



FALL ACTIVITY GUIDE

SEPTEMBER - DECEMBER 2010

General Information

South Whidbey Parks & Recreation District	Parking	Nature Trails	Lake	Lake Swimming	Boat Ramp	Fishing	Playground	Horse Trail	Basketball	Soccer	Baseball	Athletic Fields	Bicycle Trails	Picnic Area	Toilets/Restrooms	Cultural Programs	Reserve Space	BBQ
Community Park	•	•					•		•	•	•	•	•	•	•		•	•
5475 Maxwelton Rd, Langley																		
Sports Complex	•	•					•			•		•		•	•		•	•
5598 Langley Rd, Langley																		
Trustland Trails (Available 7/2010)	•	•						•					•	•	•		•	
Craw Road & Hwy 525, Langley																		
Deer Lake Public Access	•		•	•	•	•								•	•			
4330 Bucktail Lane, Clinton																		
Lone Lake Public Access	•		•		•	•								•	•			•
5075 Lone Lake Rd, Langley																		
Goss Lake Public Access	•		•	•	•	•								•	•			
5235 Lakeside Dr, Freeland																		
SWPRD Offices	•	•													•	•	•	
5475 Maxwelton Rd, Langley																		

Other Local Parks

Island County Parks: 360-679-7373 (Includes Maxwelton Beach, Dave Mackie Park, Dan Porter Park, Freeland Park & Hall, Mutiny Bay Boat Ramp, Double Bluff, Marguerite Brons Memorial Park, Deer Lake, Lone Lake, Goss Lake, Putney Woods, Baby Island Hts.)

Washington State Parks: 360-902-8844 (Includes South Whidbey State Park, Fort Casey, Fort Ebey, Joseph Whidbey, Deception Pass)

Port of South Whidbey: 360-331-5494 (Includes Possession Beach Waterfront Park, Langley Boat Harbor, Bush Point Boat Launch, Mutiny Bay Facility, Clinton Beach Fishing Pier)

Facility & Field Reservations

Anyone wishing to make a reservation must fill out a facility use request form, available on our website and at our park office. Requests are filled on a first-come basis, depending on availability. Facility rental fees may apply. For additional information, contact the SWPRD office.

SPORTS FIELDS

For your athletic needs, SWPRD has softball, baseball, soccer and grass fields available. While use is usually free of charge, we do require advance reservation. Scheduling information for leagues, tournaments and individual teams is available by calling 221-5484.

PICNIC SHELTERS

Our 3 picnic shelters at Community Park and the Sports Complex are available for reservation for your party or special occasion. Although shelter use is usually free of charge, we do require advance reservation. The picnic shelters can accommodate 45-75 people.

FACILITIES

You can now rent or reserve space for parties, meetings, classes, special events and more! We have large and small rooms at our new recreation headquarters at 5475 Maxwelton Road, Langley. The room that formerly housed the SWPRD office (the Crow's Nest) is also available. Fees may apply. Contact SWPRD to view space, check availability and rates.

Contact Us

SWPRD RECREATION OFFICE

5475 Maxwelton Road, Langley, WA, 98260

OFFICE HOURS

Mon-Thu, 8:30AM–5:00PM

Fri, 8:30AM–4:30PM

MAILING ADDRESS

P.O. Box 136, Langley, WA 98260

OTHER

Phone 360-221-5484 • Fax 360-221-7323

E-mail swparks@whidbey.com

Website www.swparks.org

Board of Commissioners

The SWPRD Board of Commissioners meets the third Wednesday of each month at 7:00 p.m. at the Community Meeting Room, South Whidbey Parks & Recreation offices, 5475 Maxwelton Road, Langley. Commissioners are:

**LINDA KAST • JIM PORTER • MATT SIMMS
ALLISON TAPERT • DON WOOD**

Registration Information

- Advance registration is required for all programs unless otherwise stated. All fees are due at the time of registration.
- All programs have a minimum and maximum enrollment. We request that you register in advance to ensure class minimums are met.
- We reserve the right to cancel a program if minimums are not met.
- There is a \$25 service charge on all returned checks.
- Please use our general registration form in this guide for all programs unless otherwise indicated.
- Registration forms are also available online at www.swparks.org.

4 Ways to Register

BY MAIL

Send completed registration form (see page 4) and full payment to:

SWPRD, PO Box 136, Langley, WA 98260

BY FAX

Fax completed registration form with credit card authorization to us during our regular business hours. Call the office at 221-5484 to confirm receipt after faxing.

Fax to 360-221-7323.

IN PERSON

Walk in to our SWPRD office at
5475 Maxwellton Road, Langley,
during our regular business hours.

ONLINE REGISTRATION

For your convenience, you may now register online for many of our programs, at no additional cost. Check out this new service at

www.swparks.org.

Accessibility

Individuals with or without disabilities may register for all programs offered by South Whidbey Parks & Recreation District provided program safety can be met. The District provides reasonable accommodation for people with disabilities. Contact the SWPRD office three weeks in advance of the program start date to discuss accommodations. Reasonable accommodations will be determined on a case-by-case basis.

Financial Assistance for Youth Programs

Financial assistance is available for many of our youth programs. Businesses like Bayview Vision Clinic and Whidbey Telecom donate generously to our youth scholarship fund. This is a needs-based program, designed to provide fitness and recreation options at no- or low-cost, and is renewable every quarter year. Stop by the SWPRD office to fill out a scholarship application.

Refund Policy

- Full refunds will be given for all classes cancelled by SWPRD.
- If you need to cancel your registration before the second session, we will refund your full registration, minus a \$5 processing fee, or issue a credit good for one calendar year, for the full fee.
- After the second session, a refund or credit will not be issued.
- To request a refund, a Refund Request Form must be submitted to the SWPRD office. Forms are available online and at the SWPRD office.
- Please be aware that refund requests may take up to 45 days to process.
- Refunds will not be issued from a credit.
- Refunds will not be issued for programs costing \$5 or less, unless cancelled by SWPRD.
- One day classes, trips, camps or special events are not covered under this policy (no refunds or credits available).
- Kidz Love Soccer, British Soccer, Skyhawks and other contracted programs have their own refund policies that we follow. Call for more information.
- Every effort is made to insure that the information in this brochure is accurate. Due to possible changes we reserve the right to add, withdraw or revise programs/events as needed. For up to date information please visit our web site at www.swparks.org.

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Gift Certificates Available!
See page 6



Mission Statement

The mission of the South Whidbey Parks & Recreation District is to provide all residents and visitors in the district a variety of recreational activities and facilities. This should be fun and safe and be well integrated into our island community and environment. It should also be educational and healthful, providing opportunities for individuals and our community to play well together. It is our mission to best achieve this through community participation.

Registration Form

South Whidbey Parks & Rec Registration Form

Mail registration form with payment to SWPRD, PO Box 136, Langley, WA 98260, or fax with credit card payment to 360-221-7323.
Call 360-221-5484 to confirm faxed registrations. You can also register online at www.swparks.org!

Participant Information

Participant Name	Contact Phone	Alternate Phone	DOB / /	Age	Grade
Mailing Address	City	State	Zip	Gender	
Email	Check here to receive our e-newsletter. <input type="checkbox"/>		Youth: S M L Adult: S M L XL 2X Circle your shirt size (if applicable)		
Please list any health, behavioral or medical concerns			Physician Name		

Parent/Guardian Information (Required for youth only)

Mother	Phone(s)	Father	Phone(s)	Relationship to Child
Emergency contact other than parent who is permitted to pick up above youth.		Phone(s)		

Program Title

Program Title	Date or Session #	Start Time	Fee
			\$
			\$
			\$
			\$
			\$
			\$
Please consider donating to our scholarship fund and add to your total. My donation \$			Total \$

Waiver/Photo Release

I agree to hold harmless the South Whidbey Parks & Recreation District, its officials, its employees and agents for any and all claims for personal injury and damage in which damage and injury is or appears to be proximately caused by my participation or the participation of the child for whom I am responsible in this recreation program. Furthermore, I hereby consent that images (photographs, video recordings, etc.) of me or my child engaged in above activities may be used for promotional purposes.

Signed: (Parent/Guardian Signature Required for Youth)

Date:

For Office Use

Method

Rec'd By

Date

Amount

Receipt #

Checks should be made payable to SWPRD. Now taking online registration at swparks.org!

PAYMENT

To Pay by Credit Card

Card Number	CVV # _____ (Found on back of card)	<input type="checkbox"/> MasterCard <input type="checkbox"/> Visa
Name on Card	Expiration Date	
Signature	Total Fee	

How did you hear about this program?

☐ Web Search ☐ Activity Guide ☐ Email ☐ Flyer @ School ☐ Newspaper ☐ Other: _____

Archery

(Grades 4 – 8) This archery club covers the history of archery, proper shooting techniques, equipment selection and training, and there will be plenty of hands-on fun! This course is designed to present the lifetime recreational activity of archery in a broad perspective for future use as a recreational and/or competitive pursuit. Coach Glen Harris has been a professional archery coach for over 27 years and currently holds the highest level earned degree awarded to archery coaches by USA Archery. He has been head coach for 12 World Archery teams. Location: SWPRD at 5475 Maxwellton Road, Langley, at entrance.

In the event of rain, Coach Harris will have alternative activities indoors at the recreation building.

Grades 4 – 5

Wed, 9/8 – 9/29, 3:45 – 4:45PM, \$55.

Wed, 10/6 – 10/27, 3:45 – 4:45PM, \$55.

Wed, 11/3 – 11/24, 3:45 – 4:45PM, \$55.

Grades 6 – 8

Wed, 9/8 – 9/29, 2:45 – 3:45PM, \$55.

Wed, 10/6 – 10/27, 2:45 – 3:45PM, \$55.

Wed, 11/3 – 11/24, 2:45 – 3:45PM, \$55.



Kidz Love Soccer

(Ages 2 – 9) Learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. Kidz Love Soccer teaches the basics of soccer and reinforces good habits. A session experience includes: age appropriate activities, skill demonstrations, fun games, and instructional scrimmages conducted in a noncompetitive recreational format. Shin guards required. Call the KLS Rain-Out Hotline: 1-888-372-5803 for rainouts or possible cancellations. Location: Soccer Sports Complex on Langley Rd – look for "Kidz Love Soccer" signs.



Girls' Running Club

(Grades 3 – 5) NEW! Put down that DS and lace up your running shoes! This new club is for girls in 3rd – 5th grade who want to discover the joy of running in a non-competitive setting. No experience needed – all you need is a good attitude and a willingness to move, move, move! We will work on building strength and endurance, by playing games, performing drills, and running trails. Our goal will be to complete the Elf Chase 5K in December. Wear running shoes & proper attire required. Location: Trails around Elementary School & Community Park, parent pick-up at Community Park District office.

Mondays, 9/20 – 12/6, 3:30 – 4:30PM \$35.

CONTINUED page 6...

**6446 HARDING
CLINTON**
near the ferry

**MONDAY-FRIDAY
8:30-5:00**

341-3504

mattsimporthaven.com



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- ⦿ Oil changes while you wait (by appointment)
- ⦿ 18-month, unlimited mileage warranty
- ⦿ Customer rental cars available



Kidz Love Soccer

TOT SOCCER (Ages 3.5-4 years)

Sat, 9/18 – 11/6, 8 weeks, 9:45 – 10:15AM, \$66.

PRE SOCCER (Ages 4-5 years)

Sat, 9/18 – 11/6, 8 weeks, 10:15 – 10:50AM, \$66.

SOCCER 1 (Ages 5-6 years)

Sat, 9/18 – 11/6, 8 weeks, 10:50 – 11:35AM, \$66.

SOCCER 2 (Ages 7-9 years)

Sat, 9/18 – 11/6, 8 weeks, 11:35AM – 12:20PM, \$66.

MOMMY/DADDY & ME SOCCER

(Ages 2-3.5 years)

Introduce your toddler to the world's most popular game, with Kidz Love Soccer! As you and your child participate in fun activities designed around the game of soccer, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and you won't have to watch from the sidelines. Shin guards not required.

Sat, 9/18 – 11/6, 8 weeks, 9:05 – 9:35AM, \$66.



Please bring a snack, water bottle, and wear appropriate tennis shoes. Loaner racquets are available.

QuickStart Tennis

(Ages 5 – 9 years, all levels) QuickStart tennis is an exciting play format for learning and playing tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. Instructors: Teresa Wheeler and Karyle Kramer. Location: Instructors will meet students at S.W. Elementary School flagpole right after school, then proceed to the covered QuickStart courts behind the school. Please send a permission note for your child's teacher and a snack and water for your child.

GRADES K-2: Tue/Thu, 9/14-10/7, 3:30-4:30pm, (8 sessions), \$40.

GRADES 3-4: Wed, 9/15-10/6, 3:30-4:30pm, (4 sessions), \$24.

Junior Tennis

(Ages 10 – 13, all levels) Beginners will learn the fundamentals of tennis: strokes, scoring and basic strategy with match play. Adv. beginners and intermediate players will review and practice their skills and improve strategy through supervised match play. Instructors: Teresa Wheeler and Karyle Kramer. Location: SWHS Tennis Courts. Rain make-up is the second week in October if necessary. Refunds will not be issued due to make-up day conflicts. Call 221-5484 after 8:00AM for rain-out information.

Tue/Thu, 9/14-10/7, 4:45-5:45pm, (8 sessions), \$45.

More Tennis!

Please check the website for updated information on additional Tennis programs for October & November.



Youth Dodgeball League

Back by popular demand! Play the game how it was meant to be played: with you as the target! Our youth dodgeball is for boys and girls in grades 4 – 5 and 6 – 8. Are you looking for an indoor activity to get you through these long winter months? Then we've got the sport for you! We use special coated foam "gator" balls that are designed for speed, accuracy, and minimal risk of injury. These are not the old rubber playground balls. Each team will play games over 6 weeks on Tuesday nights, and possible "practices" as determined by the team manager. Each player will receive a team jersey with their chosen team name and image. Registration deadline: November 1. Parent "Team Managers" are needed to make this program a success. Team managers must apply by registration deadline. Team manager's child will play for discounted fee of \$20. Contact Carrie at 221-5484 or programs@whidbey.com for more information.

Wednesdays, 11/10 – 12/15, Evenings, \$35.



Gift Certificates



A wonderful gift idea that won't stuff your closet. Give your grandson archery lessons. Sign your Aunt Betty up for Watercolor Painting class. Surprise your daughter with snowboarding lessons at Stevens Pass on the Snowrider Bus.

We offer gift certificates for all of our park programs.

Come purchase your gift certificate today!

GIRLS BASKETBALL



BE A PART OF THE TEAM!

Don't miss out on this opportunity to be a part of a team! Sign up now for our recreational basketball league. This long-standing recreational league is an excellent way to learn and enjoy the awesome game of basketball. Experience basketball if you are a rookie or an advanced player. Our league offers a great first experience, or a chance to refine your skills. Quality and caring coaches will give a chance for fair play in a positive learning environment.

THE SEASON

The season begins with the skills evaluation, see below. Team assignments and practices will begin shortly thereafter. Coaches will call you and notify you of what team you're on by October 15th. Games will begin in early November. Season will end mid-December with a Jamboree, celebrating the season. Game schedules vary and take place at South Whidbey gyms.

BASKETBALL SKILLS EVALUATION

This important evaluation allows coaches to get an idea of the skill level of each individual and thus establish even teams. The skills evaluation will start off with drills and conclude with a scrimmage at the end of the session for the older kids. All registrants will be assigned to a team and get to play, regardless of skill level. Location: Langley Middle School.

EVALUATION SCHEDULE: THURSDAY, OCTOBER 7

Grades 2* - 3	Thu	10/7	5:00 - 5:45PM
Grades 4 - 5	Thu	10/7	5:45 - 6:45PM
Grades 6 - 8	Thu	10/7	7:00 - 8:00PM

*Skills Eval is optional for 2nd graders, required for 3rd graders

REGISTRATION FEE

\$50 through 9/30
\$60 after 9/30

Limited needs-based scholarships are available.



Girls' Basketball League

Volunteer Coaches Needed For Youth Basketball – See ad in our "Help Wanted" section on page 15.

Boys' Basketball League

Our boys' basketball league, with divisions for grades 2 - 8, will begin in January. Look for more information on our website or in the winter Activity Guide, which comes out in December.



NFL Punt Pass & Kick

Young pro football fans will have the opportunity to exhibit their football skills when the South Whidbey Parks & Rec and Falcon Youth Football hosts an NFL Punt, Pass & Kick competition. Entry forms are available online at NFLyouthfootball.com or from the Park office. The NFL Punt, Pass & Kick football competition allows youngsters to showcase their talents in punting, passing, and kicking with scores based on distance and accuracy. The top finishers from each age group will advance to a Sectional competition. The winners at the Sectional competition will have their scores compared with other Sectional champions; the top four scorers from the pool of Sectional champions advance to the Team Championship.

Location: Community Park Fields.

Monday, 9/27, 4 - 5:00PM, \$FREE.



Tennis

Please bring a racquet, water bottle, and wear appropriate tennis shoes. Loaner racquets are available. Rain make-up is the second week in October if necessary. Refunds will not be issued due to make-up day conflicts. Call 221-5484 after 8:30AM for rain-out information. See Special Offer on page 9.

CARDIO TENNIS

(2.0-4.0; Adv. Beginner – Advanced)

Cardio Tennis is a fun group activity featuring drills to give players of ALL abilities an ultimate, high-energy workout. Cardio Tennis includes warm up, cardio workout and cool down phases all done with great music. Location: SWHS tennis courts.

Mon, 9/13-10/4, 9:15-10:15AM, \$38.

Thu, 9/16-10/7, 9:15-10:15AM, \$38.

SKILLS & DRILLS (2.5-3.5; Adv. Beginner – Intermediate)

Learn and review specific skills (such as slice backhand and spin serve) and practice them during focused drills.

Location: SWHS tennis courts.

Mon, 9/13-10/4, 10:25-11:25AM, \$38.

Thu, 9/16-10/7, 10:25-11:25AM, \$38.

MATCH PLAY (2.5-3.5; Adv. Beginner – Intermediate)

Play tiebreakers and regular sets with a focus on specific strategies. Karyle offers suggestions and feedback during "live" match play.

Location: SWHS tennis courts.

Mon, 9/13-10/4, 11:30-12:30PM, \$38.

Thu, 9/16-10/7, 11:30-12:30PM, \$38.

Volleyball

OPEN CO-ED VOLLEYBALL - SOUTH

WHIDBEY (Adults 18+) Locals are encouraged to drop in for a pick-up game of volleyball on Tuesdays, regardless of skill level. No volleyball on non-school days. Location: games rotate between the Multipurpose and Main gyms at Langley Middle School. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability. For information or schedule changes, call Amber O'Brien at 360-320-1757.

Tuesdays During School Year, 6:30 – 8:30PM, \$FREE.

OPEN CO-ED VOLLEYBALL -

COUPEVILLE (Adults & Youth 16+) Come enjoy a workout and a fun game of volleyball with a great group of people! For more information about volleyball, contact Robyn Wynn at rawynn91@yahoo.com.

Location: Coupeville Middle School Gym, 501 S Main St, Coupeville.

Mondays, 9/13 – 11/29, 7 – 8:30PM, \$30.

Basketball

OPEN CO-ED BASKETBALL -

COUPEVILLE (Adults & Youth 16+) Back by popular demand! After a long sabbatical, the adult basketball program is back in business. Come out for a workout and a game of b-ball. Open to men and women 16+. For more information contact Sarah Stuurmans at sarah3_02@yahoo.com.

Location: Coupeville Middle School Gym, 501 S Main St, Coupeville.

Fall Session: Sundays, 9/12 – 12/19, plus Wednesdays, 9/15 – 11/10, 6:30 - 8:30pm, \$60.

OPEN GYM BASKETBALL - SOUTH

WHIDBEY Men ages 35 and up are invited to come out and play basketball with their peers. Whether you're a serious player or a rookie, this is your opportunity to get out and play. Refine your skills or get in shape! For information or possible schedule changes, call Jeff Chiarizio at 331-5545. Participation is free of charge. Donations are always appreciated and go toward our Youth Basketball Scholarship Fund. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability.

Location: South Whidbey High School Gym.
Mon & Wed During School Year, 6:30 – 8:30PM, FREE.

Running Under the Lights

(All ages) Runners of all ages and abilities are welcome to be part of a group that has a great passion for running! Get tips, lessons or just time to run with a group on a well-lit track. We encourage you to come out and run with us! Youth must have parent permission to participate. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability. Location: South Whidbey High School Track.

Thu, 11/11 – 2/17, 6 – 7:00PM, \$FREE.



HALF LINK BICYCLE SHOP

www.halflinkbikes.com

5603 Bayview Road - Langley
360-331-7980

SALES - REPAIR - RENTALS



SPECIALIZED

Winter Festival

(All ages welcome) Kick off the holiday season with this festive afternoon of music, fire engine rides, and hot refreshments. This event is sure to put you in the holiday spirit. Sledding will be permitted if there's snow. Free digital pictures of you and a special guest from the North Pole – a great family holiday picture opportunity! The festivities will take place at the picnic shelter next to Castle Park if the weather's good, and at the SWPRD Recreation Building if it's not; look for signs. *Thank you Jet Java, for providing yummy hot coffee at this chilly event!*

Sunday, 12/5 1:30 – 4:00PM \$ Free



Island County's 13th Annual Children's Day Celebration

September 25, 2010

10:00am - 2:00pm

- Music
- Arts & Crafts
- Inflatables
- Face Painting
- Resource Fair
- Free Food
- Balloon Animals
- Pony Rides
- Fire Truck

Children's Day is a Free Family Event!

South Whidbey's Community Park
5495 Maxwellton Road, Langley

SPECIAL TENNIS OFFER!

Sign up for any three **Adult Tennis classes** and receive a complimentary 30 minute private lesson with the instructor, **Karyle Kramer.**

Contact Karyle with questions:
321-8499 or kkandnb@whidbey.com



Polar Bear Plunge

Saturday • January 1 • Noon

Start the new year off with a splash and join 150+ jumpers for a bone-chilling dive into 2011 at Freeland Park! Registration opens at 10am. \$15 includes event shirt & refreshments. Proceeds benefit 4-H Teen Leadership activities on Whidbey.



Photo by Dave Welton

Sign Language

(All ages, children accompanied by an adult)

What's it like to learn sign language? Find out with instructor Susan Ishikawa, who has been a Teacher of Deaf and Hard-of-Hearing for 36 years. She was fascinated by meeting KOKO the signing gorilla in the early 1970's and loves to share this skill with others. Sign language is the third most used language in the USA and is FUN to learn. Susan has taught scuba divers, teachers, moms teaching baby sign language, clergy, parents of hearing impaired children, flight attendants, and children of ALL AGES. This is also a great refresher class for those who have taken signing previously. You will be introduced to numbers, alphabet and how to sign phrases and read this unique language. Bring a friend, so you have someone to sign with when you are home.

Thu, 09/30 - 10/21, 6-6:45PM, \$22.

Thu, 10/28 - 11/18, 6-6:45PM, \$22.

Thu, 12/02 - 12/23, 6-6:45PM, \$22.

Fundamentals of Drawing

Come learn the basics of drawing! Knowing the fundamentals gives us a greater command of advanced painting media such as watercolors, oils and pastels, and thus our own self expression. Through lectures, demonstrations, and in/out of class drawing studies, you'll learn the essentials such as sighting, values, composition, light and shadow, perspective, contour line, and dry media such as pencil and charcoal. We'll also

study the masters of drawing such as Rembrandt, Delacroix and Leonardo. Your natural abilities and individual voice will be recognized, nurtured and encouraged to further you down the road of artistic development. Visit the 'Tools' page at <http://drawingsfromlife.blogspot.com/p/tools.html> for the supply list.

Instructor: Kris Wiltse (see profile on page 14)

Location: Recreation Building at 5475 Maxwellton Rd., Langley.

Saturdays, 11/6 - 12/11, 10am-1pm, \$190 (\$175 for returning students)

Painting with Watercolor

No other medium compares to the jewel-like qualities of watercolor and all its variations in color and granulation characteristics. Not to mention the absolute thrill of watching colors disperse, bloom and explode on paper! All levels are welcome in this workshop, as your natural abilities and individual, artistic voice will be recognized, nurtured and encouraged. We'll study color, composition, wash techniques and pigment characteristics through exercises, discussions and demonstrations all of which will help build your confidence with this beautiful medium. Come experience the joy and thrill of painting with watercolor! Visit the 'Tools' page at <http://drawingsfromlife.blogspot.com/p/tools.html> for the supply list. Instructor: Kris Wiltse

Location: Recreation Building at 5475 Maxwellton Rd., Langley.

Saturdays, 11/6 - 12/11, 2-5pm, \$190 (\$175 for returning students)



Music Together

(For children birth to five years and their adult caregivers) All children can learn to sing in tune, keep a beat, and participate with confidence in the music of our culture, provided that their early environment supports such learning. Come and see how much fun it is with Music Together! Music Together is an internationally recognized early childhood music program for babies, toddlers, preschoolers, kindergarteners, and the adults who love them. First offered to the public in 1987, it pioneered the concept of a research-based, developmentally appropriate early childhood music curriculum that strongly emphasizes and facilitates adult involvement. Music Together classes are based on the recognition that all children are musical. Instructor: Kat Fritz, Center Director, Music Together of Whidbey Island. **FREE Demonstration class on Wed, 9/8, 10:15-11:00AM, pre-registration required.**

Tue, 9/14 - 11/16, 10:15-11:00AM, \$97* (\$75 for additional siblings age 9 mos. to 5 years).

continued on pg 11...



ISLAND CHRISTIAN ACADEMY

"Examine everything carefully, hold fast to that which is good" Thessalonians 5:21

We Send Our Children to ICA Because...

"Our boys are excited about learning" Chris & Marita Schott

- CHALLENGE KIDS SCHOLASTICALLY
- WORK WITH KIDS STRENGTHS AND ABILITIES
- CHRISTIAN VALUES TAUGHT THROUGH EXAMPLE
- SUPPORT VALUES TAUGHT AT HOME
- COMMUNITY ATMOSPHERE
- AFFORDABLE OPTIONS

5373 Maxwellton Rd., Langley, WA 221-0919

Wed, 9/15 – 11/17, 10:15-11:00AM, \$97* (\$75 for additional siblings age 9 mos. to 5 years).

***Additional materials fee of \$38 per family due to instructor on first day of class. Class materials include two CD's, music activity book, and parent guide so you can continue the musical experience throughout the week.**

Introduction to Botanical Illustration

(For Adults and Youth 16+) This course introduces students to the practice of botanical illustration from a natural science perspective. Draw and paint Northwest flora while learning classification and identification. Create accurate and dynamic scientific illustrations using graphite, pen and ink, color pencil or watercolor. Make your own cards, floral prints or scientific plates and finish with a wall-ready depiction of your favorite vegetable, flower, fruit or tree. Some drawing experience is helpful and the course is open to all skill levels. Bring supplies to first class - materials list available at www.quinnfitzpatrick.com.

Instructor: Quinn Fitzpatrick.

Location: Recreation Building at 5475 Maxwellton Rd., Langley.

Thu, 10/21 – 12/16, 7:30 – 9:00PM, \$170.

The Traveling Garden Photographer

(Adults) Flowers and gardens, with their riot of color and enormous diversity of form, offer endless inspiration for photographers. The challenge, of course,

is capturing these unforgettable sights with a digital camera. The Traveling Garden Photographer: Focus on Holland and Belgium takes us back to where "tulipmania" began centuries ago, and provides participants with "down to earth" answers to the most commonly asked questions about garden photography. Instructors: John & Kathy Willson of Swede Hill Dahlia Sunflower Farm, 579-2590, jwillson@whidbey.com.

Advance registration required by 11/2.

Minimum 7 / Maximum 25.

Location: SWPRD Recreation Building.

Thu, 11/4, 6:30 – 9:00pm, \$25.

Guitar

BEGINNING GUITAR

(For Adults and Youth 16+)

Have fun while learning how to play acoustic guitar! Gain a solid foundation and the tools to play thousands of songs using traditional and contemporary sources, in folk, country, gospel, blues and rock styles. Learn fundamental chords, progressions, strums and finger-picking. By the end of this course, you will have the resources to play many songs in different styles. Loaner guitars are available, be sure to reserve one prior to the first class.

Instructor: Quinn Fitzpatrick.

Location: Recreation Building at 5475

Maxwellton Rd., Langley.

Thu, 10/21 – 12/16, 6:30 – 7:30PM, \$115.

GUITAR BOOT CAMP

If you have guitar experience and are ready for basic training on how to make yourself a better guitar player, this workshop is

for you! During this hardcore session, you will learn guitar fretboard logic, scales, practice exercises, fundamental chords and progressions, essential strumming and finger picking patterns. You will learn everything you should know to have a rock solid foundation in playing guitar! Then learn how to put it all to work with group soloing and jamming at the end. Learn the tools to play hundreds of traditional and contemporary songs in different styles. All materials included!

Instructor: Quinn Fitzpatrick.

Location: Recreation Building at 5475

Maxwellton Rd., Langley.

Sun, 10/3, 2:30 – 4:30PM, \$50.

INTRODUCTION TO GUITAR

If you have been considering playing guitar and are ready to take a test run, this workshop is for you! During this introductory session, you will learn basic chords and strums and be playing simple songs by the end of the workshop. In addition, you will learn some basic music theory. No note reading required! Introduction to guitar is geared toward folks who have no guitar playing experience whatsoever and would like to sample playing guitar with a thorough, encouraging and patient instructor. All materials included! Loaner guitars available upon request, register early to reserve one.

Instructor: Quinn Fitzpatrick.

Location: Recreation Building at 5475

Maxwellton Rd., Langley.

Sun, 10/3, 12:30 – 2:30PM, \$50.

Scandinavian Cultural Arts Program



All Interested Youth ages 5 to 12:

- Enroll in our fun, weekly class to learn Scandinavian folk dancing, singing, cooking, crafts, and beginning Norwegian
- And then join Whidbey's own youth folk dance troupe, *The Young Skandia Dansers*, and perform at local Nordic events, fairs and festivals

Weekly after school program in Langley

Ask about our sibling discount

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Science Club

(Grades 1 – 3) What you will find at Science Club: Activities that are fun and educational; Projects that make you think, "Hmmm..."; Experiments that can be re-created at home; Opportunities for exploration, experimentation & investigation; New friends, old chums... and more! Instructors will escort SWES students to program after school if you provide a permission slip to your teacher. Instructors: Kat Fritz, Jane Grossman. Location: Recreation Building at 5475 Maxwellton Rd., Langley.

BUBBLE-OLGY: THE SCIENCE OF BUBBLES AND SOLUTIONS.

Mon, 9/27 – 10/18, 3:45-4:30PM, \$35*.

COLORS GALORE: THE SCIENCE OF SIGHT AND BEAUTY IN NATURE.

Mon, 10/25 – 11/15, 3:45-4:30PM, \$35*.

**An additional \$5 materials fee must be paid to the instructor on the first day of class.*

Healthy Lifestyles After School Club

(Grades 4 – 5 & 6 – 8) This after school program focuses on healthy eating and active living for participants and their families. Curriculum will include plenty of hands-on activities, guest speakers, field trips, and group fun! Transportation is available for participants, if necessary. Community partnerships will allow use of facilities for swimming, dancing, yoga, pilates, tai chi, and other group activities. Please find our booth on Children's Day,

September 25th at Community Park. For further information, please contact Terri Arnold, SWPRD Director, (360) 221-6488 or dirswwprd@whidbey.com. Location: Recreation Building at 5475 Maxwellton Rd., Langley.

GRADES 4 – 5: M/W/F, 9/27 – 11/19, 3:30 - 5:30PM, \$FREE.

GRADES 6 – 8: T/Th, 9/28 – 11/18*, 2:30 - 5:30PM, \$FREE.

Program will not run on Veteran's Day, November 11th.

Dahlias Made Easy

(Adults) Dahlias are a well-established favorite among many Northwest gardeners. Varied color, form and size make dahlias a popular choice for a garden of any kind. With more than 50,000 registered dahlias, learning to choose, cultivate and harvest the flower can prove to be a challenging experience for the beginning and expert gardener alike. Digging, dividing and storing– "Dahlias Made Easy" unravels the myths on dahlia gardening and provides "down to earth" answers to the most commonly asked questions. Instructor: John & Kathy Willson of Swede Hill Dahlia Sunflower Farm 579-2590 jwillson@whidbey.com. Advance registration required by 10/5. Minimum 7 / Maximum 25. Location: SWPRD Recreation Building. **Thu, 10/7, 6:30 – 9:00pm, \$25.**

Playscape

A parent/child play date.



(Children ages birth to kindergarten) Are you looking for a place for your child to play? An opportunity to connect with other parents in the community? Playscape is a weekly, free, drop-in time for caregivers and their children to participate in fun and engaging activities such as an infant area, craft table, gross motor space, and creative play. Playscape is a space for parents to connect and enjoy play time with their child regardless of the weather outside. Playscape is a program of the SW Commons in collaboration with SW Parks & Recreation District. For more information please visit www.swcommons.com or call SWC at 360-221-0127.

Location: Blue Portable behind South Whidbey High School.

Mon & Fri, 9/13 – 6/27, 9:30 – 11:30AM, FREE.



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Snow Rider

Your Ride to the Mountains

We're looking forward to another great year on the mountain! This program is for beginning to advanced skiers, snowboarders and snowshoers. Contact the park office or go online to www.swparks.org for a detailed brochure and rates.



- Tuesdays (Adults) Jan 11 - Mar 1
- Saturdays (Youth) Jan 8 - Feb 26
- Sleep on the bus ride up!
- Luxury bus w/ restroom
- Discount lift tickets
- Ski/ride hard all day, without the worry of driving home!
- Save on ferry fees and gas

Schedule At A Glance

September

- 9/8 Archery
- 9/12 Open Co-Ed Basketball - Coupeville
- 9/13 Girls' Running Club
- 9/13 Cardio Tennis
- 9/13 Open Co-Ed Volleyball - Coupeville
- 9/13 Tennis Skills & Drills
- 9/13 Playscape
- 9/13 Tennis Match Play
- 9/13 Men's 35+ Basketball
- 9/14 QuickStart Tennis
- 9/14 Junior Tennis
- 9/14 Open Co-Ed Volleyball - South Whidbey
- 9/14 Music Together
- 9/15 QuickStart Tennis
- 9/15 Open Co-Ed Basketball - Coupeville
- 9/16 Cardio Tennis
- 9/16 Tennis Skills & Drills
- 9/16 Tennis Match Play
- 9/18 Kidz Love Soccer
- 9/20 Girls' Running Club
- 9/25 Children's Day Celebration
- 9/27 Healthy Lifestyles After School Club
- 9/27 NFL Punt, Pass & Kick
- 9/27 Science Club
- 9/29 Girls Basketball Coach Application Deadline
- 9/30 Sign Language

October

- 10/3 Guitar Boot Camp
- 10/3 Intro to Guitar
- 10/6 Archery
- 10/7 Girls Basketball - Last day to sign up!
- 10/7 Dahlias Made Easy
- 10/21 Botanical Illustration
- 10/21 Beginning Guitar
- 10/25 Science Club
- 10/28 Sign Language
- 10/30 Dodgeball Sign-Up Deadline

November

- 11/3 Archery
- 11/4 The Traveling Garden Photographer
- 11/6 Fundamentals of Drawing
- 11/6 Painting with Watercolor
- 11/10 Dodgeball Begins
- 11/11 Running Under the Lights

December

- 12/2 Sign Language
- 12/5 Winter Festival

January

- 1/1 Polar Bear Plunge
- 1/8 Youth SnowRider Bus
- 1/11 Adult SnowRider Bus



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www.swparks.org

and click on the "Sign Up For News" icon.

Instructor Bio: Kris Wiltse



You might recognize Kris's gorgeous work at local parks and trailheads where interpretive signage has been posted depicting local habitats and wildlife. Kris has taught figure and basic drawing and began her career as a professional illustrator. In addition to illustrating she has taught figure drawing, basic drawing and illustration for 9 years at SVC, and Seattle Central CC. With the block print medium, her love for line, texture, color and design are expressed using the brayer, brush and gouge. She also includes watercolor, inks, charcoal and pastel in her repertoire of mediums that give her tremendous joy.

Her achievements include the American Graphic Design Award, Creativity 38 Awards, Northwest Addy Award, Package Design Council Certificate of Excellence, and the Communication Arts Award for Excellence. Visit www.kriswiltse.com to learn more about her and sample her art work. Her previous classes with us received great reviews from participants, so join us for this opportunity to learn from a wonderful local artist!



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SEEKING GROUP RECREATION FITNESS INSTRUCTORS

We are seeking qualified instructors to provide affordable fitness classes at our new facility. We will provide facilities, advertising and registration. You will conduct high quality group fitness opportunities for our community in a safe, professional and effective manner. May include dance, aerobics, stretching, or strength/sculpting. Certification preferred, or the equivalence of 1 year experience in specific fitness instruction. Personal involvement in group fitness classes preferred. Days and hours vary, based on your schedule. Call Carrie at 360-221-6788 for more information and a class proposal packet.

INSTRUCTORS WANTED

Do you have experience teaching art, fitness, movement, dance, or sports? Do you have a great idea, hobby or something new to add to our list of programs? If you answered yes to any of the above questions and have something you'd like to add to the schedule, give us a call! Contact Carrie Monforte at 221-6788 or email programs@whidbey.com to request a class proposal packet.

BASKETBALL REFEREES

We'll train you! Work side by side with an experienced referee, learning how to referee our recreational league. Referees received free training, and are compensated for their time working on the court, in addition to the intangible rewards of impacting youth lives. Call Carrie at 221-6788 for more information.

VOLUNTEER COACHES NEEDED

We need quality volunteer coaches to provide positive guidance for youth in our basketball league. We strive to provide a fun environment which challenges each participant's playing potential, while maintaining the integrity of disciplined and fair "Team Play." Coaches must be patient, fun-loving, and exhibit a positive role model for our youth. This is an opportunity for parents to take an active role in their child's recreational experiences. Potential coaches should apply by September 29th at 4:30pm. Coaches receive free registration for their child. Coaches must attend the Skills Evaluation for their age group on Thursday, October 7th and a coach/draft meeting TBA. All coaches must successfully pass a criminal history background check. Contact Carrie at 221-6788 or programs@whidbey.com for more information.

SPONSORS MAKE A DIFFERENCE

You can make a huge impact in your community by contributing goods or dollars to many of our programs, including the Youth Recreation Scholarship Fund. We're seeking sponsors for our biggest programs, including the Youth Basketball League, the Whidbey Island Triathlon, the Chum Run 5K, and Summer Concerts in the Park. Sponsorship also provides businesses with the opportunity to get their name out in the community. Contact Carrie for sponsorship opportunities and benefits at programs@whidbey.com or 221-6788.

SPECIAL EVENT VOLUNTEER OPPORTUNITIES

SWPRD has a number of opportunities for you to volunteer to enrich your community. The success of our programs and events depends directly on the efforts of our quality volunteers!

Upcoming volunteer opportunities:

Children's Day – Sept 25

Winter Festival – Dec 5

Youth Basketball League – October – March

Program Instructors – Year Round

Work Parties at Trustland Trails



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