the Northwest. Riders from Jack'd Skimboards will be teaching the basic skills, technique, and safety issues of

skimboarding. Instructors will start by focusing on the fundamental skills of skimboarding, giving each student a solid foundation which they can use to create their individual riding style. Once the basics have been mastered, the students will be able to practice skimboarding with the instructors' supervision and input.

We skim rain or shine so please be prepared for any type of weather. Bring a towel, water, snacks, weather-appropriate beach attire, and a skimboard. If you do not have one, we will provide a few loaner skimboards but you will likely have to share (check out our Skimboard Painting Workshop on page 16 and make your own!). Camp T-shirts and a pizza party on the last day are included in the fee! Location: Double Bluff Beach.

Th-F • Aug 2-3 • 11am-1:30pm • \$85



Skim Skool 2

Expand your style, skills, and steeze.

(Youth ages 7-15 years) Riders from the Jack'd Skimboards team will provide instruction on the latest and greatest tricks, techniques, and basics

It's time to set your watches for...



7:08:2012

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for making your own home made rails. Whether you are new to the sport of skimboarding or are an expert, this class will have something to offer! This intensive camp will allow plenty of time for one-on-one instruction and in order to make the most of it, students are encouraged to bring drawings of skimboard rail ideas to the first day.

Bring a towel, water, snacks, weather-appropriate beach attire, and your skimboard (Check out our Skimboard Painting Workshop on page 16 and make your own!). Camp T-shirts and a pizza party on the last day are included in the fee! Location: Double Bluff Beach

Th-Fr • Jun 21-22 • 12pm-2:30pm • \$85

Dodgeball Camp

No crafts. No camp songs. No babysitting. Just games.

(Ages 10-13, or with instructor permission)

If you are the kind of kid who lives for PE or recess, Dodgeball Camp is the ultimate week for you. Not only will campers get to play several varieties of their favorite game, each day will include other outdoor games and feats of strength, like kickball, capture the flag, tug-of-war, and ultimate frisbee. You may even discover some new favorites from our safe and creative arsenal of activities.

Coordinator will fairly and tactfully establish teams. Activities will continue rain or shine, so come prepared! Camp games are supervised for fair play, good sportsmanship, and fun. All participants must be good sports, ready & willing to play! Bring: active footwear (no flip flops or sandals), weather appropriate attire (dress in layers), and water bottle. Location: Community Park outdoors.

Mon-Fri • Jul 23 - 27 • 1-3pm • \$59.76 includes tax

Archery Camp

(Youth entering grades 5-9) Whidbey Islanders have the privilege and opportunity to learn archery from an Olympic level coach this summer! Archery Camp will cover proper shooting techniques, equipment selection, training, and plenty of hands-on fun! This camp is designed to present the lifetime recreational activity of archery in a broad perspective for future use as a recreational and/or competitive pursuit. For info on which level to choose, contact Glen at bowcoach@whidbeyisland.com.

Coach Glen Harris has been a professional archery coach for 30 years and currently holds the highest level earned degree awarded to archery coaches by USA Archery. He has been head coach for several World Archery and Paralympic teams and has been an archery teacher since 1980. Both beginner and advanced archers will receive high level instruction from this seasoned coach. Location: SWPRD Rec Center. Archery will go rain or shine, so come prepared. Participants must be ready and able to stay focused for the entire session.

Beginners

Mon-Thu • Aug 20-23 • 1-2:15pm • \$60

Intermediate

Mon-Thu • Aug 20-23 • 2:30-3:45pm • \$60



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FARM LIFE CAMP:

AGES 6-9

JULY 17TH-20TH / \$200

DANCING GOAT YOGA:

GIRLS, AGES 11-18

JULY 30TH-AUGUST 3RD / \$250

ANIMALS, ART AND NATURE:

AGES 6-10

JULY 23RD-26TH / \$200

COYOTE CAMP:

AGES 7-11

AUGUST 6TH-9TH / \$225

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360.331.8424

Model Rocket Camp

(Youth ages 9–13 years, younger welcome with an adult) Create and launch your own model rockets! On Tuesday and Wednesday we will assemble and finish a complete 20-inch model rocket. Thursday will be launch day, when you are encouraged to bring a camera along to document your rocket's first flight! Rockets will be made from a cardboard tube, with balsa wood fins, and powered by a "B" or "C" Estes model rocket motor. The rockets have parachute recovery, so the student may take the rocket home. Location: SWPRD Recreation Building
Instructor: Leonard Good

T/W/Th • Jun 26–28 • 10–11:30am • \$40*

T/W/Th • Jul 10–12 • 10–11:30am • \$40*

**An additional \$5 materials fee is required and paid directly to instructor at the first class.*

Youth Sailing Camp

(Youth ages 10–15) Don't miss out on this amazing opportunity to learn to sail! This instructional camp teaches the basics of sailing, and each student will be assigned their own boat. The course combines shore side learning with lots of hands-on, on-the-water sailing experience. While students will learn boating safety, basic seamanship and knot tying, the focus is always on sailing and having fun. This class is offered in partnership with the South Whidbey Yacht Club.



Prerequisite: Each student must demonstrate the ability to stay afloat for 3 minutes without a life jacket. For complete detailed information, visit our website at www.swparks.org. The Head Instructor is US Sailing certified and will be assisted by experienced dinghy sailors. Sufficient staff will be on hand to ensure each participant receives personal attention. Our priorities are safety, then fun and learning. Location: the first morning we'll meet at the Honeymoon Lake Clubhouse for swim test and orientation, then that afternoon and the rest of the days will be at Lone Lake Public Access.

Beginning Sailors

Mon–Fri • Jul 16–20 • 10am–3:30pm • \$175

Beginning/Intermediate Sailors

Mon–Fri • Jul 23–27 • 10am–3:30pm • \$175



Beginning Strings Camp

Learn the violin, viola or cello!

(Ages 3–7) Your child can start learning the basics of music now! We'll use fingers & hands in singing games, learn the parts of your instrument, how to use the bow, playing posture, and start out with easy tunes. Parents are welcome (and required for 3 & 4 year-olds). Instructor Linda Good brings 40 years of teaching experience, utilizing Suzuki training, and a MA in Ethnomusicology.

Tue–Fri • Jun 26–29 • 10–11am • \$25

Beginning Guitar

(For Adults and Youth 16+) Have fun while learning how to play acoustic guitar! Gain a solid foundation and the tools to play thousands of songs using traditional and contemporary sources, in folk, country, gospel, blues and rock styles. Learn fundamental chords, progressions, strums and fingerpicking. By the end of this course, you will have the resources to play many songs in different styles. Loaner guitars available, reserve one prior to the first class. Instructor: Quinn Fitzpatrick. Location: SWPRD Rec Center.

Thu • May 10–Jun 28 • 7–8pm • \$115

Blues & Jazz Guitar

(For Adults and Youth 16+) Learn the basics of Blues and Jazz guitar: chords, scales and rhythms. Learn how to navigate up the fretboard, chord melody, fingerstyle, funk, uptown blues and bossa nova. We'll cover standards and popular tunes. No note reading required but helpful. Music will be written in tablature and standard notation. Please bring an acoustic guitar. This class will take your playing to the next level! Instructor: Quinn Fitzpatrick. Location: SWPRD Rec Center.

Thu • May 10–Jun 28 • 8–9pm • \$115

Play Guitar Today!

(For Adults and Youth 16+) During this introductory session, you will learn basic chords and strums and be playing simple songs by the end of the workshop. In addition, you will learn some basic music theory. No note reading required! Introduction to guitar is geared toward folks who have no guitar playing experience

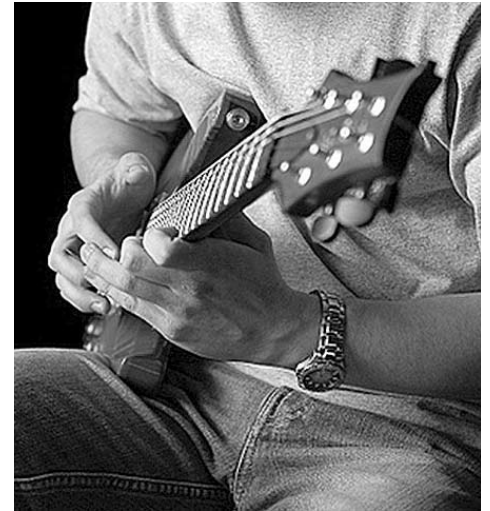
whatsoever and would like to sample playing guitar with a thorough, encouraging and patient instructor. This also makes a great refresher for those with some playing experience. Students provide their own acoustic guitar. Instructor: Quinn Fitzpatrick. Location: SWPRD Rec Center.

Sat • Jul 21 • 10am–12pm • \$50

Blues & Jazz Guitar Boot Camp

(For Adults and Youth 16+) If you have been playing guitar and are ready to get basic training on how to make yourself a better guitar player, this workshop is for you! During this hardcore session, you will learn guitar fretboard logic, scales, practice exercises, fundamental chords and progressions, essential strumming and fingerpicking patterns for Blues and Jazz Guitar. You will learn everything you should know to have a rock solid foundation in playing Blues and Jazz guitar! Then learn how to put it all to work with some group jamming at the end. Geared toward folks who have some playing experience and would like to take their playing to the next level. No note reading required but helpful. Music will be written in tablature and standard notation. Please bring an acoustic guitar. Instructor: Quinn Fitzpatrick. Location: SWPRD Rec Center.

Sat • Jul 21 • 12:30–2:30pm • \$50



Fingerstyle Guitar Boot Camp

(For Adults and Youth 16+) Ready to stop strumming and start fingerpicking? This workshop is geared towards folks with some playing experience who want to learn how to play fingerstyle. We'll start with the basics in arpeggio and travis picking patterns and move on to basic chord melody. You'll get tips and techniques for playing bass lines and melodies at the same time. You'll get easy to understand tablature and notation for all arrangements. Please bring an acoustic guitar. This class will take your playing to the next level! Instructor: Quinn Fitzpatrick. Location: SWPRD Rec Center.

Sat • Jul 21 • 2:30–4:30pm • \$50



2012 Event Calendar

April 14	Meerkerk Magic
May 12	Wine and Rhodies
May 13	Mother's Day concert
June 2	Antique Auto Show
June 9 & 10	Purple Passion Sale
June 30	Whidbey Island Community Orchestra
July 7	Fairy House Festival
July 14	Jazz Concert
August 25	Annual Bluegrass Concert
Aug 31-Sept 3	Labor Day Sale
Sept 15	Jack Nisbert Presentation
October 6 & 7	Fall Garden Fest
December 2	Holiday Party

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Help grow the children's garden; experience farm to market at the Calyx market stand;
learn natural building; plus Spanish, music, art, pizza in the outdoor oven and more!

Open House

Friday, April 20th at 1:00pm & Friday, May 11th at 3:00pm
Tilth Sustainability Campus, Thompson Road at SR 525

For More Information

Lisa Kois calyxcommunityartsschool@gmail.com
<http://calyxcommunityartsschool.wordpress.com> • 360-331-1323

celebrating the Genius of Childhood



Hoop Dance

(All ages welcome) Basics and Beyond: Hoop dance is the hottest emerging fitness activity that works your whole body by incorporating a modern "hula" hoop with dance. It combines freestyle movement with innovative hoop moves. Hoop Dance class is fun for all ages and fitness levels. It will incorporate dancing and playing with a hoop, and teach you how you can continue this great workout at home. This class is full of fun, laughter, and a surprisingly good workout. Learning how to spin the hoop on your waist is just the beginning! Hoops and music will be provided. Location: SWPRD Rec Center, outdoors weather permitting. Instructor Malia Flood.

Wed • May 23–Jun 27 • 5–6pm • \$42/\$10 drop-in

Wed • Jul 11–Aug 15 • 5–6pm • \$42/ \$10 drop-in

Chair Zumba

Fun low-impact exercise that is kind to your knees! Chair Zumba provides the same zesty Latin and international music from Zumba classes with easy-to-follow moves adapted to sitting in a chair. Instructor: Sarah Birger, Certified Zumba Gold Instructor

Contact: taichi@whidbey.com No class May 28.

Mon • May 7–Jun 18 • 11–11:45am • \$52.18 includes tax*

Wed • May 16–Jun 20 • 11–11:45am • \$52.18 includes tax*

Discount: sign up for both sessions and get 25% off!



Creating with Clay

(Grades K–5) Sign your child up for this fun hands-on experience where they will explore the art of hand building with clay. Each lesson will include an introduction to a new technique and will give students opportunities to create

their own unique pieces. All pieces will be fired and then students will begin to explore the art of glazing. Students may be met at the SWES flagpole after school to be escorted to program. Location: SWPRD Rec Center. Instructor: Sarah Sterling. 6 min./12 max.

Wed • Apr 25–Jun 13 • 3:45–5pm • \$100*

**Additional \$25 materials fee due to instructor at first class, which provides materials and a snack.*



Botanical Illustration

(For Adults and Youth 16+) This workshop introduces students to the practices of botanical illustration from a natural science perspective. We will be primarily working with b/w mediums using graphite and pen & ink. Some color theory and mediums may be introduced. Draw northwest flora while learning classification and identification.

Some drawing experience is helpful and the course is open to all skill levels. Instructor: Quinn Fitzpatrick. Location: SWPRD Rec Center.

Sun • May 20 • 3–6pm • \$59



Join us July 26th and 27th in Freeland, for a fun filled fiddle workshop. The workshop is 2 half days from 9 to 1 for ages 3 to adult. Beginners to advanced students will learn the fundamentals of Scottish fiddling with a final performance on the 27th at 1:00. Preregistration required by July 6th. Beginner \$30, (one hour/day) all others \$75. Scholarships available.

Registration and info, call: Linda 360-221-6439 or Kimmer 360-221-6932



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www.swparks.org.



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Come Out and Play!

Skimboard Painting

Paint your own one-of-a-kind board.

(Youth ages 7–15 years) Join artists from Jack'd Skimboards to learn the basic techniques for painting with acrylic, watercolor, pencil, pen, airbrush, and screen printing. Each participant will be provided with a blank skimboard and then the magic begins as each student creates their own masterpiece using one or all of the techniques available. At the end of class the boards will be finished by members of Jack'd and then will be available for pickup 2–3 weeks after class. The registration cost for this workshop and your own custom painted skimboard ends up being less than buying a new board! Bring ideas, painting clothes, and your creativity. Location: SWPRD Rec Center.

Sun • Jun 24 • 1–5pm • \$85 includes your unfinished skimboard and supplies.

First Aid & CPR Course

(For Adults and Youth 14+) This course teaches you to effectively recognize and respond to emergencies in the critical first minutes until emergency medical services arrive. This course will train you in American Heart Association CPR (for adults, children, and infants), First Aid, and AED training. Those that successfully complete the course will earn their AHA CPR/FA card. Instructor: Jon Gabelein, Firefighter, EMT, AHA

instructor and Coupeville School District teacher. Location: SWPRD Rec Center, Recreation Room.

Thu • Jun 21 • 9am–1pm • \$25



Babysitter's Training Course

Because You Care...Prepare

(Youth ages 11–15) This summer find out what you need to know, and what every parent wants, in a safe and responsible babysitter! Parents are encouraged to send their existing babysitters to this great course. Location: SWPRD Rec Center. Instructor: Terry Welch, ICFD #3 EMT & Firefighter. In addition to learning child & infant CPR, Babysitter's Training Course can help you—

- Care for children and infants.
- Be a good leader and role model.
- Make good decisions and solve problems.
- Keep children you baby-sit and yourself safe
- Handle emergencies such as injuries, illnesses and household accidents.

Wed • Jun 20 • 12–3:00pm • \$25.



Beat the Heat Waterworks

If it's crazy hot outside we will turn on the waterworks (sprinklers) at Community Park for a quick afternoon cool off and set up our super-duper water slide. Youth must be supervised by parents/guardians. Those who participate consent to our standard waiver/release by participating. Other days may be scheduled during hot days; look for updates.

Wed • Jul 25 • 1–2pm • Free



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Aqua-Marine, Eco-Camp,
Beach Combers, Forest Friends

New! Jr. Explorer (1/2 Day Camp)

(June–Aug) \$75/wk ages 6–8

Marine and Forest Theme weeks

Marine Explorer Camp

(July 2–6) \$229 ages 8–13

(July 30–Aug 3) \$269

Teen Advanced Inquiry/Career Focus

Wilderness Survival for Kids

(June 25–29 or July 16–20) \$229 ages 8–13

(July 9–13) \$249 Teen Advanced Skills

Kids Kayak Academy

(June–August) \$250/wk ages 11–17

Kayak skills and marine biology!

Digital Photo Camp

(July 16–20) ages 8–13 - \$249

(August 6–10) Teen - \$269

Teen Sail and Science

(July 23–27) \$289 Teens

To Register Call: 360-708-3286 • Class Details Online

www.AcademicsAndAdventures.org



Sailing Class for Adults

(Adults) Come feel the wind on your face, breathe the fresh air and learn how those little boats actually get from place to place using only the wind. It's easy and fun. We know it's one of those things you always wanted to do—so do it now!! Two sessions of the US Sailing Course for Beginning Sailing are being offered by the South Whidbey Yacht Club. Check the website for detailed course information.

*Join us for the group orientation Tuesday, June 12, 10am–12pm at the SWPRD Rec Center. This orientation is not mandatory but will

enhance your learning experience and give you confidence. After orientation, lessons will start at the Lone Lake Public Access for on-the-water instruction in SF Pelican Sailboats.

T/Th • Jun 12–21 • 2–4:30pm* • \$200**

T/Th • Jun 12–21 • 5–7:30pm* • \$200**

**SWYC members receive a \$50 discount.

Canoeing

(Adults & Youth 6+, accompanied by an adult) Join us at Goss Lake for a beautiful morning of canoeing. Bring a picnic lunch to enjoy out on the water or on the beach. Learn canoe safety and techniques. At-your-own-risk, no lifeguards present.

Wed • Jul 11 • 10am–12pm • \$10/person; \$20/canoe



Summertime Sign Language

(All ages, children with adult.) Have you ever felt inspired to learn this fascinating language? Now is your chance with Susan Ishikawa, who has been working with deaf and hard-of-hearing children and adults during her 38 years as a Teacher of the Deaf and English as Second Language Teacher. You will learn how to form simple phrases within minutes, and learn how to fingerspell which is a wonderfully exciting task.

Wed • Jul 11–Aug 29 • 6:30–7:15pm • \$50

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Photo By Dave Welton

Visit www.swparks.org for fee info and student/family discounts.

Whidbey Island Triathlon

Saturday, August 4, 10am Start

(Ages 16 and up) The Whidbey Island Triathlon is great as a first triathlon and a fun event for veteran triathletes. The scenic course starts with a half mile swim in beautiful Goss Lake. Leaving the lake on your bike, you'll begin the 19.5 mile ride on paved country roads, then finish with a 3.8 mile run through forest trails at Community Park and on country roads. Chip timing and friendly volunteers.

This event has limited space and has filled up with a wait list the past few years, so register early! Visit www.whidbeytriathlon.com for detailed information about the course and our print registration form. Or register online at www.active.com! New to triathlons? Invite a couple of friends to form a relay team with you. Or, sign up for our Open Water Swim Clinics or the "Mini Mock Tri" and get support from knowledgeable folks there.

Triathlon Individual Fee

\$55 thru 6/1 • \$65 thru 7/15 • \$75 after

Triathlon Relay Team Fee

\$110 thru 6/1 • \$130 thru 7/15 • \$150 after

Fees include tax.



Chum Run 5K

Run with your chums!

(All ages) Folks of all ages are invited to enjoy a 5K run or walk through the lovely clean and clear forest trails of Community Park. This lighthearted event has become a local favorite and has grown by leaps and bounds. Proceeds benefit SWPRD and the South Whidbey High School Cross Country team. Younger kids are invited to participate in our "Fry Run". Individual competitions and team costume contest. Youth must be accompanied by an adult. Participants receive a classic and classy Chum Run shirt (shirt availability is on a first come first serve basis). Registration opens at 12 Noon. Location: Community Park, Langley

Sun • June 3 • 2pm start, registration & packet pick-up from 12 to 1:30pm • Fee:

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Whidbey Island's Premier Mind, Body and Fitness Hub is also the home of Whidbey Island Yoga. As a collective we offer professional instruction in Pilates, Yoga, Qi Gong and Belly Dance. The Movement Center is Whidbey Island's only fully equipped Pilates Studio ~ Since 2004

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Our group classes are intimate and vary from introspective focus to invigorating action.

We charge NO monthly fees, our rates are competitive and affordable.

See you in class!

Photo By Dave Welton



K-9 Nosework Classes

(Adults & youth with an adult) This fast-growing dog sport teaches how to encourage and develop your dog's amazing natural scenting ability by using its desire to hunt and its love of food, toys, and exercise. This exciting detection-style activity is appropriate for dogs of any age, breed, or physical ability and handlers of all ages and abilities. No dog-training experience is necessary. Each dog works separately, so this is a perfect class for dogs unsuited for a group class setting. The ability to conduct indoor searches makes the sport an ideal mental & physical exercise for our rainy climate. Your quality and experienced instructors will teach you how to develop and expand the talents of your dog's nose.

If there are 5 or less dogs per class, the class will be one hour long; if there are 6-8 dogs, the class will be 90 minutes long. Dogs are worked individually. Instructor: Georgia Edwards, CNWI (Certified Nosework Instructor) k9nosework@whidbey.net or 360-579-1030. Location: SWPRD Rec Center.

Beginning Nosework (K9NW1)

Sun • May 6-Jun 17* • 10:30am-12pm • \$140**

Tue • May 8-Jun 12 • 10:30am-12pm • \$140**

Intro to Odor (K9NW2A)

Tue • May 8-Jun 12 • 12-1pm • \$140** plus an additional materials fee of \$8 for birch odor kit payable to instructor at 1st class.

Working with Odor (K9NW2B)

(2B) Sun • May 6-Jun 17* • 2-3:30pm • \$140**

(2B+) Sun • May 6-Jun 17* • 12-1:30pm • \$140**

(2B+) Tue • May 8-Jun 12 • 3-4:30pm • \$140**

Continuing Nosework (K9NW3)

Sun • May 6-Jun 17* • 4-5:30pm • \$140**

Tue • May 8-Jun 12 • 1-2:30pm • \$140**

*No class May 13. **Fee is per dog/handler pair.

K-9 Nosework Master Class

Join us for this class with Kathy Holbert, Master trainer in K9 SAR and explosives and drug detection, presented in cooperation with Miriam Rose and Northwest Noseworks. Kathy will teach a day-long workshop on handler strategies for team search techniques, in order for the human end of the equation to better assist their dogs in accessing odor. Advanced teams and novice teams will be accommodated and runs will be open to observation. Prerequisites: Advanced (working 2+ odors); Novice (working reliably with birch).

Kathy is a professional detection dog trainer with 20+ years' experience in both the military and private sectors. She has certified dogs in narcotics, explosives, human remains, and live-find search and rescue; and recently spent a year in Afghanistan & Iraq with her canine partner Strega, working to find the remains of missing soldiers. Location: LMS Gyms.

Sat • May 5 • 9am-5pm • \$120/team; \$60/audit

K-9 Nosework Mock Trials

These trials are designed to give practice to the competitor before a real trial to polish the team's performance or to aid the competitor in tailoring his training prior to entering a trial in an educational, fun, and stress-free setting. Mock

Trials will be judged by professional private, or military, or law-enforcement K9 handlers, ORTs are judged by Miriam Rose CPDT-KA, CNWI & Georgia Edwards MD, CNWI.

Nosework 1 Mock Trial

Sat • May 12 • 8:30am-5pm • \$60/team

Nosework 2 Mock Trial

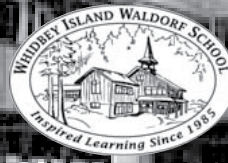
Sun • May 13 • 8:30am-5pm • \$60/team

Photo By Dave Welton



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Spring Youth Tennis

For beginners to advanced beginners

(Grades 6–8, or with instructor permission)

Spring Middle School Tennis meets three times a week for two weeks. It is designed for beginners and advanced beginners; we'll divide into groups according to grade level. Students will learn and improve stroke technique, strategy, rules and scoring. For players seeking additional practice time and more match-like situations, they are encouraged to register for the follow up "Serve Rally Score" class as well.

T/W/Th • May 29–Jun 7 • 2:30–3:45pm • \$40

Spring Serve, Rally, Score For Advanced Beginners to Intermediates

(Grades 6–8, or with instructor permission)

Middle School Tennis meets three times a week for two weeks. It is designed for players with some experience, as we'll focus on match play situations: serving, rallying, scoring and strategy. Players will be divided by grade level and ability.

T/W/Th • May 29–Jun 7 • 3:45–5pm • \$45

Rain-out make-up days: June 1, 8. Location: SWHS tennis courts. Instructors: Teresa Wheeler, Lara Ford, Sandi McKenzie.



USTA Junior Team Tennis

Whidbey Island League

(Ages 5–18) USTA Jr. Team Tennis is the largest youth tennis program in the country! Two age divisions: 10 & Under (using QuickStart format of modified courts, balls and scoring), and 18 & Under. Co-ed teams of 6 to 8 players are balanced for age and skill level. Parent volunteers manage the teams. The emphasis is on skill development, fun, and teamwork.

Visit www.pnw.usta.com and click on "Jr. Team Tennis" for more info. In addition to the league fee below, players must join (or already be) a USTA member. Junior membership is \$20 and includes magazine and newsletter subscriptions. In 2012 Jr. Membership is FREE for NEW USTA members. To register: Contact Karyle Kramer, League Coordinator, kkandnb@whidbey.com or (360) 321-8499 to sign up.

Ages 10 & Under

Mon/Wed • July 9–Aug 15 • 3–4pm • \$21

Ages 18 & Under

Mon/Wed • July 9–Aug 15 • 4–6pm • \$21

USTA 10 & Under Tennis

Enjoy tennis scaled to your size!

(Ages 5–10, all levels) We use QuickStart guidelines, which utilizes age-appropriate equipment, including smaller racquets, lower bouncing balls and smaller courts. This class includes lots of skill-building activities for both total beginners and players with some experience.

Session #1 (Ages 5–7)

Mon–Thu • Jul 2–5 • 11am–12pm • \$32

Session #2 (Ages 8–10)

Mon–Thu • Jul 2–5 • 11am–12pm • \$32

Session #3 (Ages 5–7)

Mon–Thu • Jul 9–12 • 11am–12pm • \$32

Session #4 (Ages 8–10)

Mon–Thu • Jul 9–12 • 11am–12pm • \$32



Serve, Rally & Score

(Ages 10–16, beginner–advanced) Two levels of play: Beginners will learn basic strokes and strategy. Intermediate–advanced players will have lots of "match play" opportunities—in a low-key, fun environment.

Beginners/Advanced Beginners

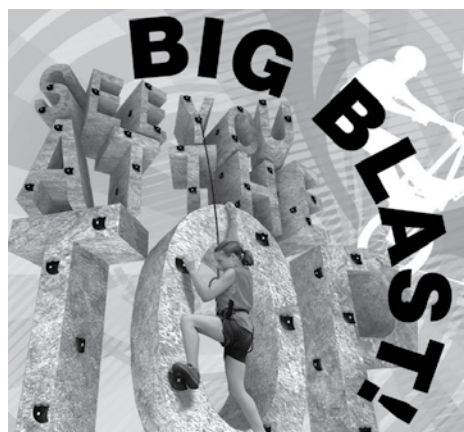
Mon–Thu • Jul 9–12 • 10:05–11am • \$32

Mon–Thu • Jul 16–19 • 10:05–11am • \$32

Intermediate/Advanced

Mon–Thu • Jul 9–12 • 10:05–11am • \$32

Mon–Thu • Jul 16–19 • 10:05–11am • \$32



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Family Tennis

A great sport for families to play together.

(Beginner to intermediate, children ages 4–9 with an adult) Parents, grandparents and caregivers will learn the basics of tennis along with the children, and they will learn age-appropriate activities to do with the kids later on. Kids love learning alongside their adult role models—and you'll love it, too!

If kids are in different age groups, contact the instructor for help deciding which class to take. We recommend no more than two kids per adult.

Ages 4–6

Mon–Thu • Jul 2–5 • 10:10–11am • \$36/child

Ages 7–9

Mon–Thu • Jul 2–5 • 10:10–11am • \$36/child

Doubles Tennis League

Great for families!

(Adults & youth 16+) Sign up individually; the tennis staff will form balanced teams of 6–8 players per team with an appointed team captain. Players will compete in doubles matches on Thursday evenings. If you can't make a match, you are required to call a sub (list provided) to take your place. Teams will provide balls and snacks on a rotating basis. Recreational and competitive players welcome—if enough players sign up, we'll divide into two leagues. Coordinator: Sandi McKenzie.

Thu • Jul 12 – Aug 16 • 6–8pm • \$21.74 includes tax.

Tennis 101

Get started now for a summer of play!

(Adults and youth 16+, beginners) Players who want to learn or review the basic strokes and components of the game will want to take this class. It's fun, interactive, and you'll be playing doubles by the final day! 4 hours total. Instructor: Teresa Wheeler.

Mon–Thu • Jul 9–12 • 9–10am • \$36

Mon–Thu • Jul 16–19 • 9–10am • \$36

Additional evening session, TBA

Adult Practice & Play

(Adults, Advanced Beginner–Intermediate)

This class includes 30 minutes of drilling and then an hour of match play in which the instructor offers suggestions, strategy and feedback. 6 hours total. Instructor: Karyle Kramer.

Mon–Thu • Jul 2–5 • 8:30–10am • \$45

Mon–Thu • Jul 16–19 • 8:30–10am • \$45

Mon–Thu • Aug 20–23 • 10:15–11:45am • \$45



Welcome Back to Tennis

Practice & Play

(Adults 50+, Advanced Beginner–Intermediate) Haven't picked up a racquet in years? Learned tennis in PE and haven't played in years? Meet friends and enjoy the health benefits of tennis through gentle exercises, games and skill building. Join us for tennis practice and doubles play geared toward the 50+ player novice to low intermediate level. During this 6-week class you will rediscover the joy of playing tennis again. 6 hours total. Instructor Sandi McKenzie.

Wed • Jul 11–Aug 15 • 6–7pm • \$60.87 includes tax



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Ages 4-5	9:30-11:30am	\$220
Ages 6-9/10-14	9:30am-1:30pm	\$280

concurrent classes will be grouped by age
 students are encouraged to attend all eight days,
 however four day sessions available upon request
 family rates available, please inquire

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Swim Lessons

(Sessions for youth ages 4+, beginning to advanced) Learn to swim in a heated, outdoor swimming pool on South Whidbey! A positive and fun swimming experience is provided by an enthusiastic, friendly and caring staff. This program teaches kids the basic fundamentals of swimming. We want your child not only to be safe in the water, but also to be able to swim for fun and fitness.

We have classes for the beginner (Level 1) up to advanced swimmers (Level 5). There are 3–6 participants in each class. We reserve the right to change the levels and times based on

number of students enrolled. Classes are filled on a first-come first served basis. There will be no makeup days due to personal reasons or weather conditions. Location: Useless Bay Golf and Country Club pool, at 5725 Country Club Dr., Langley. Contact coordinator Kristi Eager for questions: keager6@gmail.com

Swim Levels* 1, 2, 3, 5

Mon–Fri • Jul 2–13 • 9:40–10:10am • \$80

Mon–Fri • Jul 16–27 • 10:15–10:45am • \$80

Swim Levels* 1, 2, 3, 4

Mon–Fri • Jul 2–13 • 9:40–10:10am • \$80

Mon–Fri • Jul 16–27 • 10:15–10:45am • \$80

**If you are not sure what level your child should begin in, please visit www.swparks.com for level definitions.*

Swim Club

(Youth ages 6–17) The Swim Club's mission is to provide a fun and inviting atmosphere to learn the 4 competitive strokes of swimming. Swimmers will develop endurance, strength, work ethic, positive self image and, above all, a love for the sport of swimming. Our coaches are



committed to serving both the recreational and competitive swimmer. The summer session will end with an intra squad swim meet (Wed, Aug 1, 5–8pm), and an awards banquet (Thu, Aug 2, 6pm, at Castle Park).

Location: Useless Bay Golf and Country Club pool (UBGCC). Coaches: Kristi Eager, Andy McRea, & Krista Loercher.

Tryouts & Prerequisites: Swimmers must be able to swim one length of the pool freestyle with side breathing and one length of the pool backstroke. New swimmers wishing to join must tryout with Coach Kristi prior to registering. **Tryouts: Tue, Jun 5, 5pm**, at UBGCC. Swimmers will be placed in practice groups, based on ability, age and availability.

Equipment: An appropriate swimsuit (jammers for boys, one piece for girls), goggles, swim cap, and swim fins. The preferred fins are either Sporti Training Fins or Speedo Optimus. New swimmers will be provided a team cap.

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Open Water Swimming

Practice & Workouts

(Adults) Master the open water! Open water swimming presents unique challenges over swimming in a pool. Swimming in the waters of South Whidbey is a delightful experience when the challenges of open water are managed. Whether you are a new swimmer, a triathlete, or interested in endurance swimming, come learn techniques to master the open water.

The first 4 sessions meet at Goss Lake Public Access (GLPA), the last 2 at Langley's Seawall Park (LSPW). All sessions will include a significant workout in a safe situation. Content, after it is introduced, is practiced in subsequent sessions. Sign up in advance so that we can be adequately staffed; drop-ins run risk of being turned away. The instruction team is comprised of experienced Master swimmers and Red Cross

certified instructors. Swimming is at-your-own-risk, no lifeguard will be on duty.

Fee: \$15 per class, or \$75 per series.

Sighting

Thu • Jul 12 • 5:45–7pm • Location: GLPA

Swimming with a Group & Drafting

Thu • Jul 19 • 5:45–7pm • Location: GLPA

Starts & Finishes

Thu • Jul 26 • 5:45–7pm • Location: GLPA

Bouys

Thu • Aug 2 • 5:45–7pm • Location: GLPA

Salty Swim in the Sound

Thu • Aug 9 • 5:45–7pm • Location: LSPW

Salty Swim in the Sound

Thu • Aug 16 • 5:45–7pm • Location: LSPW

Triathlon Preparation Help

(Adults) In conjunction with the Open Water Swimming we will offer these companion sessions oriented toward preparing new triathletes for the Whidbey Island Triathlon. The first will focus on the challenges of tri transitions, and the second will be a mini tri, providing a chance to practice under race conditions. Sign up in advance so that we can be adequately staffed; drop-ins run risk of being turned away. Swimming is at-your-own-risk, no lifeguard will

be on duty. Location: Goss Lake Public Access. Instructors: local experienced triathletes. Fee: \$45

Tri Transitions

Wed • Jul 18 • 5:45–7:45pm

Mini Mock Tri

Sat • Jul 28 • 9–11:30am

If interested in stroke dynamics for open water swimming, but not ready for a group experience, private instruction is an option. For more information, please email openwaterinfo@swhidbey.org or visit our open water website at ow.swhidbey.org

INTERESTED?

We are considering adding the following programs to our schedule. Please email Carrie at programs@whidbey.com to let us know if you're interested in one of these. If we get enough interest we'll schedule the program!

- Ipad Art classes for Adults and Youth
- Art Camp
- All-Sport Camp
- Craft Camp
- Crabbing 101
- Pickleball for Adults



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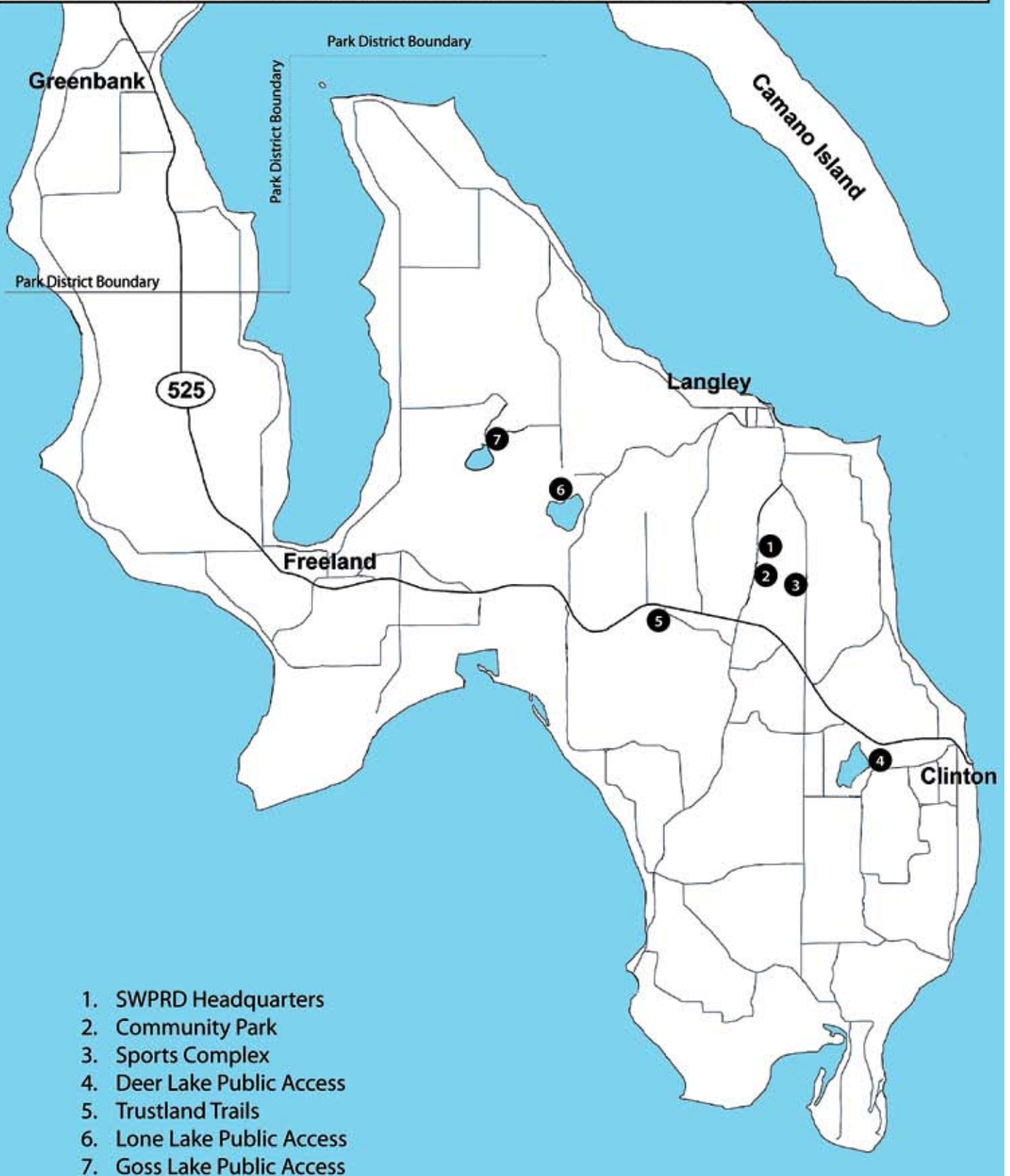
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July 23 - 37 - French

Aug. 6 - 10 - Spanish

Tuition: \$300

Older students welcome as counselors

For kids 7 - 13

July 9 - 13 - Japanese

July 16 - 20 - French

July 30 - Aug. 3 - Spanish

Aug 13 - 17 - Chinese

Aug 22 - 24 - German Mini Camp

Tuition: \$350

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APRIL

Wed, Apr 25 Creating with Clay
Sat, Apr 28 Golf Lessons

MAY

Tue, May 1 Co-Ed Volleyball (South Whidbey)
Wed, May 2 Men's 35+ Basketball
Sat, May 5 K9 Nosework Master Class
Sun, May 6 Co-Ed Basketball (Coupeville)
Sun, May 6 Sports for Dogs:
K9 Nosework Classes
Mon, May 7 Co-Ed Volleyball (Coupeville)
Mon, May 7 Chair Zumba
Tue, May 8 Sports for Dogs:
K9 Nosework Classes
Thu, May 10 Beginning Guitar Lessons
Thu, May 10 Blues & Jazz Guitar
Sat, May 12 K9 Nosework Mock Trial
Sun, May 13 K9 Nosework 2 Mock Trial
Wed, May 16 Chair Zumba
Sun, May 20 Botanical Illustration
Wed, May 23 Hoop Dance
Thu, May 24 Golf League
Sat, May 26 Intro to the Sport of Rowing
Mon, May 28 Office Closed (Memorial Day)
Tue, May 29 Spring Youth Tennis

JUNE

Sun, Jun Chum Run 5K
Sat, Jun 9 Baseball / Softball 101
Tue, Jun 12 Sailing Class for Adults
Fri, Jun 15 Registration Deadline
Co-Ed Softball League
Mon, Jun 20 Swim Club
Thu, Jun 21 Skimboarding Continued
Thu, Jun 21 First Aid & CPR Course
Fri, Jun 22 Team Managers' Meeting
Co-Ed Softball
Sun, Jun 24 Skimboard Painting Workshop

Mon, Jun 25 Supang Soccer Camp
Tue, Jun 26 Model Rocket Camp
Tue, Jun 26 Beginning Strings Camp
Fri, Jun 29 Summer Co-Ed Softball League
Begins

JULY

Mon, Jul 2 10 & Under Tennis
Mon, Jul 2 Family Tennis
Mon, Jul 2 Adult Practice & Play Tennis
Mon, Jul 2 Swim Lessons
Wed, Jul 4 Office Closed (Independence Day)
Mon, Jul 9 Golf Camp
Mon, Jul 9 Junior Team Tennis League
Mon, Jul 9 10 & Under Tennis
Mon, Jul 9 Serve, Rally & Score Tennis
Mon, Jul 9 Tennis 101
Tue, Jul 10 Youth Learn to Row Camp
Tue, Jul 10 Model Rocket Camp
Wed, Jul 11 Hoop Dance
Wed, Jul 11 Canoeing
Wed, Jul 11 Summertime Sign Language
Wed, Jul 11 Welcome Back to Tennis
Thu, Jul 12 Doubles Tennis League
Thu, Jul 12 Open Water Swimming
Mon, Jul 16 Falcon Basketball Camp
Mon, Jul 16 Sailing Camp for Beginners
Mon, Jul 16 Serve, Rally & Score Tennis
Mon, Jul 16 Tennis 101
Mon, Jul 16 Adult Practice & Play Tennis
Mon, Jul 16 Swim Lessons
Wed, Jul 18 Triathlon Prep Help
Sat, Jul 21 Play Guitar Today!
Sat, Jul 21 Blues & Jazz Guitar Boot Camp
Sat, Jul 21 Fingerstyle Guitar Boot Camp
Mon, Jul 23 Dodgeball Camp
Mon, Jul 23 Sailing Camp for Beginning/
Intermediates
Wed, Jul 25 Beat the Heat Waterworks

AUGUST

Thu, Aug 2 Intro to Skimboarding
Sat, Aug 4 Whidbey Island Triathlon
Mon, Aug 6 Pro Baseball Camp
Mon, Aug 13 Challenger British Soccer Camp
Wed, Aug 15 App. Deadline for BBall Referees
Mon, Aug 20 Archery Camp
Mon, Aug 20 Adult Practice & Play Tennis

SEPTEMBER

Mon, Sep 3 Office Closed (Labor Day)

General Info***Financial Assistance***

Financial assistance is available through the Healthy Island Youth Initiative Physical Activity Scholarship for many of our programs. Individuals and businesses like Island Thrift donate generously to our youth scholarship fund. This is a needs-based program, designed to provide recreation options at low cost. Stop by the SWPRD office to fill out a scholarship application at least 2 weeks prior to registration deadlines.

Stay Informed

Subscribe to our e-newsletter and receive regular updates. Visit www.swparks.org and click on the square "Sign Up for News" icon on the right. Or, find us on Facebook.

Accessibility

Individuals with or without disabilities may register for all programs offered by South Whidbey Parks & Recreation District provided program safety can be met. The District provides reasonable accommodation for people with disabilities. Contact the SWPRD office three weeks in advance of the program start date to discuss accommodations. Reasonable accommodations will be determined on a case-by-case basis.



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Come Out and Play!

HELP WANTED

Umpires for Coed Softball League

Seeking quality umpires for the South Whidbey Parks and Rec Adult Coed Softball League. Games will be played on Friday evenings Jun 29–Aug 24, except one week when the games will be played on Wed, 8/1. There will also be a tournament on Saturday, 8/27. Teams play 2 short games each evening. Pay is \$35 per game, or \$70 for the two games. All umpire fees will be paid at the end of the season. Umpires will be contractors, not employees. Call or email Carrie by June 15th at (360)221-6788 or programs@whidbey.com.

Instructors Wanted

Do you have experience teaching art, fitness, movement, dance, or sports? Do you have a great idea, hobby or something new to add to our list of programs? If you answered yes to any of the above questions and have something you'd like to add to the schedule, give us a call! Contact Carrie at (360) 221-6788 or email programs@whidbey.com to request a class proposal packet.

Basketball Referees

We'll train you! Work side by side with an experienced referee, learning how to referee our youth basketball league. Referees receive free training, and are compensated for their time working on the court, in addition to the intangible rewards of impacting youth lives. Pay range is minimum wage and up for youth and adults 16+ years of age, depending upon experience and availability. Training dates will be scheduled for September. Application deadline: August 15. Call Carrie at (360)221-6788 for more information.

Special Event Volunteer Opportunities

SWPRD has a number of opportunities for you to volunteer to enrich your community. The success of our programs and events depends directly on the efforts of our quality volunteers! Upcoming volunteer opportunities:

Chum Run – June 5

Triathlon – August 6

Work Parties at Trustland Trails



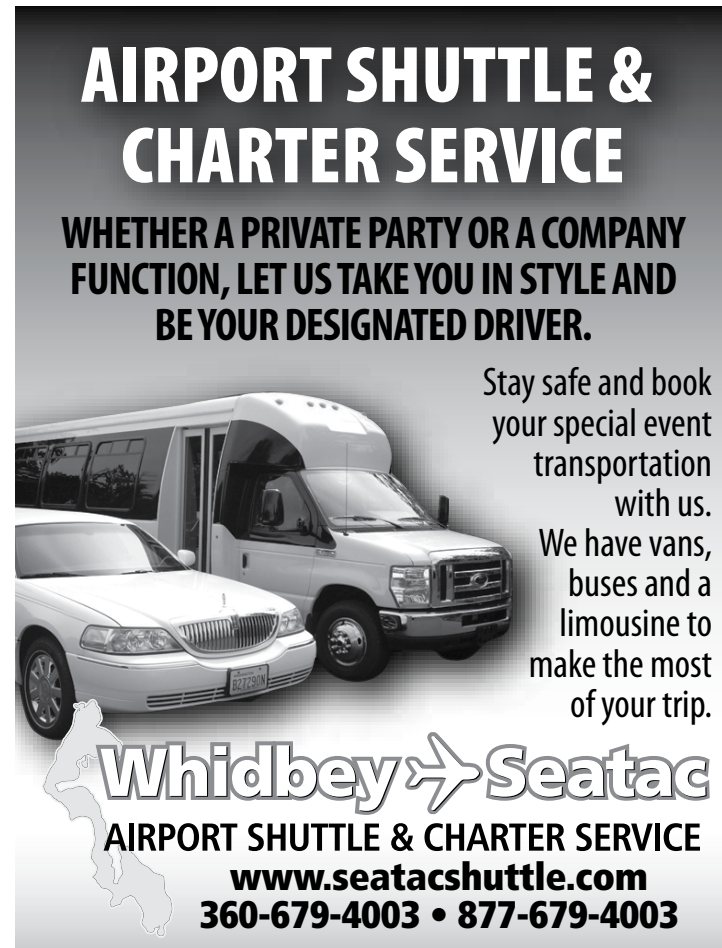
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