

ACTIVITY GUIDE SEPT-DEC AUTUMN 2009

2 General Information & Registration

DROP IN:

Community Park 5495 Maxwelton Road, Langley, WA, 98260

OFFICE HOURS:

Mon-Thu, 8 am-5 pm • Fri, 8 am-4:30 pm

MAILING ADDRESS:

P.O. Box 136, Langley, WA 98260

OTHER:

Phone, 360-221-5484 • FAX, 360-221-7323 E-mail, swparks@whidbey.com Web site, www.swparks.org

Staff

TERRI ARNOLD, DIRECTOR

221-5484 dirswprd@whidbey.com

TOM FALLON, FACILITIES & MAINTENANCE 221-7181 trfallon@hotmail.com

PEGGY HOCKETT, OFFICE MANAGER 221-5484 swparks@whidbey.com

CARRIE MONFORTE, PROGRAM COORDINATOR 221-5484 programs@whidbey.com

BOARD OF COMMISSIONERS

The SWPRD Board of Commissioners meets the third Wednesday of each month at 7:00 p.m. at the Community Meeting Room, South Whidbey Community Health Services Building, 5475 Maxwelton Road, Langley. Commissioners are:

LINDA KAST • JIM PORTER • MATT SIMMS ALLISON TAPERT • DON WOOD

STAY INFORMED!

Get the latest on what's happening at South Whidbey Parks & Rec. Sign up to be a part of our new Email Newsletter. Just send an email to programs@whidbey.com with the subject "Add me to your email list!" and add us to your address book.

SCHOLARSHIPS

CONTRIBUTIONS are currently being accepted for SWP&R's Recreation Scholarship Program. You can make it possible for a child/youth to participate in many of our programs which contribute to their health and physical and social development. Call us at 360.221.5484 or email swparks@whidbey.com to inquire about making a contribution or applying for a scholarship.

A WONDERFUL GIFT IDEA

that won't fill your closet! Give your grandson archery lessons. Sign your Aunt Betty up for dance class. Surprise your daughter with a ticket to Stevens Pass on the snowrider bus. We offer gift certificates for all of our park programs. Come to the park office to purchase your gift certificate today!

4 Ways to Register

BY MAIL

Send registration forms and payment by check or credit card to:

South Whidbey Parks & Recreation District P.O. Box 136, Langley, WA 98260

BY FAX

Fax completed registration form with credit card authorization to us during our regular business hours. Call the office at 221-5484 to confirm receipt after faxing.

Fax to 360-221-7323.

WALK IN

SWPRD Office Community Park 5495 Maxwelton Road, Langley Mon - Thu, 8 a.m. – 5 p.m. Fri, 8 a.m. – 4:30 p.m.

COMING SOON: ONLINE REGISTRATION!

For your convenience, soon you will be able to register online for all of our programs. We will be up and running soon, so check out this new service at www.swparks.org.

Registration Information

- REGISTRATION for all programs in this guide are currently being accepted at the SWPRD office.
- PRE-REGISTRATION is required for all programs unless otherwise stated. All fees are due at the time of registration.
- ALL programs have a minimum and maximum enrollment. We request that you register in advance to ensure class minimums are met.
- WE reserve the right to cancel a program if minimums are not met.
- THERE is a \$25 service charge on all returned checks.
- PLEASE use the general registration form on the following page for all programs unless otherwise indicated.
- REGISTRATION forms are also available online at: www.swparks.org.

FACILITY RESERVATIONS

SPORTS FIELDS

For your athletic needs, SWPRD has softball, baseball, soccer and grass fields available. While use is free of charge, we do require advance reservation. Scheduling information for leagues, tournaments and individual teams is available by calling 221-5484.

PICNIC SHELTERS

Our 3 picnic shelters at Community Park and the Sports Complex are available for reservation for your party or special occasion. Call 221-5484 for more information or to receive a reservation application. Although shelter use is free of charge, we do require advance reservation. The picnic shelters can accommodate 45-75 people.

A-CCESSIBILITY

INDIVIDUALS with or without disabilities may register for all programs offered by South Whidbey Parks & Recreation District provided program safety can be met. The District provides reasonable accommodation for people with disabilities. Contact the SWPRD office three weeks in advance of the program start date to discuss accommodations. Reasonable accommodations will be determined on a case-by-case basis.

OFFICE CLOSURES

The park office will be closed on the following days:

NOVEMBER 11 • NOVEMBER 26 NOVEMBER 27 • DECEMBER 25 JANUARY 1

REFUND POLICY

- FULL refunds will be given for all classes cancelled by SWPRD.
- IF you need to cancel your registration before the second session, we
 will refund your full registration, minus a \$5 processing fee, or issue
 a credit good for one calendar year, for the full fee.
- AFTER the second session, a refund or credit will not be issued.
- TO request a refund, a Refund Request Form must be submitted to the SWPRD office. Forms are available at the SWPRD office.
- Please be aware that refund requests may take up to 45 days to process.
- REFUNDS will not be issued from a credit.
- REFUNDS will not be issued for programs costing \$5 or less (unless cancelled by SWPRD).
- ONE day classes, trips, camps or special events are not covered under this policy (no refunds or credits available).
- Kidz Love Soccer and other contracted programs have their own refund policies that we follow. Call for more information.

Mission Statement

The Mission of the South Whidbey Parks & Recreation District is to provide all residents and visitors in the district a variety of recreational activities and facilities. This should be fun and safe and be well integrated into our island community and environment. It should also be educational and healthful, providing opportunities for individuals and our community to play well together. It is our mission to best achieve this through community participation.

REGISTR ATION FOR M

South Whidbey Parks & Rec Registration Form

Mail registration form with payment to SWPRD, PO Box 136, Langley, WA 98260, or fax with credit card payment to 360-221-7323.

Call 360-221-5484 to confirm faxed registrations.

	Participant Information										
PARTICIPANT	Participant Name	Contact Phone		Alternate Phone		DOB / /		Age	Grade		
	Mailing Address	City		State		Zip		Gender			
	Email	Check here to receive our e-news			Youth S N Circle your s			M L Adult S M L XL 2X hirt size (if applicable)			
	Please list any health, behavioral or medical concerns			Physician Name				Phone			
	Parent/Guardian Information (Required for youth only)										
	Mother	Phone(s)			Father			Phone(s)			
	Emergency contact other than parent who is permitted to pick up above youth.				Phone(s)			Relationship to Child			
	Program Title				Date or Session # Start Ti		me	Fee			
									\$		
PROGRAM								\$			
GR							\$				
RO						\$					
д							\$				
	Please consider donating to our scholarship fund and add to your total. My donation S										
	Waiver/Photo Release				Checks should be made payable to SWPRD. Now taking online registration at swparks.org!						
WAIVER	I agree to hold harmless the South Whidbey Parks & Recreation District, its officials, its employees and agents for any and all claims for personal injury and damage in which damage and injury is or appears to be proximately caused by my participation or the participation of the child for whom I am responsible in this recreation program. Furthermore, I hereby consent that images (photographs, video recordings,			To Pay by Credit Card				MasterCard Visa			
				E Card Number				CVV # (Found on back of card)			
				To Pay by Credit Card Card Number Name on Card				Expiration Date			
M	etc.) of my child engaged in above activities may be used for promotion	Signature				Total	Total Fee				
	Signed: (Parent/Guardian Signature Required for Youth)	Date:	How did you hear about this program?								
For (OWeb Search OActivity Guide OEmail OFlyer @ School ONG Date Amount Recei									
For Office Use Method Rec'd By D					Amount		Rece	ipt#			

Cultural A-rts

MUSIC TOGETHER

(Infants, toddlers, preschoolers & their parents or caregivers) Music Together is based on the premise that all children are musical and that parents and other caregivers play a crucial role in activating and nurturing their child's musical development. Class includes songs, rhythmic rhymes, movement and instrument play. Activities are informal, nonperformance-oriented musical experiences, developmentally appropriate, and easy for parents and caregivers, regardless of their own musical ability. Best of all, it's fun! For more information, call Kat Fritz at 321-4311 or go online to www. musictogetherwhidbey.com. Register through South Whidbey Parks & Rec. Location: TBA. *Additional \$38 materials fee due on first day of class, paid directly to instructor. Additional siblings, ages 12 months — 5 years may participate, for \$75. \$10 discount for friend referrals.

Check out Music Together for FREE! Call in advance if you plan to attend one of our trial classes:

Mon 9/14, 10:15 – 11:00 AM; Wed 9/16, 10:15 – 11 AM; Thur 9/17, 10:15 – 11 AM

SIGN LANGUAGE

(All ages welcome) You can learn this beautiful and graceful language! This class is an introduction to sign language, including familiar words and sayings, finger-spelling and numbers. Instructor Susan Ishikawa, has worked in the field of deafness for 35 yrs, as a teacher in the California Day Schools for deaf children, an an activist for deaf adults, and sign language instructor at SPU, WWU and other adult education programs. She enjoys teaching because she finds enjoyment in watching people learn American Sign Language, and remembers when she first saw Koko the gorilla use this beautiful language at Stanford Uni. Susan knew that learning ASL was possible for her after watching 3 year old deaf children sign. Location: TBA.

Thu 9/17 - 10/8 6 - 6:45 pm \$18 Thu 10/15 - 11/5 6 - 6:45 pm \$18 Thu 11/12 - 12/10 (no class 11/26) 6 - 6:45 pm \$18

BEGINNING DRAWING

(Adults and youth 16+) Learn drawing in a supportive atmosphere! In this class you will experience your natural ability to draw through exercises that emphasize seeing. You will learn the fundamentals of art and basic drawing techniques including line and contour, value, texture, form/shapes, space, proportion, composition and perspective. Projects will focus on creating both realistic and abstract drawings. Working from photos, objects, still-life and the imagination, you will develop your ability to see and translate that visual experience into drawing. Drawing improves creative thinking and problem solving skills. Bring supplies to first class - materials list available at www.swparks.org or www.quinnfitzpatrick.com Instructor: Quinn Fitzpatrick. Location: TBA

Wed, 9/16 – 12/9 (No class 11/25) 8 - 9 PM \$198

BELLY DANCE

(Adults and older youth) Learn the basics of Belly Dance in a safe and fun environment as you tone muscles. Geared toward the beginner, this class will teach basic moves and simple combinations, borrowing from a variety of Middle Eastern dance traditions and American Tribal

style. This course is a great opportunity for physical fitness, and women of all ages and body types can build self-confidence through dance. Instructor Aristana Firethorne is a local "Island Tribal Fusion" style belly dancer who performs regularly at festivals, haflas, and events and enjoys sharing this beautiful and empowering art form with others. No experience necessary. Wear comfortable clothing, and a scarf to go around hips (optional). Location: TBA

Tue 9/15 - 10/13

6:30 - 7:30 pm

\$50

PINHOLE PHOTOGRAPHY: MAKE YOUR OWN CAMERA! – NEW!

(Ages 8 - 14) Construct your own pinhole camera and use it to take and develop permanent photographs! Learn to use the darkroom, safe-lights, chemicals and photo paper. Participants will get to keep their cameras and photographs. Location: TBA. Instructor: Leonard Good. *Additional \$5 supply fee to be paid directly to instructor on the first day of class.

T/W/Th 10/6 - 10/8

3:45 - 4:45 PM

\$30*

BEGINNING VIOLIN- NEW!

(Ages 5-8) You can learn to play this extraordinary and beautiful instrument! Due to budget cuts, strings are not going to be offered in school this year, so this class will give students an opportunity to try violin and possibly the viola and cello. At least one parent needs to attend the class to give the student the best opportunity to practice effectively at home. Instructor Linda Good has 40 years experience teaching strings, and many of her former students have been soloists with the Saratoga Chamber Orchestra. She has her MA in Ethnomusicology and has extensive Suzuki training on violin, viola, cello, guitar, piano and recorder. Island Strings is now celebrating its 35th year on South Whidbey, and the Suzuki program is well respected in the community. Violins may be rented for \$10, paid directly to instructor — please notify us in advance if needed. Linda

will make learning the violin fun and enjoyable for your child.

Sat 9/12 – 10/31 (8 lessons) 10 – 10:45 AM \$20 "If a child hears fine music from the day of his birth and learns to play it himself, he develops sensitivity, discipline and endurance. He gets a beautiful heart." — Shin'ichi Suzuki

BEGINNING GUITAR

(Adults and youth 16+) Have fun while learning how to play acoustic guitar! Gain a solid foundation and the tools to play thousands of songs using traditional and contemporary sources, in folk, country, gospel, blues and rock styles. Learn fundamental chords, progressions, strums and finger picking. By the end of this course, you will have the resources to play many songs in different styles. Loaner guitars are available; be sure to reserve one prior to the first class. Instructor: Quinn Fitzpatrick. Location: TBA

Wed, 9/16 - 12/9 (No class 11/25) 7 - 8 PM \$198

GUITAR BOOT CAMP - NEW!

If you have been playing guitar and are ready to get basic training on how to make yourself a better guitar player, this workshop is for you! During this hardcore session, you will learn guitar fretboard logic, scales, practice exercises, fundamental chords and progressions, essential strumming and finger picking patterns. You will learn everything you should know to have a rock solid foundation in playing guitar! Then learn how to put it all to work with some group soloing and jamming at the end. Guitar Boot Camp is geared toward folks who have some playing experience and would like to take their playing to the next level. This course gives you the tools to play hundreds of songs in different styles. Songs will be derived from both traditional and contemporary sources. All materials included! Instructor: Ouinn Fitzpatrick. Location: TBA

Sat, 10/17 10:30 AM - 1 PM

INTRODUCTION TO STAIN GLASS - NEW!

(Adults & youth 13+) Discover the time-honored craft of stained glass. You will explore the process of creating a stained glass panel. Students will progress at their own pace and develop projects appropriate to their skill level — from light catchers to lampshades. Topics to be covered include design and color as well as technical issues such as cutting, foiling and leading. Safety will be addressed in depth. All levels welcome. Basic materials are supplied (some glass, foil, lead, and solder; additional costs will vary depending on individual projects). *Additional \$25 materials fee paid directly to instructor on first day of class. Location: Firehouse Studio, located at 179 — Second Street, Langley.

Thu 11/5 - 12/10 (no class 11/26) 6 - 9 PM \$159*

PLAYSCAPE

This is a weekly, free, drop-in time for parents and their children to participate in fun and engaging activities. We will offer a variety of activities such as an infant area, craft table, gross motor space, and dramatic play. Playscape is a place/way for parents to connect and enjoy play time with their child regardless of the weather outside. For more information please visit swcommons.com or call 221-0127 Location: Blue portable behind SW High School, next to Castle Park.

Mondays & Fridays 9/14 - 12/18

9:30 - 11:30 AM

FRFF

ADULT SNOWRIDER SKI & SNOWBOARD BUS

(Adults, ages 18 – 99 years) We're looking forward to another great season of fun and friends. Get a lift to the mountain on a luxury coach for 7 trips to Stevens Pass and 1 to Mt. Baker in January and February on Tuesdays. Let our driver worry about the weather and traffic while you sit back, relax and talk with friends or make new ones. For information, contact the park office or go online to www. swparks.org for a brochure and rates.



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Register online at www.active.com

For information:

www.whidbeygen.org tourwhidbey@whidbeygen.org



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Sports For Adults & Kids

OPEN VOLLEYBALL

(Adults) Drop in for a pick-up game of volleyball. Men and women from the community are encouraged to drop in for a game, regardless of your skill level. Ages 18 and over. No volleyball on non-school days. Location: TBA, check website for updates. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability.

Tuesdays Begins 9/22 6:3

6:30 - 8:30PM FR

MEN'S 35+ OPEN GYM BASKETBALL

Men ages 35 and up are invited to come out and play basketball with their peers. Whether you're a serious player or a rookie, this is your opportunity to get out and play! Basketball gives you an opportunity to refine your skills or get in shape. For information or schedule changes, call Jeff Chiarizio at 331-5545. Location: South Whidbey High School Gym. Participation is free of charge. Donations are always appreciated and go toward our Youth Basketball Scholarship Fund. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability.

Mon & Wed during school year 7 - 9 PM Free

CO-ED OPEN GYM BASKETBALL

(Ages 12 and over) You're invited to come out and play basketball, with an emphasis on fun and fitness! Participation by women is particularly encouraged. For information or schedule changes, call Kate Calderwood at 341-1340. Location: South Whidbey High School Gym. Donations are always appreciated and go toward our Youth Basketball Scholarship Fund. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability.

Thursdays during school year 7 – 9 PM FREE

ULTIMATE FRISBEE- NEW!

(All ages, co-ed) A game of athletics and spirit, to create the ultimate game. Come join a 17 year tradition of playing Ultimate Frisbee in Langley. Pick-up games are co-ed, all ages, all levels of play. Beginners are especially welcome. Keep the tradition alive! Participation is free. For additional information or updates on location and schedule, contact Scott at scottshannondavis@yahoo. com or call the park office. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability. Location: Community Park Soccer field, above "Castle Park".

Sundays Year-Round 12 - 2 PM Free
Thursdays* Sept - November 6 - 8 PM* Free
*As daylight hours permit. Check website or call for location after it starts getting dark earlier.

ARCHERY

Wed 11/18 - 12/9

(Grades 4 – 8) This archery club covers the history of archery, proper shooting techniques, equipment selection and training, and there will be plenty of hands-on fun! This course presents the lifetime recreational activity of archery in a broad perspective for use as a recreational and/or competitive pursuit. Coach Glen Harris has been a professional archery coach for over 27 years and currently holds the highest level earned degree awarded to archery coaches by USA Archery. He has been head coach for 12 World Archery teams. Location: Community Park unless otherwise notified.

Grades 4 – 5		
Wed 8/26 - 9/16	3:45 - 4:45 PM	\$55
Wed 10/7 - 10/28	3:45 - 4:45 PM	\$55
Wed 11/18 - 12/9	3:45 - 4:45 PM	\$55
Grades 6 – 8		
Wed 8/26 - 9/16	2:45 - 3:45 PM	\$55
Wed 10/7 - 10/28	2:45 - 3:45 PM	\$55

2:45 - 3:45 PM

SERVE, RALLY & SCORE TENNIS

(Grades 3 – 8; Intermediate – Advanced) For kids who have some tennis playing experience and would like the opportunity for friendly competition—this is the class for kids who "just want to play!" Players in grades 5-8 will use full courts and regular balls; players in grades 3-5 will use modified courts and lower-bouncing balls. The focus is on match play, including singles and doubles strategy, sportsmanship and fun. Location: SWHS Tennis Courts. Instructors: Karyle Kramer & Teresa Wheeler.

Mon/Wed 9/14 – 9/30

6-7 PM \$38

QUICKSTART TENNIS

(Grades K – 5; Beginners – Advanced Beginners) QuickStart tennis is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. This is a great way for kids to learn to play the game! Location: TBA Instructors: Karyle Kramer & Teresa Wheeler. *3:30 pick up & snack time, 3:45 instruction begins.

Grades K - 2: Mon/Tue/Thu 11/9 - 11/19 3:30 - 4:30PM \$38* Grades 3 - 5: Mon/Tue/Thu 11/9 - 11/19 4:30 - 5:15PM \$38

YOUTH SNOWRIDER SKI& SNOWBOARD BUS – A GREAT GIFT IDEA!

We had an awesome winter last season and are looking forward to another great year! This program is offered to youth ages 10 – 17, beginners to advanced, skiers, snowboarders or snowshoers. Pick-ups available in Coupeville and Clinton. Eight trips on Saturdays to Stevens Pass in January and February. For information, contact the park office or go online to www.swparks.org for a brochure and rates.





ISLAND PILATES CENTER

\$55

Exercise to strengthen & streamline your body Pilates Mat Classes in a Fully Equipped Pilates Studio:

Mon. at 8:45 am • Mon. & Wed. at 6:30 pm • Tues. & Thur. at 7:45 am • Sat. at 9am Small group equipment classes (private & duet sessions by appointment): Monday - Saturday - either at a currently scheduled time, OR, create your own group (Maximum 3 people) at your preferred time and day.

Leslie Larch & Nicole Falso • 360-221-8881

Sports For Adults & Kids

GIRLS' BASKETBALL LEAGUE

(Divisions for Grades 2 – 8) Don't miss out on this opportunity to be a part of a team! Sign up now for our recreational basketball league. This long-standing recreational league is an excellent way to learn and enjoy the awesome game of basketball. Experience basketball if you are a rookie or an advanced player. Our league offers a great first experience, or a chance to refine your skills. Quality and caring coaches will give a chance for equal play in a positive learning environment.

The season begins with the skills evaluation (see below for details). Team assignments and practices will begin the following week. Coaches will call you and notify you of what team you're on by October 14th and practices will begin shortly thereafter. Games will begin in early November. Season will end in mid-December with a Jamboree, celebrating the season. Game schedules vary and take place at South Whidbey Schools. Registration deadline: October 6th.

Fee: \$50 by 9/30; \$60 after 9/30; scholarships are available.

Basketball Skills Evaluation: This evaluation allows coaches to get an idea of the skill level of each individual and thus establish even teams. The skills evaluation will start off with drills and conclude with a scrimmage at the end of the session for the older kids. There is no skills evaluation for 2nd graders. All registrants will be assigned to a team and get to play, regardless of skill level. The Skills Evaluation is also your last chance to sign up! Location: Langley Middle School Multipurpose Gym. Skills Evaluation Schedule:

Grade 2 No Skills Evaluation Necessary
Grades 3 – 5 Tue 10/6 5:45 – 6:45 PM

Grades 6 – 8 Tue 10/6 7 – 8 PM

Volunteer coaches needed for Girl's Basketball. Contact Carrie at 221-5484

RUNNING UNDER THE LIGHTS

(All ages) Runners of all ages and abilities are welcome to be part of a group that has a great passion for running! Get tips, lessons, or just time to run with a group on a well lit track. We encourage you to come out and run with us! Youth must have parent permission to participate. Program runs through February. Location: South Whidbey High School Track. Participation is at-your-own-risk, and by participating you consent to our standard waiver/release of liability.

Thu 11/12 – 2/18 6 – 7 PM FREE

BOYS' BASKETBALL LEAGUE

Our boys' basketball league with divisions for grades 2-8 will begin in January. Look for more information on our website or in the winter Activity Guide, which comes out in December.

YOUTH DODGEBALL LEAGUE

Back by popular demand! Play the game how it was meant to be played: with you as the target! Our youth dodgeball is for boys and

girls in grades 4-5 and 6-8. Are you looking for an indoor actvity to get you through these long winter months? Then we've got the sport for you! Whether you are just starting to play and learn the game or looking to go out and have fun on a Tuesday night, this is the game for you! We use special coated foam "gator" balls that are designed for speed, accuracy, and minimal risk of injruy. These are NOT the old rubber playground balls. Each team will play games over 6 weeks on Tuesday nights, and possible "practices" as determined by the team manager. Each player will receive a team jersey with their chosen team name and image.

Registration deadline: October 30.

"Team Managers" are needed to make this program a success. Team managers must apply by registration deadline above. Team manger's child will play for discounted fee of \$20. Contact Carrie at 221-5484 or programs@whidbey.com for more information.

Tuesdays 11/10 – 12/15 Evenings \$35



KIDZ LOVE SOCCER

Learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. A session experience includes: age-appropriate activities, skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Shin guards are required after the first meeting, except for Mommy/Daddy & Me. Is it raining outside? Call the KLS Rain-out Hotline: 1-866-590-9965 for possible cancellations. Shin guards are required after first meeting for all sessions except Mommy/Daddy & Me. Location: This 9 week session will take place at the Sports Complex on Langley Road.

MOMMY/DADDY & ME SOCCER AGES 2 - 3.5 YEARS

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Sat 9/26 - 11/21 9:05

9:05 – 9:35 AM

\$7

TOT SOCCER AGES 3.5 - 4.0 YEARS

Encourages large motor skill development through soccer fun games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Sat 9/26 - 11/21 9:45 -10:15 AM \$70

PRE-SOCCER AGES 4 - 5 YEARS

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment.

Sat 9/26 - 11/21 10:15 - 10:50 AM \$70

SOCCER 1 AGES 5-6 YEARS

Teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, goal keeping, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session. Small sided soccer matches will be introduced gradually.

Sat 9/26 - 11/21 10:50 - 11:35 AM \$70

SOCCER 2 AGES 7 – 8 YEARS

Teaches the basic techniques of the game and reinforces good soccer habits. Introduces team tactics in an age specific format. Fun skill games will be played at every session. Small-sided soccer matches will be played and enjoyed every week.

Sat 9/26 - 11/21 11:35 AM - 12:20 PM \$70

BASKETBALL COORDINATOR

Join our team. We need knowledgeable help leading our longrunning recreational basketball league. Assists the League Director in executing a quality and fun recreational league for local youth. Responsibilities include, but are not limited to, coordinating the skills evaluation, recruiting and training coaches and referees, and providing guidance and leadership for our recreation youth basketball league. Ensures posted game rules are followed and that basketball areas are clean and organized. Part time, seasonal employment, pay DOE. Download an application from www.swparks.org or come in to our office and pick one up.

NFL PUNT PASS & KICK

Young pro football fans will have the opportunity to exhibit their football skills when the South Whidbey Parks & Rec and Falcon Youth Football hosts an NFL Punt, Pass & Kick competition. Entry forms are available online at NFLyouthfootball.com or from the Park office. The competition allows youngsters to showcase their talents in punting, passing, and kicking with scores based on distance and accuracy. Top finishers from each age group advance to a Sectional competition and the team championship! Location: Community Park Fields.

Mon 9/28 4 – 5 PM FREE

South Whidbey Youth Soccer Club

open to ages 5-17

Fall and Spring Leagues
Coaching & Referee Clinics
www.swysc.com • 360.730.2440



WINTER FESTIVAL

(All ages welcome) Kick off the holiday season with this festive afternoon of music, fire engine rides, and hot refreshments - including a parent-supervised s'mores cookout (B.Y.O.Stick) weather permitting. This event is sure to put you in the holiday spirit. Sledding will be permitted if there's snow. Free digital pictures of you and a special guest from the North Pole – a great family holiday picture opportunity! The festivities will take place at the picnic shelter next to Castle Park. Thank you Jet Java, for providing yummy hot coffee at this chilly event!

1:30 - 4 PM Sun 12/6 Free

Island County's 12th Annual Music

September 26, 2009 10:00am - 2:00pm

Community Park 5495 Maxwelton Road, Langley

- Arts-n-Crafts Inflatables
- - Face Painting Fire Truck
- Free Food
 - Balloon Animals Pony Rides



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- CHALLENGE KIDS SCHOLASTICALLY
- WORK WITH KIDS STRENGTHS AND ABILITIES
- CHRISTIAN VALUES TAUGHT THROUGH EXAMPLE AFFORDABLE OPTIONS
- SUPPORT VALUES TAUGHT AT HOME
- COMMUNITY ATMOSPHERE

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